

Get Free Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes

## **Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes**

Instant Pot Cookbook for Beginners  
The Keto Instant Pot Cookbook  
The "I Love My Instant Pot®" Recipe Book  
The Electric Pressure Cooker Cookbook  
The Instant Pot Diabetes Cookbook  
The Complete Instant Pot for Two Cookbook  
Instant Pot Mini Cookbook  
Instant Pot Cookbook for Two  
Dinner in an Instant  
How to Instant Pot  
The Ultimate Instant Pot Cookbook  
The Instant Pot College Cookbook  
The Great Big Pressure Cooker Book  
The Complete Instant Pot Mini Cookbook  
The Instant Pot Bible  
Healthy Instant Pot Mini Cookbook  
The Comprehensive Instant Pot Cookbook For Two  
Easy-Freeze Instant Pot Pressure Cooker Cookbook  
The Newest Instant Pot Cookbook for Two  
Instant Loss Cookbook  
INSTANT POT FOR TWO COOKBOOK 2020  
The Essential Indian Instant Pot Cookbook  
The Essential Instant Pot Cookbook  
The Everything Mediterranean Instant Pot® Cookbook  
The Ultimate Instant Pot® Cookbook for Two  
Instant Pot for Two Cookbook  
Instant Pot Cookbook For Two  
Instant Pot® Obsession  
Instant Pot Pressure Cooker Cookbook 2019  
Instant Pot CookBook: 550 Recipes for Every Day. Healthy and Delicious Meals. Nutrition Facts Per Serving. Simple and Clear Instructions  
Instant Pot Cookbook for Two  
Instant Pot Fast & Easy  
A Couple Cooks - Pretty Simple Cooking  
The Fresh and Healthy Instant Pot Cookbook  
Instant Pot Pressure Cooker Cookbook: 500 Everyday Recipes for Beginners and Advanced Users. Try Easy and Healthy Instant Pot

## Get Free Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes

RecipesBone Broth Miracle Diet Instant Pot CookbookThe Vegan Instant Pot CookbookInstant Pot Cookbook for TwoThe Ultimate Instant Pot Pressure Cooker CookbookThe Instant Pot® Electric Pressure Cooker Cookbook

### **Instant Pot Cookbook for Beginners**

\*OFFICIALLY LICENSED BY THE MAKERS OF THE INSTANT POT!\* 175 must-have recipes for everyone's favorite cooking appliance—the Instant Pot—perfect for fast, delicious meals the whole family will love. Discover how easy cooking can be with the versatile Instant Pot that serves as everything from a pressure cooker to a sauté pan to a yogurt maker. The fast, programmable, and energy-efficient appliance makes it quick and easy to whip up any of these delicious, satisfying recipes in just minutes! This essential cookbook provides 175 appetizing, flavorful recipes from breakfast through dinner including: -Bacony Poblano Hashbrowns -Moroccan Lamb Stew -Bourbon Barbeque Chicken Thighs -Double Chocolate Cheesecake With dishes to suit every dietary need from vegetarian to gluten free, there's something for everyone in this collection of Instant Pot recipes. Featuring an introduction to the Instant Pot's features and tips for the best cooking results, soon you'll be using your Instant Pot for every meal!

### **The Keto Instant Pot Cookbook**

## Get Free Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes

MASTER YOUR INSTANT POT! Instant Pot recipes for both beginners and advanced users. Enjoy these 500 Recipes for Any Budget Recipes are listed step by step in a clear and understandable manner. You can cook everything you want with the Instant Pot. Only high-quality recipes will reveal the whole aroma and taste of dishes cooked in an Instant Pot. With this cookbook, you will cook better, tastier and faster meals for yourself and your family. In this cookbook, you will discover Amazing meals the whole family will love. Recipes for vegetarians anyone will enjoy. Most recipes made for anyone with a busy lifestyle. Detailed ingredient lists and precise cooking times so each dish turns out perfect. Easy-to-follow instructions on making each dish in an Instant Pot. Helpful tips and tricks on how to make each meal one your whole family will request time and time again. Plus much more helpful information. Eating is meant to be a shared experience and is a great time for family members to catch up with each other's day. A good meal gets them to the dinner table every time.

### **The "I Love My Instant Pot®" Recipe Book**

With [this book], you'll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes-- from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes-- plus vegetarian, gluten-free, and Paleo-friendly options-- [this book] is

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your go-to guide for fuss-free, all-in-one cooking.

### **The Electric Pressure Cooker Cookbook**

Healthy and flavorful recipes for two, using your 3-Quart Instant Pot Mini. For owners of the Instant Pot Mini are 100 nutritious recipes designed specifically for the 3-quart multi-cooker. If you're cooking for yourself or for two, or if you just want fewer leftovers, then this smaller Instant Pot is perfect for you. But when your Instant Pot capacity is half the size of most models, you need recipes with half the yield, too! You don't have to calculate your own messy conversions--just follow the recipes in the book for perfectly portioned, perfectly cooked meals. Including recipes for breakfast, lunch, dinner, and dessert, Healthy Instant Pot Mini Cookbook is the only resource you need for a variety of delicious flavors and cuisines. With useful recipes, such as Spinach Prosciutto Egg Bites and Layered Chicken Enchilada Casserole, you could even choose to have breakfast and lunch prepared for several days. If you're using your 3-quart Instant Pot as a complement to your bigger model, choose from 19 side recipes so that the entire meal is ready in a snap. Forget takeout. Without processed ingredients and refined sugars, you can feel good about what you're eating, and you'll have it in half the time and at a lesser cost.

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### **The Instant Pot Diabetes Cookbook**

The Basic Instant Pot Cookbook with 550 Recipes for Two Do you want to cook budget friendly, perfectly sized meals? In this cookbook you will learn: How to use your Instant Pot in the best way How to prepare and shop when cooking for two How to cook healthy and delicious meals and lose weight In this cookbook you will have 550 recipes to explore the limitless possibilities of the Instant Pot, covering the categories of: Chicken Turkey Duck Beef Pork Fish & Seafood Soups Stews Stocks & Sauces Pasta & Grains Rice Beans, Legumes & Lentils Vegetables Side Dishes Eggs & Dairy Snacks & Appetizers Desserts & Drinks Wait no more, get your copy today and make the perfect meals for two!

### **The Complete Instant Pot for Two Cookbook**

Eighty Super Easy Recipes for Healing Bone Broths Bone broth is a nutrient-dense superfood made from meat bones. It's soothing and easy on the digestion, with a ton of health benefits to drink in. An Instant Pot is a brand-name pressure cooker that gives new meaning to the term "set it and forget it." Forget needing to constantly monitor a simmering pot of bone broth for up to 24 hours! Although that has traditionally been the best way to make bone broth, it's not usually a very realistic option. That's where the Instant Pot swoops in and saves the day. It

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creates perfect bone broths in only two hours . . . with no stirring or monitoring necessary. Press a few buttons and let the Instant Pot take over from there. And with that broth you made so easily, you can then make hundreds of classic and new soups, chilis, stews, drinks, and main dishes using the Instant Pot. Ready to put the power of the Pot and ingenious bone broth recipes to work for you? The Bone Broth Miracle Diet Instant Pot Cookbook has just what you need! Learn the basics of making a variety of meat broths and then discover new ways to incorporate the healing power of the broths into other drinks and food. Find recipes such as: Bone Broth-Turmeric Latte Chinese Pork & Noodle Soup Vietnamese Beef Pho Lamb Bone Broth Borscht Bone Broth Pasta Sauce And much more!

### **Instant Pot Mini Cookbook**

Whether you are cooking for yourself, a guest, or loved one, this book offers a great collection of new ideas that you'll want to try. You will learn: - tips for Instant Pot cooking; - 100 healthy and delicious Instant Pot recipes designed for two people. All you need to do is dump the ingredients into the pot and allow it to work its magic.

### **Instant Pot Cookbook for Two**

## Get Free Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes

MASTER YOUR INSTANT POT You will be amazed at how it is easy to cook your favorite dishes with the Instant pot The first thing you need to know: You can cook everything you want with the Instant Pot The second thing: Only high-quality recipes will reveal the whole aroma and taste of dishes cooked in an Instant Pot And the third: With this cookbook, you will cook better, tastier and faster meals for yourself and your family. In this book you will find the best: Grains Recipes Rice Recipes Beans Recipes Poultry Recipes Egg Recipes Beef Recipes Pork and Lamb Recipes Seafood Recipes Soups Recipes Vegetables Recipes Stocks and Sauces Dessert Recipes This Instant Pot pressure cooker book is filled with nutritious and delicious recipes.

### **Dinner in an Instant**

One pot meals are probably a life saver for most people. Minimal cleanup, and a quick meal, who doesn't love that? That's why Instant Pot is the best friend of many. You might even already have an Instant Pot, but are looking for recipes specifically for it, and that's why you're reading this. With this book, you will receive 201 amazing recipes for two that specifically for the Instant Pot. This book is geared to the couple that is tired of regular recipes feeding a group of people, and just need to feed two. There's no need to fix a meal that's supposed to be for four, wasting the resources and food. This book will absolutely help you overcome such headache. You will find many recipes like: Pineapple Upside Down Cake Beef

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Back Ribs Boiled Eggs Maple Brisket Minestrone And much, much more! The recipes are separated into Main Dishes, Side Dishes, Breakfast, International, Soups/Stews, and Desserts. You will have plenty of recipes to try with this book, and they won't disappoint. Do not wait further. Get your copy of this amazing Instant Pot Cookbook now and start cooking right away!

### **How to Instant Pot**

Demystifying the revolutionary appliance one function at a time. Cooking in an opaque, sealed container with complicated buttons and lights requires a culinary leap of faith—or an expert guide like Daniel Shumski. In *How to Instant Pot*, he not only teaches you how to master each of this miracle device's key functions, but offers more than 100 recipes specially crafted to take advantage of its many virtues. Plug it in and don't look back! Includes recipes for: Beef Barbacoa Tacos Lemon-Chocolate Bread Pudding French Onion Soup Tender Pressure-Cooker Pork Shoulder And much, much more—plus helpful tips on converting your favorite recipes for the Instant Pot!

### **The Ultimate Instant Pot Cookbook**

Eating healthy gets a whole lot easier with this delicious collection of 75

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recipes—each one photographed—for nutritious and satisfying meals made quickly in your electric pressure cooker, all developed by a certified nutritionist and cookbook author for maximum health and flavor. In *The Fresh and Healthy Instant Pot Cookbook*, Megan Gilmore presents recipes that use easy-to-find, whole-food ingredients for simple weeknight meals from morning to night—through the revolutionary cooking power of the Instant Pot, an electric, programmable multicooker. There are gluten-free options for each recipe, and all recipes are free of refined sugar and many of the most common food allergens, yet don't scrimp on flavor. With dishes like Korean Chicken Bowls, Eggplant Parmesan Bake, Peanut Butter Crunch Granola Bars, Flourless Banana Oat Bread, and One-Pot Chocolate Cake and Frosting, following a healthy diet while enjoying your favorite whole foods has never been more achievable. Every recipe is photographed in this highly visual and information-rich collection, and also includes nutritional information (calories, fat, carbs, fiber, and protein) and detailed timing for prep, coming to pressure, cook time, and release time.

### **The Instant Pot College Cookbook**

The Instant Pot(R) College Cookbook is the definitive dorm room solution for easy, homemade meals. Cereal and pizza might be enough to sustain a crash study session, but the best brain food is a homemade meal. The Instant Pot(R) College Cookbook saves college students from four years of nutrient deprivation with quick

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and easy, budget-friendly meals. From grab-n-go Breakfast Burritos to late night Macaroni and Cheese, this college cookbook contains 75 tasty meals that require no previous cooking or Instant Pot(R) experience to whip up. Using easy-to-find and affordable ingredients, The Instant Pot(R) College Cookbook saves students time and money too with good fast food that rivals any take-out menu. The Instant Pot(R) College Cookbook includes: Instant Pot(R) cooking 101 that explains pressure cooker settings for every type of food, tips, and FAQ. 75 home-style meals that include breakfast, everyday staples, soups and stews, meatless meals, poultry, pork and beef, dessert, and more! Fool-proof recipes that combine quick prep times with easy-to-find and affordable ingredients to suit student schedules and wallets. Save ramen for emergencies with quick and easy recipes from The Instant Pot(R) College Cookbook.

## **The Great Big Pressure Cooker Book**

Do You love cooking with Your Instant Pot Mini Duo 3-quart electric pressure cooker or just thinking about getting one? Would you like to cook easy and delicious meals in practically no time? Then this Instant Pot mini cookbook will be perfect for You! Limited-time offer! Buy Paperback at the discounted price of only \$6.58 and get Kindle version FOR FREE! In this Instant Pot mini healthy cookbook, You will find electric power pressure cooker recipes that are delicious, healthy and easy to cook at the same time! All recipes can be cooked with commonly used ingredients.

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Every recipe comes with detailed instructions how to slice and mix, exact measurements, cooking time and temperature, nutritional information (macros), as well as pictures of what Your dishes will look like! On top of that, You will also get useful Instant Pot mini tips. Check what You can get in this book: Instant Pot Mini Useful Tips Instant Pot Mini Function Keys Poultry Recipes Beef and Pork Recipes Soup Recipes Vegetarian Recipes Seafood Recipes Desserts Millions of people around the world are already enjoying cooking with Instant Pot mini. Be one of them! Do not lose Your chance and buy Your copy with the best Instant Pot mini recipes today for a limited-time price of only \$6.58!

### **The Complete Instant Pot Mini Cookbook**

Easy and Healthy Instant Pot Recipes Will Help You and Your Loved One Want to eat healthier and better with your loved one? Then this cookbook is what you are looking for, here you'll find nutritious, flavorful, simple instant pot recipes that will easily transform into mouth-watering meals—perfectly scaled for two. Cooking is a great way to solidify the bond between two people and create lasting relationships. Your Instant Pot holds the key to whipping up tasty meals quickly, and now you can enjoy flavorful recipes that are perfectly portioned for two. This Instant Pot cookbook is filled with many easy recipes that can help take the guesswork out of cooking weekday-friendly meals for two. With this cookbook, you'll find that cooking can be much easier and time-saved. The moment you and your loved one

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eating the meals cooked by yourselves, you'll feel the happiness of life.

### **The Instant Pot Bible**

This complete and AUTHORIZED guide to your Instant Pot, "the perfect gift for your friend who's obsessed with her new Instant Pot," has more than 350 recipes for breakfasts, lunches, dinners, snacks, and even desserts--for every size and model of Instant Pot (NBC) More than five million people worldwide use Instant Pots to get food onto their table fast. But only The Instant Pot Bible has everything you need to revolutionize the way you cook with your favorite machine. Every one of the 350+ recipes gives ingredients and timings for all sizes and models of Instant Pot, including the Instant Pot MAX, which cooks even more quickly. And you get exciting new recipes that utilize the MAX's unique Sous Vide setting. The Instant Pot Bible is the most comprehensive Instant Pot book ever published, with recipes for everything from hearty breakfasts to healthy sides, from centerpiece stews and roasts to decadent desserts. Bestselling authors and pressure-cooking experts Bruce Weinstein and Mark Scarbrough offer customized directions and timings for perfect results every time. And many recipes can also use the slow-cook setting to let the machine cook while you do other things. These innovative "road map" recipes for classics such as vegetable soups, chilis, pasta casseroles, oatmeal, and more let you customize flavors and ingredients to make each of your family members' favorites. Need dinner in an instant? No problem--more than 175 recipes

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come together in just a few minutes or just a few steps. Not to mention vegan and vegetarian, keto-friendly, and gluten-free options galore. You'll find: Buffalo Chicken Soup Turkey Chili Verde Classic Mac and Cheese Dan Dan Noodles Thai-Inspired Pulled Chicken Breasts Smoky Chickpeas and Potato Curry Sous Vide Strip Steaks with Chives and Garlic Poached Salmon with Horseradish Sauce Teriyaki-Style Braised Flank Steak Red Beans and Rice No-Drain Mashed Potatoes Classic Cheesecake And many more The Instant Pot changed the way you cook. The Instant Pot Bible helps you make the most of it. For the complete guide to cooking meals in your Instant Pot with ingredients straight out of your freezer, don't miss their latest book: FROM FREEZER TO INSTANT POT.

### **Healthy Instant Pot Mini Cookbook**

Trademark sign appears after Pot in title.

### **The Comprehensive Instant Pot Cookbook For Two**

Do you want to make great recipes for yourself and family using the Instant Pot? Did you get an Instant Pot as a present? Or do you already have one in the kitchen, but have no idea what to cook? Perfect Cookbook for Beginners with Instant Pot Recipes to start your amazing cooking journey with your Electric Pressure Cooker.

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\*\*\*Please note: Book is available in 2 Paperback formats- Black and White and Full color. Choose the best for you\*\*\* This Instant Pot cookbook will show you how to make the most of your perfect pot. With these easy and healthy recipes, you can surprise your family, friends and your loved one. So, now you have your kitchen bible with 101 recipes that would help to cook your favorite meals. Use this Instant Pot cookbook to make EVERY meal, ANY day of the week, with: 101 creative recipes like Italian shredded chicken and orange chicken, red wine beef stew, mango mashed potatoes, yummy banana bread Delicious options for breakfasts, lunches, snacks, and desserts - many of which take 30 minutes or less Healthy dinner recipes, which you can use after busy working days and your family would enjoy it. Instant Pot recipes are so easy, the kids can do it!

### **Easy-Freeze Instant Pot Pressure Cooker Cookbook**

Get the most out of your Instant Pot or multi-cooker! Sanders provides easy-to-follow recipes that get delicious family meals to your table in almost no time at all. Comfort foods, creative side dishes, even desserts-- these recipes will make your pressure cooker your favorite appliance!

### **The Newest Instant Pot Cookbook for Two**

## Get Free Instant Pot Cookbook For Two 80 Wholesome Quick And Easy Smart Pressure Cooker Recipes

300 easy, healthy Mediterranean recipes for the most popular kitchen appliance—the Instant Pot—perfect for anyone following the Mediterranean diet! The Mediterranean diet is celebrated all over the world for its fresh and healthy ingredients, vibrant flavors, and complex recipes. Following this diet can help you reduce inflammation, avoid disease, and lose weight, making it popular for anyone looking to live a healthier lifestyle. The Everything Mediterranean Instant Pot Cookbook shows you how to recreate classic Mediterranean meals in under an hour using the much-loved multi-cooker, the Instant Pot. With more than 300 recipes for delicious meals, snacks, and even desserts, you'll have everything you need to create healthy, fresh, and fast meals every day of the week.

### **Instant Loss Cookbook**

The ultimate in pressure cooker books--with recipes for breakfasts, soups, mains, grains, vegetables, and desserts--each adapted for stovetop or electric models, such as Instapot. The old-fashioned pressure cooker has been rediscovered by modern home cooks, both for its quick-cooking powers (dried beans are perfectly soft in 35 minutes; risottos are tender in 20 minutes) and for its ability to infuse foods with intense flavor (carrots become sweeter, meat more savory). The Great Big Pressure Cooker Book has recipes for every device, stovetop and electric, no matter the manufacturer. Whether you're seeking an adventurous array of spices, found in dishes such as Cherry Chipotle Pulled Chicken or Smashed Sweet Potatoes

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with Pineapple and Ginger, or pure comfort food, like French Toast Bread Pudding or Classic Pot Roast and Potatoes, you'll find the perfect recipe--each labeled by level of ease--to feed your family. This is the only pressure cooker book you'll ever need.

### **INSTANT POT FOR TWO COOKBOOK 2020**

Kindle MatchBook: Receive the Kindle Edition for FREE when you buy the paperback edition now! Your Instant Pot Mini is even better with these easy and fast recipes! Humble, honest home cooking that is both healthy and delicious does not have to be difficult or demand all of your free time. With the goal of making healthy eating accessible and convenient for everyone, Kristy Asai - bestselling author and renowned nutritionist - combines her passion for healthy home cooking with the favorite appliance of the busy home cook: the Instant Pot Mini! The Instant Pot Mini Cookbook is the first choice for busy home cooks looking for healthy and delicious recipes that are insanely simple to prep and cook. The Instant Pot Mini Cookbook includes: Instant Pot Mini Basics with easy to follow instructions, tips, and tricks for using your Instant Pot in versatile new ways! 100 Amazing Recipes for your Instant Pot Mini so even if you are only cooking for yourself or a small number of people, you will have a wealth of delicious options at your fingertips. Nutritional Information for Every Recipe so you can easily track exactly what you are consuming. Say goodbye to the stress of spending your whole life in the kitchen, or

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sacrificing your budget and health by eating out routinely. The Instant Pot Mini Cookbook is your go-to resource for making healthy home cooking an easy and enjoyable experience!

### **The Essential Indian Instant Pot Cookbook**

A collection of 200 easy, delicious recipes for the incredibly popular Instant Pot, packaged in a gorgeous hardcover format with more than 80 stunning photographs throughout. The well-tested, fully authorized recipes in The Ultimate Instant Pot Cookbook cover a range of flavors and occasions, making this the ultimate collection of recipes for the home cook who values the convenience of an electric pressure cooker. This is the only book you'll need when looking for tried-and-true classics like creamy tomato soup, ground beef stroganoff, chicken mushroom casserole, or peach cobbler; international favorites like carnitas, chicken tikka masala, or refried beans; and crave-worthy treats like French toast casserole and triple chocolate cheesecake. There are even easy entertaining recipes, like artichoke-spinach dip, and special occasion recipes such as the classic Thanksgiving favorites of mashed potatoes, creamed corn, and more. With special sections of vegetarian recipes and jams, jellies, and pickles, this collection goes deeper than other Instant Pot books and has something for everyone. And recipes for every meal of the day, from breakfast to dessert, make this book your one-stop source for mouthwatering meals all day long. Printed on high-quality paper and

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bound in a hardcover format filled with beautiful photographs, this is truly the ultimate book for gifting or self-purchase, and destined to become the beloved Instant Pot cookbook.

### **The Essential Instant Pot Cookbook**

THE INSTANT NATIONAL BESTSELLER • Brittany Williams lost more than 125 pounds using her Instant Pot® and making all her meals from scratch. Now she shares 125 quick, easy, and tasty whole food recipes that can help you reach your weight loss goals, too! Brittany Williams had struggled with her weight all her life. She grew up eating the standard American staples—fast, frozen, fried, and processed—and hit a peak weight of 260 pounds. When her 4-year-old daughter's autoimmune disease was alleviated by a low-sugar, dairy-free, grain-free, whole-food-based diet, Brittany realized she owed her own body the same kind of healing. So on January 1, 2017, she vowed to make every meal for a year from scratch, aided by her Instant Pot®. She discovered that the versatility, speed, and ease of the electric pressure cooker made creating wholesome, tasty, family-satisfying meals a breeze, usually taking under thirty minutes. Not only did the family thrive over the course of the year, Brittany lost an astonishing 125 pounds, all documented on her Instant Loss blog. Illustrated with gorgeous photography, Instant Loss Cookbook shares 125 recipes and the meal plan that Brittany used for her own weight loss, 75% of which are recipes for the Instant Pot® or other

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multicooker. These recipes are whole food-based with a spotlight on veggies, mostly dairy and grain-free, and use ingredients that you can find at any grocery store. The clearest guide to navigating your Instant Pot® or other multicooker that you'll find, Instant Loss Cookbook makes healthy eating convenient—and that's the key to sustainable weight loss.

### **The Everything Mediterranean Instant Pot® Cookbook**

Easy and Healthy Instant Pot Recipes Will Help You and Your Loved One Instant for Two (Easy and Healthy Cookbook) is what you are looking for, here you'll find nutritious, flavorful, simple instant pot recipes that will easily transform into mouth-watering meals - perfectly scaled for two. I am a personal trainer and need to eat healthy food, as well as good tasty food, but I don't want to spend hours in the kitchen preparing meals, especially when I come home from work, exhausted. We don't have to struggle anymore with the question: "We have no idea what to eat What do we cook for breakfast or for dinner tonight?" Stop worrying about that! Here you can find delicious, perfectly portioned recipes in just 30-40 minutes or less and your Instant Pot can help you with it. Next time you cook for your partner, family member, friend, or whomever, they will absolutely love these meals. Easy and Healthy Instant Pot Recipes for Two contains: What is an Instant Pot and how to use it Breakfast Ideas for couples Chicken, Beef and Pork recipes for both of You to Enjoy Vegetarian and Sea Food Meals for Romantic Weeknight Dinners Do not

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waste Your time looking for other options and download Your copy today.

### **The Ultimate Instant Pot® Cookbook for Two**

Popular husband-and-wife bloggers and podcasters ([acouplecooks.com](http://acouplecooks.com)) offer 100 recipes with an emphasis on whole foods and getting into the kitchen together. The couple's non-diet approach features simple lifestyle changes to make healthy cooking sustainable, rather than a short-term fix. A love story at its finest, Alex and Sonja Overhiser first fell for each other--and then the kitchen. In a matter of months, the writer-photographer duo went from eating fast and frozen food to regularly cooking vegetarian meals from scratch. Together, the two unraveled a "pretty simple" approach to home cooking that kicks the diet in favor of long-term lifestyle changes. While cooking isn't always easy or quick, it can be pretty simple by finding love in the process. *A Couple Cooks | Pretty Simple Cooking* is an irresistible combination of spirited writing, nourishing recipes with a Mediterranean flair, and vibrant photography. Dubbed a "vegetarian cookbook for non-vegetarians", it's a beautiful book that's food for thought, at the same time providing real food recipes for eating around the table. The book features: 100 vegetarian recipes, with 75 vegan and 90 gluten-free options A full-color photograph for every recipe Recipes arranged from quickest to more time-consuming 10 life lessons for a sustainably healthy approach to cooking, artfully illustrated with a custom watercolor

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### **Instant Pot for Two Cookbook**

Authorized by Instant Pot and filled with beautiful photographs and more than 75 simple, well-tested comfort food recipes, this indispensable book is the ultimate collection of delicious weekday meals. The best-selling Instant Pot has been a runaway hit, with an almost cultlike following and users who swear by it. But finding delicious, well-tested, weekday-friendly recipes that are both inspiring and trustworthy has proven difficult, until now. The Essential Instant Pot Cookbook covers each meal of the day, offering plenty of tried-and-true classic recipes, such as spicy beef and bean chili, a whole roasted chicken with mushroom sauce, and decadent New York cheesecake, alongside a hearty array of contemporary meals, such as Greek-style Gigantes beans with fresh feta, braised pork loin with balsamic vinegar and caramelized onions, buttery cauliflower mashed potatoes, pork adobo, and more! Whether you're looking to expand your pressure cooker recipe repertoire or seeking the ultimate gift for the Instant Pot aficionado, this is the book to have.

### **Instant Pot Cookbook For Two**

The official Instant Pot® Cookbook for every dinner duo. Cooking for two is a lot easier with your Instant Pot®--especially when recipes are perfectly portioned for

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you, too! The Instant Pot® Cookbook for Two makes it easier and tastier than ever to spend quality time together over a real homemade meal. From Artichoke and Spinach Risotto to Teriyaki Chicken with rice, these rich and delicious recipes ensure no leftovers, no waste, and no guesswork when it comes to weekday meals. Plus, most recipes take only ten minutes or less to prep and are table-ready in under an hour, giving you more time to spend enjoying your company. The Instant Pot Cookbook for Two includes: A HANDY OVERVIEW covers Instant Pot® best practices, shopping tips for two, troubleshooting advice, and how to scale recipes up or down. 80+ RECIPES work with all models of the 3-quart Mini and 6-quart Lux, Duo, and Ultra. RECIPE TIPS throughout explain how to double recipes, use up ingredients, modify cooking times (if needed) for Mini and larger Lux models, and divide the labor to speed prep. Catch up on your day, re-connect or just wind down with a good meal. It's more than just sitting down to eat, it's a chance to really be together.

### **Instant Pot® Obsession**

The Electric Pressure Cooker Cookbook is your resource for learning all the shortcuts to make a delicious meal in a fraction of the usual time—with over 200 new family-friendly recipes from the world's leading blogger on pressure cooking Barbara Schieving (of PressureCookingToday.com). These recipes are big on flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and

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nutritious ingredients. The Electric Pressure Cooker Cookbook features loads of tips and tricks that help you get the most from your pressure cooker, no matter what brand you own. If you're a busy parent or can't find time to make dinners after work, then you will love the Shortcut Dinners and 30-Minute Meals sections. With the terrific weeknight meals on the fly, you'll also adore the Sunday Suppers perfect for special weekend gatherings. Find recipes for every taste and diet: Robust meat and chicken dishes Vegetarian mains and sides Healthy breakfasts Tasty sandwiches, wraps, and tacos Soothing soups and stews And a big chapter full of quick and easy desserts Whether you're an experienced pressure cooker user or completely new to this time-saving device, you will return to this cookbook again and again for recipes your whole family will love.

### **Instant Pot Pressure Cooker Cookbook 2019**

Over 100,000 copies in print--from the publisher of the bestselling Instant Pot® Electric Pressure Cooker Cookbook comes Instant Pot® Obsession, the latest Instant Pot® Cookbook for making ANYTHING. Your Instant Pot® has completely changed how you get food on the table. so what are you going to make next? In the pages of Instant Pot® Obsession--the most complete Instant Pot® cookbook yet--simplicity goes one step further to create more meals, and save even more time, than ever before. Use this Instant Pot® cookbook to make EVERY meal, ANY day of the week, with: More than 120 creative recipes like French toast cups,

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baked potato soup, and orange chicken Variations on selected recipes to make your favorite go-to's new again that you won't find in any other Instant Pot® cookbook Tasty options for breakfasts, lunches, snacks, and desserts—many of which take 30 minutes or less Expert Instant Pot® guidance from Janet Zimmerman, author of the popular Healthy Pressure Cooker Cookbook This Instant Pot® cookbook will show you how to make the most of your perfect pot. With Instant Pot® Obsession, you finally have an Instant Pot® cookbook you can indulge in again and again. "Best Instant Pot cookbook so far! Very helpful. I find the recipes practical and they've turned out well for us. Really appreciate the cooking charts in back of the book."--AMomWhoReads, Verified Customer Review "Excellent Instant Pot cookbook it's full of recipes and provides information on using the Instant Pot that didn't come with the pot itself."--Anne B. Depalma, Verified Customer Review

### **Instant Pot Cookbook: 550 Recipes for Every Day. Healthy and Delicious Meals. Nutrition Facts Per Serving. Simple and Clear Instructions**

The ultimate Instant Pot cookbook for people with diabetes, from the diabetes food and nutrition experts! This Instant Pot-authorized cookbook from the experts at the American Diabetes Association contains 90 easy and healthy recipes made with

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simple ingredients. Inside, you'll find nutritious, flavorful Instant Pot recipes that will easily transform into mouth-watering meals. Each recipe includes detailed instructions to walk you through every step of cooking with your Instant Pot. Recipes include family favorites as well as a wide range of options inspired by Mexican, Italian, Thai, Indian, and Cajun cuisines. Whatever you have a taste for, you'll find it in this book! Additionally, each recipe meets the nutrition guidelines set by the American Diabetes Association. Other features of the Instant Pot Diabetes Cookbook include: Pressure Pointers to help you understand how your Instant Pot works and what it can do A table of cooking times for a variety of ingredients from grains to veggies to meats Essential kitchen equipment and ingredients to have on hand to make diabetes-friendly cooking with your Instant Pot a breeze Complete nutrition information with each recipe to make diabetes meal planning easy

### **Instant Pot Cookbook for Two**

This authorized collection of 75 simplified Indian classics for the immensely popular electric pressure cooker, the Instant Pot, is a beautifully photographed, easy-to-follow source for flavorful weekday meals. The Essential Indian Instant Pot Cookbook is your source for quick, flavorful Indian favorites and contemporary weekday meals. With 75 well-tested recipes authorized by Instant Pot covering every meal of the day, this is a go-to resource for classic chicken, lamb, and

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vegetarian curries; daals, soups, and seafood like fennel and saffron spiced mussels; breakfast delights like spicy frittata and ginger almond oatmeal; and sweet treats like rose milk cake and fig and walnut halwa.

### **Instant Pot Fast & Easy**

The Complete Instant Pot Cookbook with 600 Recipes Do you want to make the leap from good to great in your kitchen? Do you want to cook healthy meals cheap and easy? In this cookbook you will learn: How to use and take care of your Instant Pot How to cook easy fix-it and forget-it meals What are the top benefits of using the Instant Pot Thanks to its revolutionary technology, the Instant Pot can cook budget-friendly dishes to perfection. You can use the food you already have in your refrigerator and pantry. Moreover, you will stop wasting food because the Instant Pot is the perfect cooker for cheap beans and grains, as well as stocks, soups, desserts with stale bread, tough cuts of meat, and so forth. In this book you will find 600 recipes in the following categories: Poultry Pork Beef Fish & Seafood Beans & Grains Low Carb Vegan Vegetables & Side Dishes Snacks & Appetizers Desserts and more

### **A Couple Cooks - Pretty Simple Cooking**

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Freezer cooking is a huge time-saver for busy families - you spend one day prepping a month's worth of meals, to be stored in ziplock bags in the freezer, ready to throw into the Instant Pot, pressure cooker, or multi-cooker for dinner! Rather than slave away every night, you take care of all the planning, shopping, chopping, and measuring in one fell swoop for a month's worth of delicious meals. And your multi-cooker makes it even easier - just dump, lock, and in a few minutes, dinner's ready!

### **The Fresh and Healthy Instant Pot Cookbook**

A vibrant authorized vegan Instant Pot cookbook from the creator of the popular blog RainbowPlantLife. With food and photos as colorful, joyous, and wholesome as the title of her blog, RainbowPlantLife, suggests, Nisha Vora shares recipes with 240k+ Instagram followers daily. Now, in her debut cookbook, she offers up more than 90 nourishing recipes to achieve the nutritious (and colorful!) food she's known for with the magic of the widely-popular Instant Pot electric cooker. In a book that includes a comprehensive guide to the Instant Pot and all its functions, you too can taste the rainbow with a full repertoire of vegan dishes, including Nisha's Pulled BBQ Jackfruit Tacos, Sweet Potato Bean Burgers, Blueberry Cheesecake, and many more.

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## **Instant Pot Pressure Cooker Cookbook: 500 Everyday Recipes for Beginners and Advanced Users. Try Easy and Healthy Instant Pot Recipes**

Instant Pot cooking is one of the most popular methods of making great tasting meals with the minimum of fuss and mess. The delicious meals which can be made need little preparation and the results are much better than using a microwave. Now, with Instant Pot Cookbook for Two: Delicious and Easy Instant Pot Recipes for Two - Cook More in Less Time you can prepare fabulous meals for just two people, just as you would do for the entire family. Complete with in-depth instructions, top tips and the getting the best out of your Instant Pot, there are also a range of recipes for every mealtime, to tempt and dazzle you, including: Vegetable omelette German chocolate oatmeal Golden quinoa Lamb stew Curried vegetable and chickpea stew Thai lime chicken Butternut squash Coconut fish curry And a range of desserts as well Suitable for absolute beginners to Instant Pot cooking, this book provides you with enough recipes to keep you busy for months and will ensure that you never get tired of eating the same food. Get your copy of Instant Pot Cookbook for Two and start making the most of your Instant Pot today!

## **Bone Broth Miracle Diet Instant Pot Cookbook**

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DISCOVER HOW TO BE THE MASTER OF YOUR KITCHEN WITH THIS INSTANT POT FOR TWO COOKBOOK Did you recently purchase the instant pot for your kitchen? Do you want to master the instant pot electric pressure cooker? Do you want to impress your loved one by cooking yummy meals just for the two of you? Do you want to make yummy meals in matter of minutes and keep feeding your partner with healthy homemade meals? Then this book is for you. It's time to stop worrying about what to cook for breakfast. Let your instant pot and this book do that for you. The recipes are listed step by step in a clear and understandable manner. With this cookbook, you will cook better, tastier and faster meals for yourself and your partner. THIS INSTANT POT COOKBOOK FOR TWO CONTAINS; What is an Instant Pot, how to use it and tips for making every meal a blast. Breakfast Ideas for couples Soups, Chicken, Beef and Pork recipes for both of You to Enjoy Vegetarian and Sea Food Meals for Romantic Weeknght Dinners Snacks and Sides dishes Easy Romantic Desserts for Two people Ketogenic diet recipes for fat loss. Don't wait for another second to get this life-changing book for you and your partner. Download your copy now!!

### **The Vegan Instant Pot Cookbook**

Fully authorized by Instant Pot—brand new recipes from the best-selling author of Indian Instant Pot Cookbook and The Keto Instant Pot Cookbook Indian Instant Pot Cookbook by Urvashi Pitre is already one of the top-selling cookbooks in its

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category. Now Pitre turns her sights to all kinds of boldly flavored and internationally-themed recipes—Mexican, Thai, Moroccan, and more—with Instant Pot Fast & Easy, fully authorized by Instant Pot. Just like fans have come to expect, Pitre's incredibly well-tested recipes will work perfectly every time, and of course taste great too. And because these are Instant Pot recipes, dishes like Japanese Chicken Curry, Chinese Steamed Ribs, and Mexican Pulled Pork are ready in a fraction of the time they would take using traditional cooking methods. As with all of Pitre's recipes, the focus is on whole foods instead of artificial convenience ingredients, so the recipes are delicious, easy, and healthful too.

### **Instant Pot Cookbook for Two**

Easy and Healthy Instant Pot Recipes Will Help You and Your Loved One In this cookbook, you'll find nutritious, flavorful, simple instant pot recipes that will easily transform into mouth-watering meals—perfectly scaled for two. You may always struggling with the question "what to eat/cook", it may takes you much time to think, but with this cookbook, you can stop worrying about that! Here you can find delicious, perfectly portioned recipes in just 30-40 minutes or less and your Instant Pot can help you with it. Reduce time, effort, and food waste with the official Instant Pot Cookbook for two Your Instant Pot holds the key to cooking tasty meals quickly, and now you can enjoy flavorful recipes that are perfectly portioned for two. This Instant Pot cookbook is filled with many easy recipes to help every busy

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ones to cook delicious meals within limited time. Cooking is a great way to solidify the bond between two people and create lasting relationships. So why not get a copy of this cookbook to improve the quality of life with your loved one?

### **The Ultimate Instant Pot Pressure Cooker Cookbook**

Become a Pro Chef with Your Instant Pot Delightful Recipes for an Instant Pot with Minimal Costs and Time Spent. Instant Pot recipes for both beginners and advanced users. Enjoy recipes For Two persons Everyone needs a general use cookbook that covers all different types of foods and this is the Instant Pot version of such book. This book covers basic recipes and more complex recipes. Cooking using Instant Pot helps you save money and preserve essential vitamins in your food thus allowing you retain much more nutrients in the food for your body and eat healthier without spending all your day in the kitchen Start cooking in the Instant Pot pressure cooker immediately after purchase. Prepare a variety of dishes from meat, poultry, fish, vegetables, cereals and other products without losing their taste qualities and vitamins. Cook delicious meals quick and without problems. Save time on finding recipes for breakfast, lunch and dinner. Everything you need is here. 5. Prepare appetizing and fragrant desserts, which will make you and your family drool. 6. Cook only the best of the top dishes.

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## **The Instant Pot® Electric Pressure Cooker Cookbook**

Master the ketogenic diet with fast and easy recipes from the ONLY OFFICIAL ketogenic Instant Pot™ cookbook. Keeping up with the ketogenic diet to lose weight can be challenging, but cooking for it doesn't have to be. On a mission to make keto convenient, Urvashi Pitre--the bestselling author behind Two Sleepers and The Indian Instant Pot™ Cookbook--combines delicious low-carb recipes with the home cook's favorite appliance: the Instant Pot™. The Keto Instant Pot™ Cookbook is the only authorized ketogenic diet Instant Pot™ cookbook for tried and true recipes ridiculously easy and fast. The ultimate Instant Pot™ cookbook for keto-friendly recipes, The Keto Instant Pot™ Cookbook includes: A Guide to Keto Made Easy providing essential information from diet basics to setting the right macros to meet your weight loss goals Instant Pot™ Cookbook 101 with step-by-step instructions and useful tips for using this Instant Pot™ cookbook and others! Over 65 Satisfyingly Simple Instant Pot™ Cookbook Recipes requiring only 45 minutes to make from start to finish for most recipes Eliminate the stress of sticking to the ketogenic diet with Urvashi Pitre and The Keto Instant Pot™ Cookbook: the go-to Instant Pot™ cookbook to make keto speedy, easy, and good.

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