

## Carl Rogers On Becoming A Person

On Becoming a Teacher  
Quit Smoking and Be Happy  
On Becoming a Person  
Carl Rogers' Helping System  
Healing: Human and Divine  
The Discovery of Being  
Makers of Psychology  
Personality Theory in a Cultural Context  
Freedom to Learn  
The Psychotherapy of Carl Rogers  
On becoming a person  
The Carl Rogers Reader  
Person-Centred Therapy  
Carl Rogers  
On Becoming an Effective Teacher  
Carl Rogers on Personal Power  
On Becoming a Person  
Carl Rogers  
Carl Rogers  
Art Therapy Theories  
Beyond Carl Rogers  
On Becoming Carl Rogers  
How to Be a Person  
A Way of Being  
The Life and Work of Carl Rogers  
Carl Rogers  
Client Centered Therapy (New Ed)  
The Effective Teacher  
Becoming a Person  
Client-centered Therapy, Its Current Practice, Implications, and Theory  
Person to Person. The Problem of Being Human  
A Therapist's View of Personal Goals  
Significant Aspects of Client-Centered Therapy  
Becoming Partners  
Ueber den Einfluss von Arbeitspausen auf die geistige Leistungsfähigkeit  
Active Listening  
On Becoming a Person  
Becoming Myself  
The Culture Map (INTL ED)  
Becoming A Person of Influence

### On Becoming a Teacher

### Quit Smoking and Be Happy

### On Becoming a Person

`This book is a monumental achievement, and person-centred practitioners will be indebted to Goff Barrett-Lennard for many years to come. He has written not only a definitive study of the history of person-centred approach - what he calls a report of the "evolutionary course of a human science" - but also an accompanying commentary which is unfailingly enlightening, sometimes provocative and occasional lyrical' - Brian Thorne, Emeritus Professor of Counselling, University of East Anglia and Co-Founder, Norwich Centre `I highly recommend this book as a reference source of major import, as bibliography, as history as art, and as a complex discussion of questions that plague the person-centred practitioner and the client-centred therapist' - The Person-Centered Journal `If you only ever buy one book about the Person-Centred Approach, other than those written by Rogers himself, this is the one. It is a staggering achievement by one of the most knowledgeable writers in the field' - PCP Reviews `This book is a gem, and should have wide appeal. It is an excellent introduction to person-centred psychology, written in accessible style, and it takes the reader beyond the simplicity often confused with naivety Goff Barrett-Lennard reveals a sophisticated complexity that challenges us to view the "person" with

fresh eyes and an open mind' - Tony Merry, University of East London `I strongly recommend this book as a sophisticated treatment of the client-or person-centred approach to therapy and its applications to areas outside therapy. It is also a useful overview of research on all aspects of person-centred ideas' - Psychotherapy Research `This book is not a single "meal" in itself but a positive "larder" containing every imaginable staple food and condiment all exquisitely and thoroughly researched. The book took Godfrey T Barrett-Lennard 20 years to write and it will stand as a reference text for person-centred specialists for longer than that an essential reference text and a pantry full of delicious surprises' - Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy `Probably the most important piece of work on the person-centred approach to have emerged in recent years an essential source of reference for anyone with a serious interest in the person-centred approach' - Counselling News Written by an ex-student and long-time colleague of Carl Rogers, this in-depth and challenging book charts the development of person-centred therapy from its origins through to the present day. Godfrey T Barrett-Lennard traces the central concepts and key figures within the movement, set against the contemporary historical, social and political context. As an integrated overview of the person-centred approach, Carl Rogers' Helping System presents a wealth of fascinating ideas and information which is linked to a fresh, incisive account of the unfolding theory, process and research.

### **Carl Rogers' Helping System**

### **Healing: Human and Divine**

Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir Irvin D. Yalom has made a career of investigating the lives of others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

### **The Discovery of Being**

### **Makers of Psychology**

2015 Reprint of 1954 Edition. Full facsimile of the original edition. Not reproduced with Optical Recognition Software. Carl Rogers was among the founders of the humanistic approach (or client-centered approach) to psychology. The person-centered approach, his own unique approach to understanding personality and human relationships, found wide application in various domains such as psychotherapy and counseling (client-centered therapy), education (student-centered learning), organizations, and other group settings. These two lectures, first delivered in 1954, comprise the core of his teachings. In 1961 his shorter works would be collected and published as "On Becoming a Person." Contents: Some Hypotheses Regarding the Facilitation of Personal Growth What It Means to Become a Person

### **Personality Theory in a Cultural Context**

An exploration and discussion of the relationship between man and woman. Couples talk about the intimate details of their relationship and express their innermost feelings. Carl Rogers is the innovator of client-centred therapy. In this book he takes an objective position.

### **Freedom to Learn**

### **The Psychotherapy of Carl Rogers**

2015 Reprint of 1957 Edition. Full facsimile of the original edition. Not reproduced with Optical Recognition Software. "Active Listening," first developed by Rogers and Farson, is a therapeutic technique designed to promote positive change in the client. Active listening is a communication technique used in counselling, training and conflict resolution, which requires the listener to feed back what they hear to the speaker, by way of re-stating or paraphrasing what they have heard in their own words, to confirm what they have heard and moreover, to confirm the understanding of both parties. It continues to have a lasting influence to this day.

### **On becoming a person**

### **The Carl Rogers Reader**

Offering practical tools and techniques to deal with the physical, mental, and emotional impact of recovering from nicotine

addiction, Quit Smoking and Be Happy offers everything you could possibly need to not just extinguish that final cigarette, but to cultivate a life of true freedom, health and joy long after you do so. This book doesn't promise to make quit smoking easy. It doesn't promise that you'll be able to stop smoking without ever experiencing a single craving or withdrawal symptom. What it does promise is that you can still enjoy all the health, wealth and happiness you deserve DESPITE those cravings or withdrawals. In this book, you'll discover: How to cope with cravings without going insane How to deal with stress, anger, and irritability while quitting smoking How to prevent a relapse How to get back on track if you've already relapsed and much, more more. In addition, you'll find an abundance of bonus downloads, worksheets and resources to help you with: Fatigue and fogginess when quitting smoking Preventing weight gain and emotional over-eating Getting through a post-quit depression Recovering from quitter's flu and more.

### **Person-Centred Therapy**

The late Carl Rogers, founder of the humanistic psychology movement, revolutionized psychotherapy with his concept of "client-centered therapy." His influence has spanned decades, but that influence has become so much a part of mainstream psychology that the ingenious nature of his work has almost been forgotten. A new introduction by Peter Kramer sheds light on the significance of Dr. Rogers's work today. New discoveries in the field of psychopharmacology, especially that of the antidepressant Prozac, have spawned a quick-fix drug revolution that has obscured the psychotherapeutic relationship. As the pendulum slowly swings back toward an appreciation of the therapeutic encounter, Dr. Rogers's "client-centered therapy" becomes particularly timely and important.

### **Carl Rogers**

To anyone interested in psychology or sociology or politics or morality, Rogers will give a new dimension of awareness. The Month

### **On Becoming an Effective Teacher**

An international business expert helps you understand and navigate cultural differences in this insightful and practical guide, perfect for both your work and personal life. Americans precede anything negative with three nice comments; French, Dutch, Israelis, and Germans get straight to the point; Latin Americans and Asians are steeped in hierarchy; Scandinavians think the best boss is just one of the crowd. It's no surprise that when they try and talk to each other, chaos breaks out. In The Culture Map, INSEAD professor Erin Meyer is your guide through this subtle, sometimes treacherous terrain in which people from starkly different backgrounds are expected to work harmoniously together. She provides a field-

tested model for decoding how cultural differences impact international business, and combines a smart analytical framework with practical, actionable advice.

### **Carl Rogers on Personal Power**

Art therapists work with a range of distinct philosophical and theoretical underpinnings, but as yet there has been no single book to offer an overview of these theories. *Art Therapy Theories* provides an introductory, non-partisan overview of art therapy theories outlining the following therapy approaches: Cognitive Behavioural Art Therapy Solution-Focused Brief Therapy Psychoanalytical (Freudian) Art Therapy Analytical (Jungian) Art Therapy Gestalt Art Therapy Person-Centred or 'Rogerian' Art Therapy Mindfulness Art Therapy Integrative Art Therapy (the Group-Interactive Model) Feminist Art Therapy Art Therapy as Social Action Art Therapy as a Research Tool Each chapter provides a non-judgemental, yet analytical, synopsis of each approach. No detailed knowledge is necessary to understand the different approaches, as the book explains them in clear and concise English. Difficult terms and concepts are explained as they arise, and a glossary of terms is also provided. *Art Therapy Theories* is aimed at trainee art therapists who need to demonstrate that they have a grasp of theory, as well as a sense of how the theory can translate into practice. It will also appeal to seasoned therapists, counsellors and to a wide range of professionals in the mental health field.

### **On Becoming a Person**

The late Carl Rogers, founder of the humanistic psychology movement, revolutionized psychotherapy with his concept of "client-centered therapy." His influence has spanned decades, but that influence has become so much a part of mainstream psychology that the ingenious nature of his work has almost been forgotten. A new introduction by Peter Kramer sheds light on the significance of Dr. Rogers's work today. New discoveries in the field of psychopharmacology, especially that of the antidepressant Prozac, have spawned a quick-fix drug revolution that has obscured the psychotherapeutic relationship. As the pendulum slowly swings back toward an appreciation of the therapeutic encounter, Dr. Rogers's "client-centered therapy" becomes particularly timely and important.

### **Carl Rogers**

### **Carl Rogers**

Students deserve great teachers and learning to become a great teacher is a lifelong journey. On Becoming a Teacher

guides both the new and experienced teacher through the exhilarating process of learning to educate students in a way that makes a lasting impact on their lives. Dr. Kearney leads the reader through the process of understanding what lies at the foundation of great teaching, loading each essay with ready-for-classroom use applications and challenging ideas. This book is designed to encourage the reader to think deeply about all aspects of education, while instilling, or rekindling, the excitement, enthusiasm, and teaching excellence shared by all great teachers. Written in conversational essay form and supplemented with discussion and reflection questions, this brief book would make an ideal classroom text for student teaching and education seminars. Whether you aspire to teaching excellence at the elementary school, middle school, high school, or collegiate level, *On Becoming a Teacher* is a must read. Author Bio: Edmund M. Kearney, Ph.D. is Professor of Psychology at Lewis University. Dr. Kearney has won numerous teaching awards over the past 20 years, including being named the "Teacher of the Year" at the Chicago School of Professional Psychology, the Lasallian Educator of the Year for teaching excellence at Lewis University, and the St. Miguel Febres Cordero Award winner for excellence in scholarship at Lewis University. Dr. Kearney's specialty areas in psychology include cognition, special education, child and adolescent assessment, and the scholarship of teaching and learning.

### **Art Therapy Theories**

Carl R. Rogers (1902-1987), a founder of the humanistic psychology movement, is one of the most influential American psychologists of the 20th century. His impact on education, counseling, psychotherapy, conflict resolution, and peace is unparalleled. He created a profound and fundamental shift in the fields of psychology and human relations. His deep belief that each person has worth, dignity, and the capacity for self-direction was counter to the pervading thought of his day. In order to fully understand and appreciate his impact, it is important to know what experiences shaped his life and what influences directed his thinking. *Carl Rogers: The Quiet Revolutionary* is a unique kind of autobiography that explores all these aspects of his life, and more, through a series of interviews. The result is a lively account in Rogers' own words of the peaks and valleys of both his professional and personal life. He describes his early life, his family, his schooling, and his intellectual development, and includes the early development of person-centered therapy, "The Therapeutic Hour" and his extensive efforts to reduce international tension through his work in northern Ireland, South Africa, and Central America ("The Peace Project").

### **Beyond Carl Rogers**

### **On Becoming Carl Rogers**

On Becoming an Effective Teacher describes exemplary practices like Teach For America, which highlight the power of person-centered teaching to bring about higher student achievement and emotional intelligence. Lyon situates the classic with the cutting-edge, integrating wisdom with research, anecdote with practical advice, to find truths that reveal paths toward effective teaching. Jeffrey Cornelius-White, Psy.D., LPC, Professor of Counseling, Missouri State University, USA, Author of Learner Centered Instruction: Building Relationships for Student Success This fascinating book reveals through current research and contemporary applications that Carl Rogers' pioneering and radical approach to education is as relevant today as it was in the 1970s and '80s. Brian Thorne, University of East Anglia, UK Carl Rogers is one of the most influential psychologists of the twentieth century. His influence is similarly outstanding in the fields of education, counselling, psychotherapy, conflict resolution, and peace. On Becoming an Effective Teacher presents the final unpublished writings of Rogers and as such has, not only unique historical value, but also a vital message for today's educational crises, and can be read as a prescription against violence in our schools. It documents the research results of four highly relevant, related but independent studies which comprise the biggest collection of data ever accumulated to test a person-centred theory in the field of education. This body of comprehensive research on effective teaching was accomplished over a twenty-year period in 42 U.S. States and in six other countries including the UK, Germany, Brazil, Canada, Israel, and Mexico and is highly relevant to the concerns of teachers, psychologists, students, and parents. The principal findings of the research in this book show that teachers and schools can significantly improve their effectiveness through programs focusing on facilitative interpersonal relationships. Teachers who either naturally have, or are trained to have empathy, genuineness (congruence), and who prize their students (positive regard) create an important level of trust in the classroom and exert significant positive effects on student outcomes including achievement scores, interpersonal functioning, self-concept, attendance, and violence. The dialogues between Rogers and Lyon offer a unique and timeless perspective on teaching, counselling and learning. The work of Reinhard Tausch on person-centered teaching for counselors, parents, athletics, and even textbook materials, and the empathic interactions of teachers and students, is among the most thorough and rigorous research ever accomplished on the significance and potential of a person-centered approach to teaching and learning. This pioneering textbook is highly relevant to educational psychologists and researchers, as well as those in undergraduate and graduate university courses in education, teacher training, counseling, psychology and educational psychology.

### **How to Be a Person**

As founder of the person-centred approach, Carl Rogers (1902-1987) is an influential psychologist and psychotherapist. Providing insights into his life and an explanation of his major theoretical ideas, this book offers an introduction for those practitioners and students of the person-centred approach.

## **A Way of Being**

'What is evident from this book is how widely Carl Rogers' ideas have spread throughout the humanistic scene - and how valuable they have been.' - Self & Society 'a stimulating, enjoyable book and I recommend it to anyone interested in the person-centred approach.' - Counselling This book is edited by David Brazier and includes his chapter "The Necessary Condition is Love".

## **The Life and Work of Carl Rogers**

### **Carl Rogers**

As founder of the person-centred approach, Carl Rogers (1902-1987) is arguably the most influential psychologist and psychotherapist of the 20th century. This book provides unique insights into his life and a clear explanation of his major theoretical ideas. This Third Edition is co-authored by Brian Thorne and Pete Sanders, leading person-centred practitioners and bestselling authors. Pete Sanders contributes a new chapter on "The Ongoing Influence of Carl Rogers", covering topics such as research, the emerging tribes in person-centred tradition, and its interaction with the medical profession. Brian Thorne draws on his experience of having known and worked with Rogers to beautifully describe the way in which Rogers worked with clients and from that, to draw out the practical implications of what is, in effect, a functional philosophy of human growth and relationships. In the twenty years since the first edition of Carl Rogers appeared, the book has continued to provide an accessible introduction for all practitioners and students of the person-centred approach.

### **Client Centered Therapy (New Ed)**

For the kid who leaves a wet towel wadded up on the floor or forgets to put a new roll on the toilet-paper thingy, humorous writer and etiquette columnist Catherine Newman has created the ultimate guidebook to becoming a person whom everyone will like being around more. Jam-packed with tips, tricks, and skills — all illustrated in an irresistible graphic novel-style — this book shows kids just how easy it is to free themselves from parental nagging and become more dependable — and they'll like themselves better, too! They'll learn how to deal with dirty rooms, care for pets and cactuses, stick up for somebody, and fold a T-shirt. They'll even get a crash course on using the kitchen (including how to turn a 33-cent package of ramen into dinner) and a boot camp for lending a hand outside the house (mowing, shoveling, and fixing something loose has never been easier). This handbook to becoming beyond helpful promises that every kid can be a valued and valuable member of the grown-up world. This publication conforms to the EPUB Accessibility specification at

WCAG 2.0 Level AA.

## **The Effective Teacher**

“Clear, accurate, and interesting. There is no better short introduction to the existential approach to psychology.” —Dallas Morning News The brilliant psychologist Rollo May was a major force in existential psychology. Here, he brings together the ideas of Kierkegaard, Nietzsche, and other great thinkers to offer insights into its ideas and techniques. He pays particular attention to the causes of loneliness and isolation and to our search to find new and firm moorings in order to move toward a future where responsibility, creativity, and love can play a role.

## **Becoming a Person**

### **Client-centered Therapy, Its Current Practice, Implications, and Theory**

### **Person to Person. The Problem of Being Human**

Carl Rogers was the psychiatrist who pioneered the practice of client-centred therapy, revolutionising the practice of psychotherapy, yet his own life was far from ideal. This biography explores his life - including his tortured marriage, his use of confidential information about his children's lives and his drinking - against the background of his work. The author draws heavily on the papers left by Rogers to the Library of Congress.

### **A Therapist's View of Personal Goals**

A practical guide for professional therapists which surveys the latest theories and applications of nondirective counseling

### **Significant Aspects of Client-Centered Therapy**

This book presents ten cases conducted by Carl Rogers, eight of which are fully transcribed. Featuring critical commentaries by notable psychotherapists, the book affords readers the opportunity to read unedited case material by this pioneering though often overlooked client-centered therapist, and to compare the responses of therapists from diverse orientations. The cases included represent Rogers's work over a 40-year period, with clients ranging from schizophrenic to

well-functioning. Contributing authors, who include practitioners of psychoanalytic, cognitive-behavioral, gestalt, existential, and spiritual models of psychotherapy, as well as client-centered approaches, comment on the strengths and weaknesses of Rogers's approach to each case, as well as his theoretical assumptions. In all, the volume both honors Rogers's memory and demystifies his contributions to the field. This book will be of interest to all psychotherapy providers, including psychologists, social workers, counselors, psychiatrists, and psychiatric nurses. It will serve as a text for introductory courses in counseling and psychotherapy; comparative psychotherapy; history and systems of psychotherapy; humanistic psychology; and client-centered therapy.

### **Becoming Partners**

*A Way of Being* was written in the early 1980s, near the end of Carl Rogers's career, and serves as a coda to his classic *On Becoming a Person*. More personal and philosophical than his earlier writings, it traces his professional and personal development and ends with a person-centered prophecy, in which he predicts a future changing in the direction of more humaneness. Now, fifteen years later, the psychiatrist and best-selling author Dr. Irvin Yalom revisits *A Way of Being*, offering a contemporary view of this remarkable work.

### **Ueber den Einfluss von Arbeitspausen auf die geistige Leistungsfähigkeit**

Psychology Classics: Significant Aspects of Client-Centered Therapy Widely regarded as one of the most influential psychologists of all time, Carl Rogers was a towering figure within the humanistic movement towards person centered theory and non-directive psychotherapy. Originally published in 1946 his classic article Significant Aspects of Client-Centered Therapy is essential reading for anybody interested in psychotherapy and counseling. In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship. Bonus Material: Significant Aspects of Client-Centered Therapy builds upon some of Carl Rogers' previously published work. Among the most notable of these earlier works were *The Processes of Therapy* and *The Development of Insight in A Counseling Relationship*; both of which are also presented in full. Significant Aspects of Client-Centered Therapy has been produced as part of an initiative by the website All About Psychology to make important psychology publications widely available. [www.all-about-psychology.com](http://www.all-about-psychology.com)

### **Active Listening**

A biography of Carl Rogers, one of the great social revolutionaries of the 20th century. It is aimed at lecturers, students and practitioners of psychotherapy and education, where his writings have had so much influence.

## **On Becoming a Person**

Presenting the non-directive and related points of view in counselling and therapy, this book defines the progress recently made in the development of the techniques and basic philosophy of counselling.

## **Becoming Myself**

Discusses the contributions to psychology of Freud, Jung, James, Wundt, Skinner, Rogers, and Erickson, and covers personality theory and psychotherapy

## **The Culture Map (INTL ED)**

The person-centred approach is one of the most popular, enduring and respected approaches to psychotherapy and counselling. Person-Centred Therapy returns to its original formulations to define it as radically different from other self-oriented therapies. Keith Tudor and Mike Worrall draw on a wealth of experience as practitioners, a deep knowledge of the approach and its history, and a broad and inclusive awareness of other approaches. This significant contribution to the advancement of person-centred therapy: Examines the roots of person-centred thinking in existential, phenomenological and organismic philosophy. Locates the approach in the context of other approaches to psychotherapy and counselling. Shows how recent research in areas such as neuroscience support the philosophical premises of person-centred therapy. Challenges person-centred therapists to examine their practice in the light of the history and philosophical principles of the approach. Person-Centred Therapy offers new and exciting perspectives on the process and practice of therapy, and will encourage person-centred practitioners to think about their work in deeper and more sophisticated ways.

## **Becoming A Person of Influence**

Selected from a body of Rogers' work, essays deal with his approach to psychotherapy, theory and research, and philosophies.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)  
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)