

A Guide To Asperger Syndrome

A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition
Adult Asperger's Syndrome
Asperger's Syndrome and Jail
The Asperger Love Guide
A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition
The Mom's Guide to Asperger Syndrome
Loving Someone with Asperger's Syndrome
The Other Half of Asperger Syndrome
Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians
Can I Tell You about Asperger Syndrome?
The Psychiatry of Adult Autism and Asperger Syndrome
The Guide to Dating for Teenagers with Asperger Syndrome
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Diagnostic and Statistical Manual of Mental Disorders (DSM-5®)
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The Asperkid's (Secret) Book of Social Rules
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Asperger's and Girls
Sex, Drugs and Asperger's Syndrome (ASD)
Your Life is Not a Label
The Complete Guide to Getting a Job for People with Asperger's

SyndromeThe Aspie Teen's Survival Guide

A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition

Being a teen or tween isn't easy for anyone but it can be especially tough for Asperkids. Jennifer O'Toole knows; she was one! This book is a top secret guide to all of the hidden social rules in life that often seem strange and confusing to young people with Asperger syndrome. The Asperkid's (Secret) Book of Social Rules offers witty and wise insights into baffling social codes such as making and keeping friends, blending in versus standing out from the crowd, and common conversation pitfalls. Chock full of illustrations, logical explanations, and comic strip practice sessions, this is the handbook that every adult Aspie wishes they'd had growing up. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules in bite-sized chunks that older children will enjoy, understand, and most importantly use daily to navigate the mysterious world around them.

Adult Asperger's Syndrome

A guide to Asperger's syndrome answers common questions parents may have

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about the condition covering such topics as detecting early signs, getting the correct diagnosis, and helping a child develop social skills.

Asperger's Syndrome and Jail

The Mom's Guide to Asperger Syndrome and Related Disorders is written primarily for parents of children who have newly been diagnosed with Asperger Syndrome. It is especially a great resource for the preschool through elementary school years. The book draws from the author's personal experience both as the mom of a son with Asperger Syndrome and her study of and work with children and adolescents with special needs. The result is a practical guide, written for other Aspie parents in a clear, concise, and sometimes humorous tone. This user-friendly book leaves no stone unturned, as it explains, in a friendly, familiar voice, situations and issues that all parents with an AS child will encounter at one point or another. Above all else, the book arms parents with basic, sound information empowering them to seek out the very best services and programs for their child. From dealing with sensory issues and bullying to staying on top of homework, The Mom's Guide to Asperger Syndrome and Related Disorders offers easy-to-use suggestions. The Mom's Guide to Asperger Syndrome and related disorders should be used as a practical, valuable reference throughout the years.

The Asperger Love Guide

The workplace can be a difficult environment for people with Asperger's Syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers.

A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition

An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates. Michael John Carley was diagnosed

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with Asperger's Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition-and offers insights into living an independent and productive life. Now the Executive Director of the world's largest Asperger's organization, Carley helps readers in such areas as: - Social interactions - Nurturing interests - Whom to confide in-and how - Dealing with family and loved ones - Finding work that suits your strengths and talents

The Mom's Guide to Asperger Syndrome

Offers advice and support to parents of children suffering from the socially debilitating disease of Asperger Syndrome.

Loving Someone with Asperger's Syndrome

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

The Other Half of Asperger Syndrome

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Luke Jackson's unabridged and sparkling sequel to his best-selling user guide to adolescence *Freaks, Geeks and Asperger Syndrome* is the must-read handbook for teenagers and young adults on the autism spectrum. With devastating clarity, Luke focuses on the pitfalls involved in navigating the transition to adulthood, and the challenges of adult life. He covers everything from bullying and drugs to socialising, sex, negotiating relationships, and finding and keeping your first job.

Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians

Pretending to be Normal tells the story of a woman who, after years of self-doubt and self-denial, learned to embrace her Asperger's syndrome traits with thanksgiving and joy. Chronicling her life from her earliest memories through her life as a university lecturer, writer, wife and mother, Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face many of those who have Asperger's Syndrome. *Pretending to be Normal* invites its readers to welcome the Asperger community with open acceptance, for it makes it clear that, more often than not, they are capable, viable, interesting and kind people who simply find unique ways to exhibit those qualities. The last part of the book consists of a series of substantial appendices which provide helpful coping strategies and guidance, based on the author's own experience, for a range of

situations. This positive and humane book will provide not only insight into the Asperger world which will prove invaluable for the professionals who work with people with Asperger's Syndrome, but also hope and encouragement for other people with Asperger's Syndrome, their families, and their friends.

Can I Tell You about Asperger Syndrome?

"Packed with real-life stories and everyday problem-solving ideas, this book has given many tens of thousands of parents the facts they need about high-functioning autism spectrum disorder (ASD), including Asperger syndrome. The authors are leading experts who describe ways to work with these kids' unique impairments and capabilities so they can grow into happy, self-sufficient adults. Parents learn practical strategies for helping their son or daughter relate more comfortably to peers, learn the rules of appropriate behavior, and succeed in school. The book also discusses what scientists currently know about ASD and how it is diagnosed, as well as what treatments and educational supports have been shown to work. Updated with the latest research, resources, and clinical strategies, the second edition clearly explains the diagnostic changes in DSM-5"--

The Psychiatry of Adult Autism and Asperger Syndrome

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Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome.

The Guide to Dating for Teenagers with Asperger Syndrome

Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do go on to achieve happy and successful long-term relationships with non-spectrum (NS) partners. This supportive book will give NS partners a better understanding of NS/AS relationships, and of what other NS partners have found to be helpful in terms of better understanding themselves and

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their partners, and enriching their relationships. Drawing on interviews with over 100 people in NS/AS relationships, as well as on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities and how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, or who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NS relationships.

Pretending to be Normal

What is Asperger syndrome? How do children with Asperger syndrome change as they get older? How can people with Asperger syndrome be helped? Written by two experts in the field, this book offers an introduction to Asperger syndrome, and attempts to answer these questions. It is aimed at parents of children diagnosed with Asperger syndrome.

Asperger's Syndrome

Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything."

A Parent's Guide to Asperger Syndrome and High-functioning Autism

Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome (AS) who may not know what they are qualified to do and may struggle to communicate their value to employers. In this book, Asperger's employment expert Barbara Bissonnette describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations, to marketing oneself and projecting confidence and enthusiasm in interviews. Job-hunters are taught how to develop a personal profile of their talents and skills, their ideal work environment, and important work criteria. They are then shown how to set realistic

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goals and develop an effective job search plan. There is detailed instruction on networking, including how to find contacts and what to say. A wealth of checklists, templates, sample scripts and written communications accompany the text. Upfront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities.

Asperger's Syndrome Workplace Survival Guide

"Dating is difficult for everyone. For a teen with Asperger Syndrome, it can be overwhelming. Special education teacher Jeannie Uhlenkamp tackles some of the specific issues facing teens with AS. Written in a question-and-answer format, this much-needed book offers insight and practical advice on dating challenges. Each topic is followed by Discussion Questions (to get the conversation flowing between teens and parents/teachers) and a Main Idea (which succinctly wraps up the main point). Also included are special notes to define the more illusive vocabulary and concepts of today's dating worl world."--Provided by publisher.

Asperger's Syndrome For Dummies

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Autism, including Asperger syndrome, is a strongly heritable condition that can usually be diagnosed in children by the age of two or three years. Although autism is more common in the less intellectually able child, in the more able child the condition is often overlooked until adulthood. Epidemiological research has shown that most adults in the general population meeting the criteria for autism are unrecognized and undiagnosed. There is a growing pressure on psychiatrists to be able to recognize autism and to consider its effects on their adult patients, particularly when they are also showing signs of another mental disorder, such as psychosis, personality disorder, or chronic depression. *The Psychiatry of Adult Autism and Asperger Syndrome: A practical guide* introduces adult psychiatrists, including sub-specialist psychiatrists, to autism and Asperger syndrome. It covers recognition and diagnosis and the psychiatrist's role in treating patients with co-morbid mental disorder whilst taking account of the autism component. It explores the process of sign-posting patients with autism to appropriate care and support as family involvement diminishes or ceases. While there are a number of books written on how to cope with autism as an adult, *The Psychiatry of Adult Autism and Asperger Syndrome: A practical guide* is aimed at the practising adult psychiatrist. The book describes normal and pathological functioning and then guides the reader through assessment and post diagnostic intervention issues. The use of fictionalized clinical examples helps to illustrate autism and its presentation in adulthood, and illustrate the issues psychiatrists often raise in training workshops.

Asperger Syndrome and Anxiety

This is an accessible 2002 handbook for all those touched by Asperger syndrome; clinicians, those affected and carers alike.

Asperger's and Adulthood

Take Control of Asperger's Syndrome: The Official Strategy Guide for Kids With Asperger's Syndrome and Nonverbal Learning Disorders is a unique handbook for kids and teens on living successful lives with these disorders by taking control of their strengths to overcome their weaknesses. Drawing on their experiences as parents and teachers of kids with Asperger's syndrome (AS) and Nonverbal Learning Disorders (NLD), the authors provide tips on understanding the disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids with these disorders. By interviewing hundreds of kids who live with AS and NLD, the authors include ideas, information, and advice for kids, by kids just like them. This handy guidebook is sure to help any child or teen with AS or NLD navigate life's challenges with successful outcomes.

The Oasis Guide to Asperger Syndrome

World-renowned experts join those with Asperger's Syndrome to resolve issues that girls and women face every day!

Diagnostic and Statistical Manual of Mental Disorders (DSM-5®)

This resource provides practical strategies for helping teenagers and adults with Asperger Syndrome to navigate social skills, friendships and relationships at home and in the community. The author offers advice and useful strategies for tackling day-to-day problems such as visits to the dentist or the doctor, searching for a job, sorting out personal finances, going on vacation, and dealing with public transport, as well as more intimate topics such as dating and acquiring and maintaining friendships. The chapters are structured around real-life scenarios and the challenges they present, followed by step-by-step solutions and suggestions. A final section provides a set of practical self-help tools, which encourage the reader to note down answers to the questions posed and record personal reflections. This accessible guide will be essential reading for teenagers and adults with Asperger Syndrome and their families, teachers, therapists, counsellors, carers, social and health work professionals.

Asperger Syndrome

If you're in a relationship with someone who has Asperger's syndrome, it's likely that your partner sometimes seems cold and insensitive. Other times, he or she may have emotional outbursts for no apparent reason. And in those moments when you can't understand each other at all, you both feel fed up, frustrated, and confused. The behavior of people with Asperger's can be hard to understand and easy to misinterpret, which is why it's so important to learn more about your partner's condition. The tools presented in *Loving Someone with Asperger's Syndrome* will help you build intimacy and improve the way you and your partner communicate. Filled with assessments and exercises for both you and your partner, this book will help you forge a deeper, more fulfilling relationship. This book will teach you how to:

- Understand the effect of Asperger's syndrome on your partner
- Practice effective communication skills
- Constructively work through frustrations and fights
- Establish relationship ground rules to help you fulfill each others' needs

The Partner's Guide to Asperger Syndrome

A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement,

cognitive ability, and long-term relationships.

The Complete Guide to Asperger's Syndrome

Asperger Syndrome and high-functioning autism are detected earlier and more accurately today than ever before. Children and teens with these disorders often stand out for their precocious intelligence and language abilities--yet profound social difficulties can limit every aspect of their lives. This hopeful, compassionate guide shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible. From leading experts in the field, the book is packed with practical ideas for helping children relate more comfortably to peers, learn the rules of appropriate behavior, and participate more fully in school and family life. It also explains what scientists currently know about autistic spectrum disorders and how they are diagnosed and treated. Real-life success stories, problem-solving ideas, and matter-of-fact advice on everything from educational placements to career planning make this an indispensable reference that families will turn to again and again.

Build Your Own Life

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Part of the Reading Well scheme. 35 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. Winner of the NASEN & TES Special Educational Needs Children's Book Award 2003 Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult.

Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive. Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself. Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because "so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we could all learn together".

Asperger's From the Inside Out

Annotation "In this book, Wendy Lawson guides others on the autism spectrum through the confusing map of life, tackling the building bricks of social existence one by one with humour, insight and practical suggestions."

Students with Asperger Syndrome

Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition. Asperger's Syndrome For Dummies includes: Part I: Understanding Asperger's syndrome (AS) Chapter 1: Introducing Asperger's syndrome Chapter 2: Discovering the causes of Asperger's syndrome Chapter 3: Diagnosing Asperger's syndrome Part II: Living with Asperger's syndrome Chapter 4: Enjoying Life with Asperger's Chapter 5: Getting the most out of education and the workplace Chapter 6: Finding independence and advocating for your rights Part III: Supporting people with Asperger's syndrome Chapter 7: Parenting and Asperger's syndrome Chapter 8: Relating to adults with Asperger's syndrome Chapter 9: Creating an AS friendly environment Part IV: Discovering

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therapies, medication, diet and environments for AS Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome Chapter 11: Understanding medication and diet in Asperger's syndrome Part V: Part of Tens Chapter 12: Ten Organisations to go for help and information Chapter 13: Ten positives about living with Asperger's Chapter 14: Ten famous people who probably had Asperger's

A Guide to Asperger Syndrome

Presents definitions, diagnosis, causes, and treatments, and discusses day-to-day living, channeling a child's strengths, examples and solutions to basic problems, and dealing with home, school, and life as an adult.

Take Control of Asperger's Syndrome

Interest in Asperger Syndrome is on the rise, but until recently, it has been examined almost exclusively in children and adolescents. Here, three leading researchers provide an overview of the relevant issues in adults. Topics covered include diagnosis, co-morbid psychiatric conditions, psychosocial issues, and appropriate interventions, from psychotherapy to psychopharmacology. Topics covered include a review of diagnostic criteria, controversies over the disorder, co-morbid psychiatric problems, co-morbid medical and learning issues, an overview

of psychosocial concerns, intervention, and future directions in clinical practice and research.

Asperger Syndrome and Your Child

This fully revised new edition is a clear and concise guide to effective classroom practice. It is designed for teachers and assistants supporting children with Asperger syndrome in mainstream schools and other non-specialist settings. The book provides up-to-date information on the latest developments in this area and relates this to educational practice. With examples of innovative strategies and approaches to facilitate progress in learning, this new edition: outlines the underlying impairments and their educational implications; explores the process of assessment and diagnosis in Asperger Syndrome; offers practical strategies for effective and realistic classroom intervention, including access to the National Curriculum; considers the behavioural challenges the child with Asperger Syndrome may pose; shows how transitions can be supported. *Asperger Syndrome: A Practical Guide for Teachers, 2nd Edition* seeks to inform professionals meeting a child with Asperger Syndrome for the first time and equip them with effective educational and behavioural intervention strategies. This new edition is also updated with reference to Every Child Matters, the Disability Equality Duty and Access Inclusion Planning. This book will be essential to professionals in mainstream schools, educational psychologists, INSET providers (including initial

teacher training), as well as to parents, carers and others supporting social and behavioural progress for students with Asperger Syndrome.

Social Skills for Teenagers and Adults with Asperger Syndrome

This new edition of Diagnostic and Statistical Manual of Mental Disorders (DSM-5®), used by clinicians and researchers to diagnose and classify mental disorders, is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnoses, treatment, and research. The criteria are concise and explicit, intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings -- inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care. New features and enhancements make DSM-5® easier to use across all settings: The chapter organization reflects a lifespan approach, with disorders typically diagnosed in childhood (such as neurodevelopmental disorders) at the beginning of the manual, and those more typical of older adults (such as neurocognitive disorders) placed at the end. Also included are age-related factors specific to diagnosis. The latest findings in neuroimaging and genetics have been integrated into each disorder along with gender and cultural considerations. The revised organizational structure recognizes symptoms that span multiple diagnostic

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categories, providing new clinical insight in diagnosis. Specific criteria have been streamlined, consolidated, or clarified to be consistent with clinical practice (including the consolidation of autism disorder, Asperger's syndrome, and pervasive developmental disorder into autism spectrum disorder; the streamlined classification of bipolar and depressive disorders; the restructuring of substance use disorders for consistency and clarity; and the enhanced specificity for major and mild neurocognitive disorders). Dimensional assessments for research and validation of clinical results have been provided. Both ICD-9-CM and ICD-10-CM codes are included for each disorder, and the organizational structure is consistent with the new ICD-11 in development. The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. The information contained in the manual is also valuable to other physicians and health professionals, including psychologists, counselors, nurses, and occupational and rehabilitation therapists, as well as social workers and forensic and legal specialists.

Asperger Syndrome

Offers practical advice so readers can get the most out of middle and high school, both academically and socially, from sensory sensitivity to awkwardness, dating to driving.

Freaks, Geeks and Asperger Syndrome

Offers advice and support to parents of children suffering from Asperger's Syndrome. Simultaneous eBook.

The Asperkid's (Secret) Book of Social Rules

'This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' - Professor Tony Attwood `This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will

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definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text' the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by

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neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England

Asperger Syndrome

Jerry Newport, diagnosed with Asperger's Syndrome / High Functioning Autism at age 47, wrote this book for those with developmental disorders, but it resonates with people with any disability. His message: everyone has the power, and the right, to improve the quality of their lives despite their disability. Don't believe you must be "normal" to be happy; learn to co-exist with neuro-typicals, and become the best human being you can be. Jerry candidly reveals his own failures and successes. His heartfelt advice stems from a deep sense of caring for "his people" on the spectrum. If you read only one personal account about autism, this should be it!

Asperger's and Girls

Will Attwood was finishing a three-year sentence in prison when he was formally diagnosed with Asperger's syndrome for the first time. After his diagnosis he recognised just how much it had been affecting his life behind bars. This book is a practical advice guide for people with autism who have been sentenced to time in prison. Will shares his first-hand knowledge of what to expect and how to behave within the penal system. He sheds light on topics that are important for people with autism, answering questions such as: How should you act with inmates and

guards? How do you avoid trouble? What about a prison's environmental stimuli may cause you anxiety? His thoughtful, measured writing debunks rumours about daily life in prison, and the useful tips and observations he offers will help anyone with autism prepare for the realities of spending time incarcerated, and be enormously helpful to those working with offenders on the autism spectrum.

Sex, Drugs and Asperger's Syndrome (ASD)

Many people suffer from feelings of stress and anxiety in their everyday lives. For people with Asperger Syndrome (AS), this stress can be particularly difficult to manage. On a daily basis people with AS must fit into a world that seems totally foreign to them and this can increase feelings of alienation and anxiety, making life's challenges especially hard to cope with. The first book on anxiety written specifically for adults with Asperger Syndrome, this book offers practical advice on how individuals with AS can manage their anxiety more effectively. As a person with AS who has struggled with feelings of anxiety and learnt how to overcome them, Nick Dubin shares his own tried and tested solutions along with up-to-date research on stress management for individuals with AS, including a chapter on Cognitive Behavioural Therapy (CBT). Dubin explores the key problem areas that can lead to anxiety for people with AS such as lack of social skills, difficulties establishing romantic relationships and uncertainty about employment. Asperger Syndrome and Anxiety provides real solutions to a common problem and is

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essential reading for anyone with AS who has trouble managing stress. The book will also be of interest to family members, teachers and other professionals working with individuals with AS.

Your Life is Not a Label

For many students with autism spectrum disorders getting admitted to college is the easy part. Surviving and succeeding can be quite another, as these students transition into a system that is often unprepared to receive them. Accommodating students whose disabilities very likely fall in social and self-regulatory areas is a particular challenge for disability services providers who are not used to reaching out into so many areas of student life. Based on the authors' extensive experience, this comprehensive book offers disability services professionals practical strategies for accommodating and supporting students in all phases of college life and beyond. Major chapters address legal issues and academic accommodations; co-curricular needs and accommodations; housing and resident life; faculty issues; other partners on campus such as business and academic affairs, campus police and public safety; employment issues; working with parents, and more. Checklists, forms and other tools help guide and structure the combined efforts to help students succeed

The Complete Guide to Getting a Job for People with Asperger's Syndrome

Includes bibliographical references and index.

The Aspie Teen's Survival Guide

Do you have Asperger's Syndrome or know someone who does? Are you looking for a reference guide about Asperger's in adults? Do you have questions you'd like to ask an expert in adult Asperger's? If your answer is Yes to any of these questions, this book is for you. Clinical psychologist and Asperger's authority, Dr. Kenneth Roberson, examines the often neglected area of Asperger's in adults, covering topics such as: What causes Asperger's Syndrome? Is it different in adults than it is in children? How can you find out if you have Asperger's? What are the advantages and disadvantages of a diagnosis? What therapy is best for adults who have Asperger's? Can adults with Asperger's change? Are there benefits to having Asperger's? Can adults with Asperger's have intimate relationships? Can they be successful parents? These and many other questions are covered in this important addition to the field of Asperger's as it occurs in adults. Resources and reference material about adult Asperger's are included, along with a feature allowing readers to ask questions of Dr. Roberson.

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