

# Gerontology For The Health Care Professional

Clinical Education in Geriatrics Psychology and Geriatrics The Merck Manual Of Health & Aging Geriatric Mental Health Care Gerontologic Nursing - E-Book Gerontology for the Health Care Professional Primary Care Geriatrics Pharmacological Considerations in Gerontology Gerontology for the Health Care Professional Encyclopedia of Health and Aging Cognitive Aging Handbook of Assessment in Clinical Gerontology Gerontology Aging, Technology and Health Oxford Textbook of Geriatric Medicine Ebersole and Hess' Gerontological Nursing and Healthy Aging Elderhood Gerontology for the Health Care Professional Handbook of Health Psychology and Aging Health Promotion and Aging Retooling for an Aging America Contemporary Perspectives on Ageism Aging and Mental Health Principles of Geriatric Medicine and Gerontology Handbook of Mental Health and Aging Handbook of Mental Health and Aging Gerontological Nursing: Competencies for Care Geriatric Home-Based Medical Care Geriatrics Models of Care The Caregiver's Encyclopedia Brocklehurst's Textbook of Geriatric Medicine and Gerontology E-Book Gerontology for the Health Care Professional Geriatrics Health Special Price: Gerontology for the Health Care Professional Aging Well Handbook of Geriatric Care Management The Gerontology Nurse's Guide to the Community-Based Health Network Basic Geriatric Nursing - E-Book Technology for Adaptive Aging Gerontology

## Clinical Education in Geriatrics

Forlagets beskrivelse: Gerontology for the Health Care Professional, Third Edition is a comprehensive, practical text covering the evolving field of gerontology, developed for healthcare students and professionals. Written by experts across many health disciplines, Gerontology for the Health Care Professional, Third Edition presents an up-to-date and realistic assessment of the aging process. Gerontology for the Health Care Professional, Third Edition begins with a review of demographic trends and continues with an overview of key topics such as the physiology, pathology, pharmacotherapy, nutrition, communication, and social concerns related to caring for older patients. This interprofessional resource concludes with future concerns for an aging society and includes an epilogue encouraging all health care professionals to embrace patient or client advocacy, especially for older adults. With new case studies, review questions, and interactive activities, this accessible resource will provide an active learning experience for all health professions students.

## Psychology and Geriatrics

This book is a thorough revision of one of the most comprehensive reference volumes for persons working in the area of aging and mental health. The thrust of the work is interdisciplinary, and discusses research on both clinical and practical

issues in aging and mental health. The multidisciplinary nature of this book and the inclusion of subject matter from the professional as well as research realm result in a level of comprehensiveness which is distinct in the field of mental health and aging. Each chapter contains a comprehensive bibliography, the compilation of which represents a definitive reference source in the field. The chapters review state-of-the-art research in the biological, behavioral, and social sciences and represent the cutting-edge of current practice in psychiatry, neurology, social work, nursing, psychology, and pharmacology, among other professions. The compilation of prevalence data is a much-needed addition to the current literature. The multidisciplinary nature of this book and the inclusion of both clinical and practical issues makes the book distinctively comprehensive.

### **The Merck Manual Of Health & Aging**

Underscores the complexity of prescribing drugs for older adults while providing state-of-the-art guidelines for safe patient care. An evidence-based, quick-access reference for adult gerontology nurse practitioners and related healthcare providers, this text describes a holistic, patient-centered approach to prescribing drugs to older adults. Comprehensive yet concise writing distills timely guidance on the complexities of safely prescribing to this unique population. This book opens with physiologic changes and assessment considerations for older adults, followed by a discussion of pharmacokinetics and pharmacodynamics, then a final section on guidelines for drug selection, drug interactions, and multimorbidities. Each chapter presents information in a consistent, easy-to-read template. Patient Care Pearls alert readers to crucial information and relevant case studies with examples of inappropriate medical prescribing provide context for drug delivery. Key points and chapter summaries help reinforce information. Additional features include the provision of guidelines for psychotropic medications in LTC facilities, special considerations for frail older adults, and the role of pharmacists as a resource for other practitioners. Key Features: Decision-making guidance on prescribing practices in varied settings. Discusses in depth physiological considerations including multimorbidity and polypharmacy. Presents Beer's Criteria and its implications. Guidelines for psychotropic medications in LTC facilities. Special considerations for frail older adults. Patient Care Pearls, case studies, key points, and chapter summaries.

### **Geriatric Mental Health Care**

This book highlights both recent innovations in professional health curricula and continuing education and interventions aimed at improving student attitudes towards geriatrics and aging. The contributors cover areas including simulation, online training, and standardized patients for evaluation, but also emphasize the important end-result of clinical training: to take care of real older adults outside the classroom. Importantly, this underscores the development of powerful learning experiences of students by sensitizing them to the frameworks of palliative care, cancer care, sexuality, and aging.

research, all of which serves as a powerful catalyst for creating a 'pipeline' of students who embrace aging as a central theme of their future work. As increased training in geriatrics is required to attune the health care workforce to the needs of older adults, this book will be of interest to those seeking to create a more age-friendly healthcare curriculum. This book was originally published as a special issue of the Gerontology & Geriatrics Education journal.

### **Gerontologic Nursing - E-Book**

New trends in mental healthcare practice and a rapid increase in the aged population are causing an explosion in the fields of clinical gerontology and geropsychology today. This comprehensive second edition handbook offers clinicians and graduate students clear guidelines and reliable tools for assessing general mental health, cognitive functioning, functional age, psychosocial health, comorbidity, behavior deficits, and more. Psychopathology, behavioral disorders, changes in cognition, and changes in everyday functioning are addressed in full, and a wide range of conditions and disorders common to this patient population are covered. Each chapter provides an empirical review of assessment instruments, assessment scales in their totality, a review of how these instruments are used with and adapted for different cultural groups, illustration of assessments through case studies, and information on how to utilize ongoing assessment in treatment and/or treatment planning. This combination of elements will make the volume the definitive assessment source for clinicians working with elderly patients. The most comprehensive source of up-to-date data on gerontological assessment, with review articles covering: psychopathology, behavioral disorders, changes in cognition, and changes in everyday functioning Consolidates broadly distributed literature into single source, saving researchers and clinicians time in obtaining and translating information and improving the level of further research and care they can provide Chapters directly address the range of conditions and disorders most common for this patient population - i.e. driving ability, mental competency, sleep, nutrition, sexual functioning, demntias, elder abuse, depression, anxiety disorders, etc Fully informs readers regarding conditions most commonly encountered in real world treatment of an elderly patient population Each chapter cites case studies to illustrate assessment techniques Exposes reader to real-world application of each assessment discussed

### **Gerontology for the Health Care Professional**

This cutting-edge book on geriatric care management is designed to meet a growing area that spans across the continuum of health care, and is the essential reference for the geriatric care management profession. It gives health care delivery systems, private and public health care practitioners, business people, and schools of nursing, social work, and related health care fields the definitive book on geriatric care management. Handbook of Geriatric Care Management defines the work of the geriatric care manager. It offers an overview of what geriatric care management is, defines duties and procedures, and specifies the organizations that use a geriatric care manager. It provides guidelines for setting up a

geriatric care management practice independently or as part of a larger health care delivery system or business, and contains key elements for marketing the practice. Several case studies are included.

### **Primary Care Geriatrics**

Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. Gerontological Nursing: Competencies for Care, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

### **Pharmacological Considerations in Gerontology**

The Encyclopedia of Health and Aging presents state-of-the-art research and ready-to-use facts on health and aging. This one-volume resource captures some of the excitement of the research in the field in terms of new findings as well as conceptual developments guiding research, practice, and policy. With more than 200 entries, it covers the biological, psychological, social, and economic aspects of health and aging and impacts within the health-care system. This Encyclopedia also focuses heavily on geriatrics with respect to geriatric syndromes and common diseases of aging.

### **Gerontology for the Health Care Professional**

Aging, Health and Technology takes a problem-centered approach to examine how older adults use technology for health. It examines the many ways in which technology is being used by older adults, focusing on challenges, solutions and perspectives of the older user. Using aging-health technology as a lens, the book examines issues of technology adoption, basic human factors, cognitive aging, mental health, aging and usability, privacy, trust and automation. Each chapter takes a case study approach to summarize lessons learned from unique examples that can be applied to similar projects, while also providing general information about older adults and technology. Discusses human factors design challenges specific to older adults Covers the wide range of health-related uses for technology—from fitness to leading a more engaged life Utilizes a case study approach for practical application Envisions what the future will hold for technology and older adults Employs a roster of interdisciplinary contributors

## **Encyclopedia of Health and Aging**

Gerontologic Nursing, 5th Edition offers comprehensive disorder and wellness coverage to equip you with the essential information you need to provide the best nursing care to older adults. A body-system organization makes information easy to find, and includes discussions on health promotion, psychologic and sociocultural issues, and the common medical-surgical problems associated with aging adults. Written by expert educator and clinician Sue Meiner, EdD, APRN, BC, GNP, this book also emphasizes topics such as nutrition, chronic illness, emergency treatment, patient teaching, home care, and end-of-life care. Case Studies specialty boxes provide realistic situations to expand your knowledge and understanding. UNIQUE! Nursing care plans supply guidance on selecting appropriate nursing activities and interventions for specific conditions. Evidence-Based Practice specialty boxes pull the critical evidence-based information contained in the text into boxes for easy access and identification. UNIQUE! Client/Family Teaching specialty boxes emphasize key aspects of practice and teaching for self-care. UNIQUE! Home Care specialty boxes highlight tips to promote practical, effective home care for the older adult. UNIQUE! Emergency Treatment specialty boxes highlight critical treatment needed in emergency situations. UNIQUE! Nutritional Considerations specialty boxes demonstrate special nutritional needs and concerns facing the aging population. NEW! Completely revised Pharmacologic Management chapter covering substance abuse. NEW! Completely revised Cognitive and Neurologic Function chapter covering mental health. NEW! Up-to-date content equips you with the most current information as the basis of the best possible care for problems affecting the older adult population. Streamlined focus presents the essential "need to know" information for the most common conditions in older adults in a format that you can easily and quickly grasp. UNIQUE! Disorder index on the inside cover supplies a handy reference to guide students to the information they need quickly and easily. Complex aspects of aging offers detailed and comprehensive coverage of pain, infection, cancer, chronic illness, loss, death, and dying, and substance abuse. Thorough assessment coverage recaps normal, deviations from normal, and abnormal findings of vitals for the older adult for students and practitioners.

## **Cognitive Aging**

Offering a fresh, authoritative take on a topic of increasing relevance, this book is comprehensive in scope, yet concise and accessible. Key contributors from health psychology, gerontology, and related fields pool their knowledge.

## **Handbook of Assessment in Clinical Gerontology**

Over the past two decades there has been a marked change in global age demographics, with the number of over-60s increasing by 82% and the number of centenarians by 715%. This new-found longevity is testament to the success of

recent advances in medicine, but poses significant challenges to multiple areas of health care concerning older patients. Building upon its predecessor's reputation as the definitive resource on the subject, this new edition of the Oxford Textbook of Geriatric Medicine offers a comprehensive and multinational examination of the field. Fully revised to reflect the current state of geriatric medicine, it examines the medical and scientific basis of clinical issues, as well as the ethical, legal, and socio-economic concerns for healthcare policy and systems. Over 170 chapters are broken up into 16 key sections, covering topics ranging from policy and key concepts through to infection, cancer, palliative medicine, and healthy ageing. New material includes focus on the evolving concepts of malnutrition, sarcopenia, frailty, and related geriatric syndromes and integration of geriatric principles from public health, primary and specialized care, and transitional stages from home to emergency, medicine and surgery, rehabilitation, and long term care. The Oxford Textbook of Geriatric Medicine brings together specialists from across the globe to provide every physician involved in the care of older patients with a comprehensive resource on all the clinical problems they are likely to encounter, as well as on related psychological, philosophical, and social issues.

### **Gerontology**

A new and updated version of this best-selling resource! Jones and Bartlett Publisher's 2011 Nurse's Drug Handbook is the most up-to-date, practical, and easy-to-use nursing drug reference! It provides: Accurate, timely facts on hundreds of drugs from abacavir sulfate to Zyvox; Concise, consistently formatted drug entries organized alphabetically; No-nonsense writing style that speaks your language in terms you use everyday; Index of all generic, trade, and alternate drug names for quick reference. It has all the vital information you need at your fingertips: Chemical and therapeutic classes, FDA pregnancy risk category and controlled substance schedule; Indications and dosages, as well as route, onset, peak, and duration information; Incompatibilities, contraindications; interactions with drugs, food, and activities, and adverse reactions; Nursing considerations, including key patient-teaching points; Vital features include mechanism-of-action illustrations showing how drugs at the cellular, tissue, or organ levels and dosage adjustments help individualize care for elderly patients, patients with renal impairment, and others with special needs; Warnings and precautions that keep you informed and alert.

### **Aging, Technology and Health**

Print+CourseSmart

### **Oxford Textbook of Geriatric Medicine**

Fully updated and revised, this new edition of a highly successful text provides students, clinicians, and academics with a thorough introduction to aging and mental health. The third edition of *Aging and Mental Health* is filled with new updates and features, including the impact of the DSM-5 on diagnosis and treatment of older adults. Like its predecessors, it uses case examples to introduce readers to the field of aging and mental health. It also provides both a synopsis of basic gerontology needed for clinical work with older adults and an analysis of several facets of aging well. Introductory chapters are followed by a series of chapters that describe the major theoretical models used to understand mental health and mental disorders among older adults. Following entries are devoted to the major forms of mental disorders in later life, with a focus on diagnosis, assessment, and treatment issues. Finally, the book focuses on the settings and contexts of professional mental health practice and on emerging policy issues that affect research and practice. This combination of theory and practice helps readers conceptualize mental health problems in later life and negotiate the complex decisions involved with the assessment and treatment of those problems. Features new material on important topics including positive mental health, hoarding disorder, chronic pain, housing, caregiving, and ethical and legal concerns. Substantially revised and updated throughout, including reference to the DSM-5. Offers chapter-end recommendations of websites for further information. Includes discussion questions and critical thinking questions at the end of each chapter. *Aging and Mental Health, Third Edition* is an ideal text for advanced undergraduate and graduate students in psychology, for service providers in psychology, psychiatry, social work, and counseling, and for clinicians who are experienced mental health service providers but who have not had much experience working specifically with older adults and their families.

### **Ebersole and Hess' Gerontological Nursing and Healthy Aging**

Aging well and actively is the real objective of human being. This book is an up-to-date and realistic view on physiopathological mechanisms of aging and age-related diseases. The book includes topical contributions from multiple disciplines to support the fundamental goals of extending active life and enhancing its quality.

### **Elderhood**

For most Americans, staying "mentally sharp" as they age is a very high priority. Declines in memory and decision-making abilities may trigger fears of Alzheimer's disease or other neurodegenerative diseases. However, cognitive aging is a natural process that can have both positive and negative effects on cognitive function in older adults - effects that vary widely among individuals. At this point in time, when the older population is rapidly growing in the United States and across the globe, it is important to examine what is known about cognitive aging and to identify and promote actions that individuals, organizations, communities, and society can take to help older adults maintain and improve their cognitive health. *Cognitive Aging* assesses the public health dimensions of cognitive aging with an emphasis on definitions and terminology,

epidemiology and surveillance, prevention and intervention, education of health professionals, and public awareness and education. This report makes specific recommendations for individuals to reduce the risks of cognitive decline with aging. Aging is inevitable, but there are actions that can be taken by individuals, families, communities, and society that may help to prevent or ameliorate the impact of aging on the brain, understand more about its impact, and help older adults live more fully and independent lives. Cognitive aging is not just an individual or a family or a health care system challenge. It is an issue that affects the fabric of society and requires actions by many and varied stakeholders. Cognitive Aging offers clear steps that individuals, families, communities, health care providers and systems, financial organizations, community groups, public health agencies, and others can take to promote cognitive health and to help older adults live fuller and more independent lives. Ultimately, this report calls for a societal commitment to cognitive aging as a public health issue that requires prompt action across many sectors.

### **Gerontology for the Health Care Professional**

This essential guide is designed for mental health practitioners and primary care providers without advanced training in geriatric psychiatry. Gary J. Kennedy sets forth a clear framework for understanding the interplay of medical, psychological, and social factors in frequently encountered problems among older adults. Clear guidelines are delineated for assessing and treating such conditions as depression and anxiety, dementia, psychosis and mania, sleep disturbances, personality and somatoform disorders, substance abuse, and suicidality. Throughout, the book focuses on ways to sustain seniors' independence and overall quality of life while enhancing their adaptive capacities. Winner--American Journal of Nursing Book of the Year Award (2000) See also the author's Geriatric Depression: A Clinical Guide, which distills the best available interventions for depression in older adults in a highly accessible format.

### **Handbook of Health Psychology and Aging**

Discusses the physical effects of aging, examines issues of caregiving and medical care for older adults, covers medical conditions and diseases likely to affect older people, and addresses a range of key social, ethical, and legal issues related to aging. Simultaneous.

### **Health Promotion and Aging**

This book describes geriatrics practice models that are used to guide the care of older adults, allowing seniors to remain at home, prevent functional disability and preserve quality of life. The models include specific interventions which are performed by health care workers to address the needs of older persons and their caregivers. These models respect patient



values, consider patient safety and appreciate psychosocial needs as well. Divided into six parts that discuss hospital-based models of care, transitions from hospital to home, outpatient-based models of care and emergency department models of care, this text addresses the needs of vulnerable patients and the community. Geriatric Models of Care is an excellent resource for health care leaders who must translate these programs to address the needs of the patients in their communities.

### **Retooling for an Aging America**

As the first of the nation's 78 million baby boomers begin reaching age 65 in 2011, they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs. Retooling for an Aging America calls for bold initiatives starting immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers, who currently receive little or no training in how to tend to their aging loved ones. The book also recommends that Medicare, Medicaid, and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides. Educators and health professional groups can use Retooling for an Aging America to institute or increase formal education and training in geriatrics. Consumer groups can use the book to advocate for improving the care for older adults. Health care professional and occupational groups can use it to improve the quality of health care jobs.

### **Contemporary Perspectives on Ageism**

Caregivers hold the key to the health, well-being, and happiness of their aging relatives, partners, or friends. The Caregiver's Encyclopedia provides you with all of the information you need to take the best care of your loved one—from making major medical decisions to making sure you don't burn out. Written by Muriel R. Gillick, MD, a geriatrician with more than 30 years' experience caring for older people, this book highlights the importance of understanding your friend's or family member's overall health. With compassion and expertise, this book will help you "think like a doctor." The content • helps you navigate the health-care system • shares important information about treating basic geriatric syndromes, including delirium, dementia, and falls • teaches you about preventive care options • enables you to manage medical decisions related to both acute and chronic conditions • discusses what Medicare covers—and what it doesn't • guides you through different approaches to care • weighs the risks and benefits of hospital vs. home, nursing home, or hospice care • provides a detailed list of medical supplies that you might want to keep on hand • offers you additional resources and emotional support Throughout, Gillick provides helpful information and concrete concepts that caregivers can put into practice today. Authoritative, comprehensive, holistic, and highly illustrated, The Caregiver's Encyclopedia will help you figure out how to be the best caregiver you can be.

## **Aging and Mental Health**

This comprehensive text continues its tradition of presenting the latest in diagnosis and management of disorders affecting the elderly. Featuring experts from geriatric medicine and gerontology, this text provides a uniquely holistic approach for elder care. The new Fifth Edition has been significantly reorganized to enhance geriatric assessment skills, general medical management, management of specific diseases, surgical management, gender issues in clinical geriatrics, and more.

## **Principles of Geriatric Medicine and Gerontology**

Gerontology for the Health Care Professional, Third Edition is a comprehensive, practical text covering the evolving field of gerontology, written for health care students and professionals. Written by experts across many health professions, Gerontology for the Health Care Professional, Third Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging and instills an appreciation for the multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Each chapter includes objectives, chapter outlines, case studies, multiple-choice review questions, and learning activities. The Third Edition begins with chapters on different aspects of the aging process. Later chapters explore various issues that are of primary importance to the older population. This comprehensive, accessible text concludes with the future concerns of an aging society. There is also an epilogue encouraging all health care professionals to embrace patient or client advocacy, especially for older adults. New to the Third Edition Chapter on dental issues: An Oral Perspective on Healthy Aging and Prevention for the Older Adult More Case Studies New Test Bank New Epilogue More information on policy and legislative issues, patient advocacy, ethics, elder abuse, cultural issues, communication issues, and social theories of aging Updated information, statistics, and census data Expand dementia section to include comparing and contrasting delirium and dementia, and including more about different types of dementia such as Lewy Body Dementia, and Parkinsonian Dementia Expanded information on sleep disorders and continence Expanded medication therapy management services section including Beers list, new drugs, and links to up-to-date medication information Latest information on obesity More information on sexuality for institutionalized adults, universal design in the community (elder friendly cities), technology to promote independence, and international data including examples of old age care from around the world INSTRUCTOR RESOURCES PowerPoint Presentations, Instructor's Manual, Answer Key, Discussion Questions STUDENT RESOURCES Companion Website, including: Crossword Puzzles, Matching Exercises, Glossary, Flashcards, Web Link

## **Handbook of Mental Health and Aging**

Comprehensive and organized for quick access to information, this clinical guide encompasses the broad network of community health resources available and describes how to access them on behalf of geriatric patients and clients.

### **Handbook of Mental Health and Aging**

Prepare for a successful career in caring for geriatric populations! Williams' Basic Geriatric Nursing, 7th edition is an easy-to-read text which presents the theories and concepts of aging along with appropriate nursing interventions. This comprehensive book helps you understand the unique physiologic and psychosocial changes that affect the elderly adult. Threaded throughout this new edition are practical QSEN boxes and Nurse Alert features, which highlight safety, cultural considerations, health promotion, coordinated care, and home care specific to elderly patients. In addition, an online Study Guide, NCLEX®-PN review questions, and real-world clinical situation boxes help you to study for exams and apply concepts to practice. Coordinated Care boxes address such topics as restraints, elder abuse, and end-of-life care as related to responsibilities of nursing assistants and other health care workers who are supervised by LPN/LVNs. Clinical Situation boxes present patient scenarios with lessons for appropriate nursing care and patient sensitivity. UNIQUE! A FREE Study Guide, presented in a comprehensive PDF format on Evolve, reinforces your understanding. 10th grade reading level makes learning easier for you. Nursing Care Plans include Critical Thinking boxes to help you to assimilate and synthesize information. Nursing Process sections provide a framework for the discussion of the nursing care of the elderly patient as related to specific disorders. Cultural Considerations throughout text cover biocultural variations as well as health promotion for specific ethnic groups so you can provide culturally competent care. Health Promotion and Patient Teaching boxes highlight health promotion, disease prevention, and age-specific interventions. Home Health Considerations boxes provide information on home health care for the older adult. NEW! QSEN boxes provide you with the knowledge, skills, and attitudes necessary to continuously improve the quality and safety of care of the older adult. NEW! Nurse Alert feature emphasizes important safety and health promotion content specific to the elderly patient. NEW! Updated and expanded art program makes learning the material easier through clear and timely photographs and illustrations.

### **Gerontological Nursing: Competencies for Care**

The Handbook of Mental Health and Aging, Third Edition provides a foundational background for practitioners and researchers to understand mental health care in older adults as presented by leading experts in the field. Wherever possible, chapters integrate research into clinical practice. The book opens with conceptual factors, such as the epidemiology of mental health disorders in aging and cultural factors that impact mental health. The book transitions into neurobiological-based topics such as biomarkers, age-related structural changes in the brain, and current models of accelerated aging in mental health. Clinical topics include dementia, neuropsychology, psychotherapy,

psychopharmacology, mood disorders, anxiety, schizophrenia, sleep disorders, and substance abuse. The book closes with current and future trends in geriatric mental health, including the brain functional connectome, repetitive transcranial magnetic stimulation (rTMS), technology-based interventions, and treatment innovations. Identifies factors influencing mental health in older adults Includes biological, sociological, and psychological factors Reviews epidemiology of different mental health disorders Supplies separate chapters on grief, schizophrenia, mood, anxiety, and sleep disorders Discusses biomarkers and genetics of mental health and aging Provides assessment and treatment approaches

### **Geriatric Home-Based Medical Care**

The leading reference in the field of geriatric care, Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition, provides a contemporary, global perspective on topics of importance to today's gerontologists, internal medicine physicians, and family doctors. An increased focus on frailty, along with coverage of key issues in gerontology, disease-specific geriatrics, and complex syndromes specific to the elderly, makes this 8th Edition the reference you'll turn to in order to meet the unique challenges posed by this growing patient population. Consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more make reference quick and easy. More than 250 figures, including algorithms, photographs, and tables, complement the text and help you find what you need on a given condition. Clinical relevance of the latest scientific findings helps you easily apply the material to everyday practice. A new chapter on frailty, plus an emphasis on frailty throughout the book, addresses the complex medical and social issues that affect care, and the specific knowledge and skills essential for meeting your patients' complex needs. New content brings you up to date with information on gerontechnology, emergency and pre-hospital care, HIV and aging, intensive treatment of older adults, telemedicine, the built environment, and transcultural geriatrics. New editor Professor John Young brings a fresh perspective and unique expertise to this edition.

### **Geriatrics Models of Care**

Gerontology for the Health Care Professional, Third Edition is a comprehensive, practical text covering the evolving field of gerontology, written for health care students and professionals. Written by experts across many health professions, Gerontology for the Health Care Professional, Third Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging and instills an appreciation for the multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Each chapter includes objectives, chapter outlines, case studies, multiple-choice review questions, and learning activities. The Third Edition begins with chapters on different aspects of the aging process. Later chapters explore various issues that are of primary importance to the older population. This comprehensive, accessible text concludes with the

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### **The Caregiver's Encyclopedia**

Gerontology For The Health Care Professional, Second Edition is a comprehensive, practical text covering the evolving field of gerontology, written for health care students and professionals . This text is clinically relevant while implementing theoretical treatment of the subject matter. Written by experts across many health professions, Gerontology For The Health Care Professional, Second Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging and instills an appreciation For The multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Each chapter includes objectives, chapter outlines, multiple-choice review questions and learning activities! Available Instructor Resources Include: PowerPoint Slides, Instructor's Manual and Discussion Questions. New To The Second Edition : Thoroughly updated content New information on sleep, aging, and functional performance later in life A new chapter on effective communication with older people Topics Covered Include: Demographic Trends of an Aging Society Social Aspects of Aging the Physiology and Pathology of Aging Staying Healthy in Late Life Cognition and Aging the Psychological Aspects of Aging (including quality of life, personality change, and behavioral change) Nutrition Throughout the Lifespan Drug Therapy and Polypharmacy in the Elderly Sexuality and Aging the Continuum of Care (including care giving) Financing Health Care For The Elderly Health Care Providers Working with the Elderly Future Concerns in an Aging Society

### **Brocklehurst's Textbook of Geriatric Medicine and Gerontology E-Book**

Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents.

### **Gerontology for the Health Care Professional**

Emerging and currently available technologies offer great promise for helping older adults, even those without serious disabilities, to live healthy, comfortable, and productive lives. What technologies offer the most potential benefit? What challenges must be overcome, what problems must be solved, for this promise to be fulfilled? How can federal agencies like the National Institute on Aging best use their resources to support the translation from laboratory findings to useful, marketable products and services? Technology for Adaptive Aging is the product of a workshop that brought together distinguished experts in aging research and in technology to discuss applications of technology to communication, education and learning, employment, health, living environments, and transportation for older adults. It includes all of the workshop papers and the report of the committee that organized the workshop. The committee report synthesizes and evaluates the points made in the workshop papers and recommends priorities for federal support of translational research in technology for older adults.

### **Geriatrics Health**

Aging is characterized by functional decline in every organ due to several cellular, biological, and physiological changes over time. Molecular and cellular damages are gradually decreasing in the physical and mental capacities of the human body. Health results have shown that lifespan has dramatically increased during the twenty-first century. Increasing elderly population naturally deals with many health problems leading to a rise in health expenditure and labor loss. The good news is that the clinical trials in gene therapy have almost stopped and/or reversed human aging. Regenerative medicine can repair and reverse aging in all body cells. Thus, the body's own repair mechanisms may struggle with aging and age-related diseases. Research is promising and suggests that human aging will be eradicated on earth.

### **Special Price: Gerontology for the Health Care Professional**

Psychology and Geriatrics demonstrates the value of integrating psychological knowledge and insight with medical training and geriatric care. Leading physician and geropsychologist contributors come together to share their collective wisdom about topics that are as emotionally uncomfortable as they are universally relevant. As the world struggles to respond to unprecedented gains in life expectancy and an explosion of new retirees living with chronic health conditions, this

collaboration could not be more timely. This exceptional resource is, itself, evidence that physicians and psychologists can work together to optimize truly patient-centered geriatric care. Here at last is a scientifically rigorous, evidence-based response to the aging mind and body from those most expertly trained. Illustrates why and how psychologists must assume a more integrated role in meeting the health care needs of older patients Confronts emotionally laden topics such as cognitively impaired driving, caregiver burden, end-of-life communication, suicide, and systemic issues such as bias, payment, and the culture of medicine Challenges decades-long barriers to integration, from both physician and psychologist perspectives, suggesting how they can finally be overcome Provides an innovative, practical response to academic medicine's growing emphasis on psychological and behavioral science Demonstrates how health care reform creates a behavioral health niche that clinical psychologists are uniquely qualified to fill

### **Aging Well**

With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment.

### **Handbook of Geriatric Care Management**

This book is a practical reference for any clinician who has struggled to care for an older adult in a home setting. The volume is written by experts in the field who describe fundamental principles and clinical approaches of geriatric home-

based care and their application to specific diseases and conditions, including delirium, incontinence, falls, and chronic pain and disability. The book also details house calls for special populations, from the developmentally disabled to those afflicted with neurologic or psychiatric diseases. The volume explores house calls within the context of the US healthcare system. Geriatric Home-Based Medical Care: Principles and Practice is a valuable resource for geriatricians, geriatric nurses, primary care physicians, social workers, public health officials, and all medical professions who need tools to provide timely, compassionate, and high-quality care for their older adult patients.

### **The Gerontology Nurse's Guide to the Community-Based Health Network**

The seventh edition of this classic text champions healthy aging by demonstrating how to prevent or manage disease and make large-scale improvements toward health and wellness in the older adult population. The text synthesizes state-of-the-art research findings—providing convincing evidence that health promotion truly works—with practical, effective strategies. Encompassing important research results that supplant prior recommendations, this new edition provides updated best practices and strategies to ensure the active participation of older adults in all aspects of life. Completely reorganized for ease of use, this textbook features updated demographics and rankings for leading causes of death, new blood pressure screening guidelines and data on obesity and diabetes, updated exercise regimens, older-driver statistics and innovations such as the driverless car, cautions regarding ineffective brain-training programs, and more. Highly practical, the text includes health-promoting tools, resource lists, assessment tools, illustrations, checklists, and tables. Additionally, the book includes key terms and learning objectives at the start of each chapter, along with thought-provoking questions and reflection boxes. An Instructor's Manual and PowerPoint slides are available to facilitate teaching. New to the Seventh Edition: Provides updated blood pressure, cholesterol, Ductal Carcinoma In Situ (DCIS), and lung cancer screening guidelines Presents updates on exercise regimens ranging from yoga to the tango Expands and updates section on emotional regulation and conflict resolution skills with aging Discusses Boomer Entrepreneurism Provides new policy recommendations including student loan debt among older adults Expands gerotechnology and smart home innovations Updates on "Obamacare" and health care delivery recommendations Addresses "Buyer Beware" regarding brain-training programs Expands global aging and LGBT aging content

### **Basic Geriatric Nursing - E-Book**

This open access book provides a comprehensive perspective on the concept of ageism, its origins, the manifestation and consequences of ageism, as well as ways to respond to and research ageism. The book represents a collaborative effort of researchers from over 20 countries and a variety of disciplines, including, psychology, sociology, gerontology, geriatrics, pharmacology, law, geography, design, engineering, policy and media studies. The contributors have collaborated to



produce a truly stimulating and educating book on ageism which brings a clear overview of the state of the art in the field. The book serves as a catalyst to generate research, policy and public interest in the field of ageism and to reconstruct the image of old age and will be of interest to researchers and students in gerontology and geriatrics.

## **Technology for Adaptive Aging**

### **Gerontology**

Finalist for the Pulitzer Prize in General Nonfiction A New York Times Bestseller Longlisted for the Andrew Carnegie Medal for Excellence in Nonfiction Winner of the WSU AOS Bonner Book Award As revelatory as Atul Gawande's *Being Mortal*, physician and award-winning author Louise Aronson's *Elderhood* is an essential, empathetic look at a vital but often disparaged stage of life. For more than 5,000 years, "old" has been defined as beginning between the ages of 60 and 70. That means most people alive today will spend more years in elderhood than in childhood, and many will be elders for 40 years or more. Yet at the very moment that humans are living longer than ever before, we've made old age into a disease, a condition to be dreaded, denigrated, neglected, and denied. Reminiscent of Oliver Sacks, noted Harvard-trained geriatrician Louise Aronson uses stories from her quarter century of caring for patients, and draws from history, science, literature, popular culture, and her own life to weave a vision of old age that's neither nightmare nor utopian fantasy--a vision full of joy, wonder, frustration, outrage, and hope about aging, medicine, and humanity itself. *Elderhood* is for anyone who is, in the author's own words, "an aging, i.e., still-breathing human being."

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