

## **Sacred Sex A Spiritual Celebration Of Oneness In Marriage**

The Naked Soul  
The Complete Idiot's Guide to Tantric Sex  
Pagan Portals - Sacred Sex and Magick  
Lesbian Sacred Sexuality  
Sacred Sexuality  
The Secret History of Western Sexual Mysticism  
Sex and Spirit  
Urban Tantra  
The Kingdom Agenda  
The Sacred Sex Rites of Ishtar  
The Encyclopedia of Erotic Wisdom  
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The Sacred and the Profane  
Tao Tantric Arts for Women  
Urban Tantra, Second Edition

### **The Naked Soul**

The Sacred Sex Bible is a comprehensive illustrated guide to sex and spirituality, which looks at historical and cultural currents in sexuality and the influence of both Western and Eastern traditions. From pagan rites to neo-Tantra (Tantra in the West) there are examples of sexual practice and rituals, along with exercises on breathing and visualization as pathways to sacred sex, or blissful union with the divine.

### **The Complete Idiot's Guide to Tantric Sex**

At a moment when "freedom of religion" rhetoric fuels public debate, it is easy to assume that sex and religion have faced each other in pitched battle throughout modern U.S. history. Yet, by tracking the nation's changing religious and sexual landscapes over the twentieth century, this book challenges that zero-sum account of sexuality locked in a struggle with religion. It shows that religion played a central role in the history of sexuality in the United States, shaping sexual politics, communities, and identities. At the same time, sexuality has left lipstick traces on American religious history. From polyamory to pornography, from birth control to the AIDS epidemic, this book follows religious faiths and practices across a range of sacred spaces: rabbinical seminaries, African American missions, Catholic schools, pagan communes, the YWCA, and much more. What emerges is the shared story of religion and sexuality and how both became wedded to American culture and politics. The volume, framed by a provocative introduction by Gillian Frank, Bethany Moreton, and Heather R. White and a compelling afterword by John D'Emilio, features essays by Rebecca T. Alpert and Jacob J. Staub, Rebecca L. Davis, Lynne Gerber, Andrea R. Jain, Kathi Kern, Rachel Kranson, James P. McCartin, Samira K. Mehta, Daniel Rivers, Whitney Strub, Aiko Takeuchi-Demirci, Judith Weisenfeld, and Neil J. Young.

## **Pagan Portals - Sacred Sex and Magick**

Are you a woman who believes in your own beauty? Do you love your sensuality and live it fully? Aphrodite's Magic is a journey into seven aspects of women's sexuality. Enter the Temple of Aphrodite, Goddess of Love and explore the layers of your most private, feminine self. This book will guide you to resolve and heal past trauma, grief and abuse so your sexuality is set free from the past. You will be inspired to honor and celebrate your unique embodiment of the feminine and allow the magic of the Goddess to enter your body with every breath you take. Visualizations and rituals are included to support each step of your journey. Rediscovering seven strands of your sexuality, dancing, journaling and creative processes lead the reader to weave a spell that culminates in a powerful affirmation of self-honoring and sexual embodiment. You can also create your own magical girdle, like the one worn by Aphrodite herself. Aphrodite's Magic will release you from the past and inspire your sexual and spiritual self for the future.

## **Lesbian Sacred Sexuality**

Sacred Pathways reveals nine distinct spiritual temperaments--and their strengths, weaknesses, and tendencies--to help you improve your spiritual life and deepen your personal walk with God. It's time to strip away the frustration of a one-size-fits-all spirituality and discover a path of worship that frees you to be you. Experienced spiritual directors, pastors, and church leaders recognize that all of us engage with God differently, and it's about time we do too. In this updated and expanded edition of Sacred Pathways, Gary Thomas details nine spiritual temperaments and--like the Enneagram and other tools do with personality--encourages you to investigate the ways you most naturally express yourself in your relationship with God. He encourages you to dig into the traits, strengths, and pitfalls in your devotional approach so you can eliminate the barriers that keep you locked into rigid methods of worship and praise. Plus, as you begin to identify and understand your own temperament, you'll soon learn about the temperaments that aren't necessarily "you" but that may help you understand the spiritual tendencies of friends, family, and others around you. Whatever temperament or blend of temperaments best describes you, rest assured it's not by accident. It's by the design of a Creator who knew what he was doing when he made you according to his own unique intentions. If your spiritual walk is not what you'd like it to be, you can change that, starting here. Sacred Pathways will show you the route you were made to travel, marked by growth and filled with the riches of a close walk with God.

## **Sacred Sexuality**

A candid personal narrative of a young woman coming to terms with sexual intimacy in marriage and dealing with her shame, guilt, and fear after being negatively affected by the incomplete message of the Christian purity culture; includes

God's design for sexual intimacy in marriage, journal prompts, and her husband's viewpoint.

### **The Secret History of Western Sexual Mysticism**

This book is about Sovereignty. It's about the superior intelligence and self empowerment which comes from interacting with beings which inhabit a parallel universe to this one - another dimension - from whom man has traditionally gained his wisdom about his place and purpose on Earth and in the cosmos. In ancient times, the ability to tap into this superior wisdom was transmitted to kings and pharaohs by one who was in touch with these extra-dimensional beings or lifeforms, who are also known as the spirits. Sovereignty comes from the spirits of the land, otherwise known as the Fae, the Gentry, the Sidhe or the Faeries. These spirits are like Man, but are of an Elder and wiser race which inhabits a timeless zone within the parallel dimensions. These days, only children can see them, who haven't yet had that perceptivity educated and ridiculed out of them. Shamans and high priestesses in Neolithic times were in touch with these spirits of the land, and so were able to transmit their wisdom to the king or pharaoh in sacred sex rites during his coronation night. This became known as the Sovereignty because it fired up the king's higher brain centres, giving him a superior intelligence and thus the ability and the right to reign. Our ancestors have left us magical keys in their orally passed on myths which, like messages in a bottle, can help us find the way to spark up that wisdom again, in ourselves. As a shaman and mythologist, the author Ishtar Babilu Dingir is regularly in communion with the spirits of the land where she lives in Glastonbury, Somerset. In this book, she has laid out the way for the ordinary person to regain their Sovereignty, which is their birthright, through shamanic sexual practises and also by learning to visit these other dimensions on the inner planes. First, she lays the foundation stone for the teaching by showing the evidence - from ancient Greece, Egypt, Crete, India, Sumer and Babylon - that sacred sex was an integral part of the Kingship rites, and the literary evidence that the spirits were present in the lovemaking. She also explains about our earlier ancestors' understanding about the Faery Marriage, and what she believes is the original meaning of the Holy Graal, tracing it back to the Neanderthals about 45,000 years ago. The reader then learns how to perform shamanic sex themselves, to fire up their own superior intelligence. Finally, Ishtar reveals more about her own relationship with the local spirits of the land, so that others may become inspired to explore their own locality and thus begin their quest towards higher brain development and self-empowerment - to Sovereignty.

### **Sex and Spirit**

God's kingdom isn't just about theology and church. It isn't just a quaint religious idea or an obscure theological concept. It is about a whole new way of seeing the world and your place in it. Tony Evans' legacy work, The Kingdom Agenda offers a fresh and powerful vision that will help you think differently about your life, your relationships, and your walk with God. When you start with a Kingdom agenda, living in relationship with the true King, and embracing your place in His Kingdom,

nothing will ever be the same. In these pages we'll explore how, under God, this kingdom vision: Helps you find greater purpose for your life. Guides your family toward Him. Deepens your understanding of God's use of the church. Changes the way you think about politics, culture, and philosophy. Join Dr. Tony Evans, one of the greatest Bible teachers of our time, as he unfolds this biblical and practical approach to life—an approach that has the power to change people, families, neighborhoods, churches, and even nations. Discover the power of the Kingdom agenda. For more information on this title or others in The Kingdom Agenda Series, go to [www.TheKingdomAgendaBook.com](http://www.TheKingdomAgendaBook.com).

### **Urban Tantra**

Awaken sexual energy for radiant love and empowerment, healing of emotional trauma and chronic conditions, and celebration of each stage of a woman's life • Reveals how to channel sexual energy to experience the 3 kinds of female orgasm, clear trauma, and heal issues related to PMS, menopause, and libido • Details how to perform breast self-massage, jade egg yoga, yoni articulation, and Universal Healing Tao work such as the Inner Smile and Ovarian Breathing • Includes solo and partner practices for conscious energy exchange, intimacy building, unconditional love, and activating your multi-orgasmic potential Through the Taoist tantric arts, women can experience the full flowering of their sexual energy. Rooted in Chinese energy medicine, Universal Healing Tao practices, and ancient Taoist traditions from the Yellow Emperor and his three female advisors, these practices honor and celebrate each stage of a woman's life and allow women to awaken their genuine feminine sexuality--receptive, soft, sensitive, intuitive, and creative--rather than the masculine approach that focuses on strength, endurance, and control. In this comprehensive guide to Taoist tantric arts for women, author Minke de Vos reveals how to channel natural sexual energy to evolve the Divine within and heal deep-rooted negative emotions and traumas related to sexuality. She explores techniques from the Universal Healing Tao system, such as the Inner Smile and Ovarian Breathing, to cleanse the uterus of negative emotions and fill your creative center with compassionate vibrations. She offers sexual energy practices to prevent chronic conditions like cancer, depression, and osteoporosis and heal issues related to PMS, menopause, and libido. She explains how to experience the three different kinds of female orgasm and provides detailed, illustrated instructions for exercises such as breast self-massage for emotional transformation and jade-egg yoni yoga to strengthen the pelvic floor and stimulate inner flexing and articulation. She offers evocative meditations to connect with the Goddess within and embrace the innate sexiness at each stage of life. Including solo and partner practices for conscious energy exchange and intimacy building, Minke de Vos's detailed guide to cultivating female sexual energy allows you to ease the passage through the menstrual cycle, pregnancy, and menopause; harmonize your relationships; and merge your inner male and female energies into wholeness.

### **The Kingdom Agenda**

A stirring evocation of sexuality, connectedness, and Tantric power in prose, poetry, and personal accounts (including writings by Chrystos, Elsa Gitlow, and Sandy Boucher), complemented by duotone photographs.

### **The Sacred Sex Rites of Ishtar**

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. With a juicy mix of erotic how-to and pleasure-centered spiritual wisdom, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to push past their edge in search of the great cosmic orgasm. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, including: The Erotic Awakening Massage • Breath and Energy Orgasms • Twenty-Minute Tantra Evolutionary Selfloving • Sex and Healing • Tantric BDSM No matter what your gender, sexual preference, or erotic tastes, URBAN TANTRA will expand your notions about pleasure and open you up to new heights of intimacy and sexual fulfillment. From the Trade Paperback edition.

### **The Encyclopedia of Erotic Wisdom**

### **Youcat English**

Tim and Sue Muldoon bring a wealth of experience as parents, spiritual guides, and religious educators to a practical book for parents that offers six sacred rules for integrating faith formation into everyday family life. This basic guide to family spirituality not only provides parents with the practical tools they need but also offers the refreshing perspective that faith is not about adding to our to-do lists. Rather, it means doing what we already do with a new attentiveness. Drawing from the treasury of Ignatian spirituality and the breadth of Catholic tradition, the Muldoons present six sacred rules that encourage, stretch, and revitalize family faith—helping parents give their children basic lessons in learning to pray, deepening love, widening faith, and cultivating a spiritual vision of life.

### **Redeemed Sexuality**

"Originally published in a somewhat different form in 2007 by Celestial Arts, an imprint of the Crown Publishing Group"--Copyright page.

## **Devotions and Desires**

Riane Eisler shows us how history has consistently promoted the link between sex and violence—and how we can sever this link and move to a politics of partnership rather than domination in all our relations.

## **Voices from the Ancestors**

Voices from the Ancestors brings together the reflective writings and spiritual practices of Xicanx, Latinx, and Afro-Latinx womxn and male allies in the United States who seek to heal from the historical traumas of colonization by returning to ancestral traditions and knowledge. This wisdom is based on the authors' oral traditions, research, intuitions, and lived experiences—wisdom inspired by, and created from, personal trajectories on the path to spiritual *conocimiento*, or inner spiritual inquiry. This *conocimiento* has reemerged over the last fifty years as efforts to decolonize lives, minds, spirits, and bodies have advanced. Yet this knowledge goes back many generations to the time when the ancestors understood their interconnectedness with each other, with nature, and with the sacred cosmic forces—a time when the human body was a microcosm of the universe. Reclaiming and reconstructing spirituality based on non-Western epistemologies is central to the process of decolonization, particularly in these fraught times. The wisdom offered here appears in a variety of forms—in reflective essays, poetry, prayers, specific guidelines for healing practices, communal rituals, and visual art, all meant to address life transitions and how to live holistically and with a spiritual consciousness for the challenges of the twenty-first century.

## **Sacred Sexual Union**

The members of the Web PATH Center, a pagan church and spiritual community in Lyons, NY, wondered what would happen if they wrote a book about sex. The book needed to be spiritual. It needed to be sexy. It needed to be explicit. Sacred Sex and Magick is the result. The group describes how ordinary ritual practices like grounding and creating a cone of power involve sensuality and rising kundalini energy. They explain how to use that power in making magick happen. Then they share secrets of the Great Rite and how to include the power of the sacred marriage at home. This book is for people who want a spiritual path that involves the physical ecstasy of sex and the dynamics of magick that works. Solitaries, pagan partners and spouses, and people with spirit lovers will all dance with the ecstasy found in this book.

## **God and Sex**

For years, Christians have been told that sex is God's creation, designed by him as a gift to husbands and wives. Yet few

couples actually experience sex as a spiritual, God-ordained experience. Rather than admit their lack of fulfillment, many couples hide their disappointment and confusion, while others attempt to solve the problem through better sexual technique. Unfortunately, all the advice on improved technique fails to explain the one thing that makes sense of it all. Despite the proliferation of resources to enhance sexual satisfaction, couples continue to struggle in their sexual relationship. In fact, author and licensed counselor Tim Gardner estimates that as few as 2 percent of married couples ever experience a truly exciting, energizing, and soul-touching physical bond. But now, that can change. A couple's sexual relationship has a far higher purpose than pleasure or procreation. Scripture makes it clear that sex is the one thing on earth that joins two people into one. Now readers can learn how to approach marital sex in a way that brings the fulfillment of true oneness. Sacred Sex shows how they can experience a beautiful, God-ordained life of intimacy that blesses them far beyond the bedroom walls, serves as an act of worship to God, and touches their hearts and souls in ways they never could have imagined.

### **A Sacred Sex Devotional**

In this updated, fully illustrated second edition, the author uncovers every aspect of this ancient practice, and introduces the principles, techniques, and rituals of Tantra.

### **Sacred Pleasure**

For several decades, Michael Coogan's introductory course on the Old Testament has been a perennial favorite among students at Harvard University. In *God and Sex*, Coogan examines one of the most controversial aspects of the Hebrew Scripture: What the Old Testament really says about sex, and how contemporary understanding of those writings is frequently misunderstood or misrepresented. In the engaging and witty voice generations of students have appreciated, Coogan explores the language and social world of the Bible, showing how much innuendo and euphemism is at play, and illuminating the sexuality of biblical figures as well as God. By doing so, Coogan reveals the immense gap between popular use of Scripture and its original context. *God and Sex* is certain to provoke, entertain, and enlighten readers.

### **Sacred Land, Sacred Sex**

Are you - afraid of sexual pleasure? - suffering from low libido? - sexually abused? - addicted to porn? - emotionally oppressed? - a rape survivor? - recovering from being prostituted? Are you ready to dynamically transform your Sacred Sexual Self? Are you motivated to learn communication skills which honor and respect your intimate self? Are you willing to balance your yin with your yang to maximize your sexual health and well-being? Your Sacred Sexual Self deserves and

desires your loving approval, acceptance, attention, and creative expression. Here is the antidote spiritually for sexual disease, enhancing your true self, your love, and your wholeness. Adam and Dawnee Loya offer affirmations, prayers, creative visualizations, meditations, sexercises, and blissful food to heal your Sacred Sexual Self. These teachings come from Tantric, Taoist, and Toltec traditions for the most part, as well as Tibetan Buddhism. We are inspired by all spiritual teachings which teach love and honoring of Goddess with God, creating balance.

### **Sacred Sexuality**

Explains how readers can approach marital sex as a God-ordained approach to achieving oneness, offering advice on how to attain spiritual fulfillment through better sexual intimacy while realizing sex's higher purpose. Original.

### **Sex Shamans**

A year's worth of sacred and sensual quotations to inspire and renew love's fires. • Spans the world's cultures and religious traditions. • An invaluable resource for couples following the path of Tantric spirituality. What has happened to the language of lovers? Where are the rich, sensual, erotic, and alluring words that can describe our feelings and emotions? For centuries in cultures throughout the world there have been poetic and evocative words used to express the ecstatic feelings that men and women share in that marvelous and mysterious moment of being in love. For people who want to find their way back to that moment, this book contains inspirations that reveal the sacred tradition of ecstasy in love and sexuality. This celebration of love contains a vast and diverse body of writings on sacred sexuality from Aboriginal Australia, Celtic Ireland, India, Japan, and China to ancient Greece and Rome and Renaissance and Enlightenment Europe. This treasure trove exalting the powers of love will kindle the fires of romance and offer playful and profound ways to contact the divine through earthly love.

### **Sacred Sex**

SACRED LAND, SACRED SEX is the only complete manual on deep experiential ecology, written by the movement's first woman advocate. SACRED LAND provides a radical historical perspective on the philosophical & economic roots of Western civilization's divorce from nature. Through cross-cultural anthropological research, SACRED LAND then discusses humanity's original roots in relationship to ecosystems & animals, & in nature as the source of our spiritual & aesthetic consciousness. Finally, SACRED LAND serves as a vital resource for dozens of traditional rituals that can help us to break our alienation from nature, & from each other, in order to move toward committed, fulfilling relationships. SACRED LAND also provides: \* an appendix outlining ten "Skillful Strategies" for rediscovering our original humanity & effecting change at a local level \* a

list of organizational resources \* detailed reference notes \* a selected bibliography \* an in-depth glossary \* a thoroughly cross-referenced index. In addition to its popularity as a guide for reconnecting with our natural heritage, SACRED LAND currently serves as an important text for college courses in environmental ethics, indigenous spiritual traditions, & in natural aesthetics. SACRED LAND, SACRED SEX is now becoming popular as a resource for victims of incest & emotional/alcohol abuse.

### **Sacred Sexual Union**

The first book to reveal the history of Western sexual mysticism • Reveals the secret sexual practices that have been used since ancient Greece to achieve mystical union with God • Details the sects and individuals who transmitted the radical sexual practices that orthodox Christianity never completely silenced • Distinguishes between sexual magic and sexual mysticism Beginning with the ancient Greek Mystery traditions, Gnosticism, and the practices in early Christianity, Arthur Versluis uncovers the secret line of Western sexual mysticism that, like the Tantra of the East, seeks transcendence or union with God through sexual practices. Throughout antiquity, and right into the present day, sexuality has played an important, if largely hidden, role in religious traditions and practices. This includes not only Christian but also kabbalistic and hermetic alchemical currents of sexual mysticism, many discussed together here for the first time. In the Mystery tradition of hieros gamos (sacred marriage) and the Gnostic tradition of spiritual marriage, we see the possibility of divine union in which sexual union is the principal sign or symbol. Key to these practices is the inner or archetypal union of above and below, the intermingling of the revelatory divine world with the mundane earthly one. Versluis shows that these secret currents of sexual mysticism helped fuel the rise of the troubadours and their erotic doctrine, the esoteric teachings of Jacob Böhme in the late 16th century, the 19th-century utopian communities of John Humphrey Noyes and Thomas Lake Harris, the free love movement of the 20th century, and the modern writings of Denis de Rougemont and Alan Watts.

### **Sex in Marriage: From a "Four-Letter Word" to a Holy Act**

Experience the orgasmic rapture of Sacred Union with your Twin Soul and the Divine • Includes practices in sacred sexuality, emotional intimacy, and soul awareness to awaken the Love, Power, and Wisdom of your soul, attract your Twin Soul, and satisfy your soul's longing to reunite with God • Draws on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery schools, and Christ Consciousness • Offers examples of Sacred Union, including Jesus and Mary Magdalene and Rumi and Shams as well as experiences of modern couples Jesus and Mary Magdalene, Rumi and Shams, King Solomon and the Queen of Sheba, Isis and Osiris--in these sacred unions we recognize the merging not only of Twin Souls but also of these lovers with the Divine. In Sacred Sexual Union, Anaiya Sophia shows this Holy Marriage, complete reunification with your Twin Soul and God, is not a secret reserved for the

initiated or a tradition lost to the ages. It is a potent, living spiritual path enabling two beloveds to experience the primordial state of creation as one soul blessed by the Divine Light and Love of their Creator. Drawing on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery Schools, and Christ Consciousness, the author reveals the complete alchemical process of Sacred Union. She provides physical, meditative, and psychological practices that combine sacred sexuality, emotional intimacy, and transparent soul awareness to awaken the magnetic energies of your soul, draw your Twin Soul to you, and, with Twin Souls reunited, experience the passionate rapturous remembrance of becoming one with God. She explores ancient writings and rituals of Sacred Union--known as Hieros Gamos in ancient Sumeria, Sacred Marriage in the Kabbalah, Yab Yum in Tibetan Buddhism, and the Bridal Chamber in Gnostic Christianity--and offers examples of Sacred Union throughout the ages, including experiences from her own spiritual journey. More than a meditative or yogic practice, Sacred Sexual Union offers a transformative spiritual path to embrace the threefold flame of Power, Love, and Wisdom and satisfy your soul's longing for wholeness and reunion with the Divine.

### **Pure Teens**

Sexual brokenness permeates our culture and has found its way into the church. Even though Christians are called to value and celebrate sexuality as sacred and good, it is often a source of fear, shame, or secret sin. But it doesn't have to be that way. Healthy sexuality concerns what we pursue, not just what we avoid, so Redeemed Sexuality invites emerging adults to seek sexual maturity and discipleship in the context of community. As we experience love, joy, and intimacy with God and others, sexual shame and sin lose their power. Integrating theology, psychology, and spiritual formation, participants engage the process of transformation by practicing vulnerability embracing their identity in Christ learning healthy intimacy. Incorporating peer-to-peer leadership, this field-tested small group curriculum is suitable for use in both men's or women's groups. The process is neither linear nor easy, but change is possible because Christ is able. The only question is, Do you want to be healed?

### **Sacred Sexuality**

You Have Been Invited to a Life of Relational and Sexual Fulfillment! War has been declared, and every teen needs a plan of action for living pure on this epic battlefield. Teens today are confronted with a culture of online pornography, chat rooms, sexting, and sex on demand. The enemy attacks the young, hoping to wound and leave them destroyed. But there is hope. Pure Teens is a valuable, practical resource for every Christian teen about relationships and sex—and why they are such a big deal to God. Not one to shy away from edgy topics, John candidly shares:

- the groundbreaking science that explains the addictive power of cybersex
- straight talk about masturbation and pornography
- a battle plan for living porn-free, with sexual integrity
- a positive perspective about sacred sex
- the keys to a lifetime of fulfilling intimacy
- how to live boldly

while honoring God Each of the chapters in Pure Teens will help teens figure out God's roadmap for making decisions about how to honor Him, relationships, and sex. Parents and counselors will also find tested and proven successful steps young people can take to live lives of godly freedom and integrity. "Our teen generation is in an unprecedented sexual battle. Dr. Thorington gives teens biblical truth to help them win this battle." —Douglas Weiss, Ph.D., Executive Director of Heart to Heart Counseling Center "It has been well said, 'not to plan is a plan to fail.' Dr. John Thorington shares an excellent plan of action for your teen to live a sexually pure life in a sexually polluted culture. This book is a great resource for parents to use in healthy conversations with their teens, and will give teens hope for a life of purity by removing their feelings of aloneness on the journey to sexual purity and godly passions." —Dr. Michael Lewis, Executive Director, Pastoral Care and Development, North American Mission Board

### **Sexuality and the Sacred**

#### **Sacred Sex**

20 transformative stories and sexual healing practices from international pioneers in the sexual shamanism movement • Reveals intimate details about how each sex shaman overcame personal struggles with heartache, jealousy, mental illness, or social shame to realize their calling as a sacred sexual healer • Includes 20 in-depth embodiment exercises such as soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling • Includes contributions from 20 diverse voices in the sexual shamanism community, all part of the mystery school ISTA: International School of Temple Arts Drawing on traditional and modern practices, a sex shaman uses the power of erotic energy as a healing medicine. They channel divine love and embrace sexuality freely, practicing polyamory, sexual healing, and even sex magic. They teach tantra, trance dance, kundalini yoga, and other techniques for healing shame, guilt, fear, and sexual trauma. Designed to guide the reader on a journey into their own sacred sexual awakening, this book shares true stories from 20 visionary pioneers in the sexual shamanism movement, all of them associated with the International School of Temple Arts (ISTA), a mystery school that works to illuminate the path of sexual shamanism and heal the split between sex and spirit, release the shame surrounding sexual awakening, and inspire more sexual liberation around the world. The teachers reveal intimate details of their life stories and sexual awakening journeys, showing how, by surrendering to the wisdom of the erotic current of the universe, transformation occurs. Each story is accompanied by an in-depth embodiment exercise with step-by-step instructions, including soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling. Underlying these exercises is the belief that the body is a temple that opens with pleasurable worship so spirit may dwell more fully within. The 20 contributors include Baba Dez Nichols, Bruce Lyon, Crystal Dawn Morris, Dawn Cherie, Deborah Taj Anapol,

Ellie Wilde, Janine Ma-Ree, KamalaDevi McClure, Komala Lyra, Laurie Handlers, Lin Holmquist, Matooka Moonbear, Mia Mor, Ohad Pele Ezrahi, Patrik Olterman, Raffaello Manacorda, Ria Bloom, Sean O'Faolain, Stephanie Phillips, and Stephen SouLove.

### **Heal Your Sacred Sexual Self**

Morality. Relativity. Right and Wrong. The issues we face are complicated and everyone has an opinion. But who has the answer when it comes to sexual issues? Sex dominates our popular culture to a degree we've never seen before and unrestricted sex is being touted as a shortcut to personal fulfillment and satisfaction - but it's a counterfeited and cheapened imitation of the real thing. Respected pastor Tony Evans refuses to let the voice of God be drowned out amidst the clamor of the crowd. Discover what God says in His word regarding why your sexuality is important and why sexual immorality is devastating. Discover how to maintain purity and enjoy true intimacy in marriage - the real fulfillment and satisfaction that God intended.

### **Six Sacred Rules for Families**

Based on a vast diversity of religious and spiritual traditions, this comprehensive exploration of sexuality's spiritual dimensions uncovers deeply hidden messages about sexuality and shows how to incorporate the concepts of Hinduism, Christianity, Judasim, and other philosophies into our lives. Illustrated.

### **Sex, Gender and the Sacred**

Sacred Sexuality: A Manual for Living Bliss Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sexexpanding one's consciousness through sexualityand combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love an excellent overview of the tantric sexual practicesthe first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics.He has worked as a Healer and Counselor to individuals & couples for over 20 years.Michael has also conducted thousands of classes, lectures & workshops throughout the world on

Mastery, Spirituality, Relationships, and Healing. Dr. Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.

### **Sacred Pathways**

A noted historian of religion traces manifestations of the sacred from primitive to modern times, in terms of space, time, nature and the cosmos, and life itself. Index. Translated by Willard Trask.

### **Aphrodite's Magic**

Experience the orgasmic rapture of Sacred Union with your Twin Soul and the Divine • Includes practices in sacred sexuality, emotional intimacy, and soul awareness to awaken the Love, Power, and Wisdom of your soul, attract your Twin Soul, and satisfy your soul's longing to reunite with God • Draws on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery schools, and Christ Consciousness • Offers examples of Sacred Union, including Jesus and Mary Magdalene and Rumi and Shams as well as experiences of modern couples Jesus and Mary Magdalene, Rumi and Shams, King Solomon and the Queen of Sheba, Isis and Osiris--in these sacred unions we recognize the merging not only of Twin Souls but also of these lovers with the Divine. In Sacred Sexual Union, Anaiya Sophia shows this Holy Marriage, complete reunification with your Twin Soul and God, is not a secret reserved for the initiated or a tradition lost to the ages. It is a potent, living spiritual path enabling two beloveds to experience the primordial state of creation as one soul blessed by the Divine Light and Love of their Creator. Drawing on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery Schools, and Christ Consciousness, the author reveals the complete alchemical process of Sacred Union. She provides physical, meditative, and psychological practices that combine sacred sexuality, emotional intimacy, and transparent soul awareness to awaken the magnetic energies of your soul, draw your Twin Soul to you, and, with Twin Souls reunited, experience the passionate rapturous remembrance of becoming one with God. She explores ancient writings and rituals of Sacred Union--known as Hieros Gamos in ancient Sumeria, Sacred Marriage in the Kabbalah, Yab Yum in Tibetan Buddhism, and the Bridal Chamber in Gnostic Christianity--and offers examples of Sacred Union throughout the ages, including experiences from her own spiritual journey. More than a meditative or yogic practice, Sacred Sexual Union offers a transformative spiritual path to embrace the threefold flame of Power, Love, and Wisdom and satisfy your soul's longing for wholeness and reunion with the Divine.

### **Urban Tantra**

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra.

Celebrating the 10th anniversary of Urban Tantra, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers. With a juicy mix of erotic how-to and heart-centered spiritual wisdom, this updated edition includes a brand-new introduction, up-to-date references and resources, a new take on the possibilities and responsibilities of Tantra in today's world, plus new and cutting-edge information to reach an expanded community—added information on multi-partner play, more intersections for Tantra and BDSM, practices for asexuals and aromantics, expanded practices for trans and gender nonconforming people, and more. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, no matter one's gender, sexual preference, or erotic tastes. Urban Tantra expands the notions of pleasure and opens new heights of intimacy and sexual fulfillment.

### **Sacred Sex**

Go ahead. Leave your loneliness behind. We all want to matter to someone, but the risks of relationship can seem far too great. It's easier to just keep our distance. We fear embarrassment, misunderstandings, and even rejection, so we silently endure our loneliness. We work on trying to be nice—rather than being real—hoping that others will like us. Or we might simply give in to the path of least resistance—the life of hurry, impatience, and fatigue—which feels familiar and safe. We pay a terrible price to avoid authentic relationships. It's time to stop denying your deepest longing—the desire to be known and loved. The Naked Soul shows you how to know and accept others, and how to be known and accepted by others. You can exchange the familiar but deadly territory of loneliness for the exhilaration of giving and receiving love. You don't have to hide any longer. Break free from loneliness, be the person God created you to be, and start living a life that matters.

### **The Sacred Sex Bible**

YOUCAT is short for Youth Catechism of the Catholic Church, which is the official catechism for World Youth Day. Written for high-school age people and young adults, YOUCAT is an accessible, contemporary expression of the Catholic Faith. The popular format includes Questions-and-Answers, highly-readable commentary, margin pictures and illustrations, summary definitions of key terms, Bible citations, and quotes from the Saints and other great teachers. What's more, YOUCAT is keyed to the Catechism of the Catholic Faith, so people can go deeper. It explains: What Catholics believe (doctrine) How they celebrate the mysteries of the faith (sacraments) How Catholics are to live (moral life) How they should pray (prayer and spirituality) The questions are direct and honest, even at times tough; the answers straightforward, relevant, and compelling. After the Bible, YOUCAT will likely become the go-to place for young people to learn the truth about the Catholic faith. Pope Benedict XVI wrote the foreword; Cardinal Christoph Schoenborn, the editor of YOUCAT and the Archbishop of

Vienna, Austria, wrote the afterword.

### **The Sacred and the Profane**

Sex, Gender and the Sacred presents a multi-faith, multi-disciplinary collection of essays that explore the interlocking narratives of religion and gender encompassing 4,000 years of history. Contains readings relating to sex and religion that encompass 4,000 years of gender history. Features new research in religion and gender across diverse cultures, periods, and religious traditions. Presents multi-faith and multi-disciplinary perspectives with significant comparative potential. Offers original theories and concepts relating to gender, religion, and sexuality. Includes innovative interpretations of the connections between visual, verbal, and material aspects of particular religious traditions.

### **Tao Tantric Arts for Women**

A historical, cross-cultural survey of sexuality as a sacred spiritual practice • Examines sacred sexuality in the world's religious and mystery traditions • Explores contemporary "sexual stress syndrome" resulting from the absence of the sacred in sexual practice • Reveals how to find the sacred in the ordinary. This book examines the history of sexuality as a sacramental act. In spite of our culture's recent sexual liberalizations, sexual intimacy often remains unfulfilling. Georg Feuerstein instructs that the fulfillment we long for in our sex lives can only be attained once we have explored the spiritual depths of our erotic natures. Feuerstein delves into a wide variety of spiritual traditions--including Christianity, Judaism, goddess worship, Taoism, and Hinduism--in search of sacred truths regarding sexuality. He reveals that all of these great teachings share the hidden message that spirituality is, in essence, erotic and that sexuality is inherently spiritual. From the erotic cult of the Great Mother and the archaic ritual of hieros gamos (sacred marriage) to the institution of sacred prostitution and the erotic spirituality practiced in the mystery traditions, Feuerstein offers a wealth of historical practices and perspectives that serve as the bases for a positive sexual spirituality suited to our contemporary needs.

### **Urban Tantra, Second Edition**

"Challenges seminarians, clergy, and other religious leaders with provocative essays by leading theologians. Destined to be core reading at seminaries as we prepare the next generation of sexually healthy and responsible clergy."—Rev. Debra W. Haffner, Executive Director of the Religious Institute and coauthor of *Religion and Sexuality 2020: Goals for the Next Decade* "Gives much-needed breadth and depth to the discussion of human sexuality and religion."—Traci C. West, Professor of Ethics and African American Studies, Drew University, and author of *Disruptive Christian Ethics* "The topics are timely and important, and the scholarship assembled speaks from and to diverse social locations."—Ellen T. Armour, Director of the

## Read Book Sacred Sex A Spiritual Celebration Of Oneness In Marriage

Carpenter Program in Religion, Gender, and Sexuality Studies, Vanderbilt Divinity School "An important book to know," ùEmilie Townes, Andrew W. Mellon Professor of African American Religion and Theology, Yale Divinity School This updated and expanded anthology featuring approximately thirty contemporary essays includes a wonderfully diverse group of theologians and ethicists addressing issues such as the intersection of race/racism and sexuality, transgender identity, same-sex marriage, and reproductive health. The result is an authoritative selection of essential readings about sexuality, spirituality, and social justice. Marvin M. Ellison teaches Christian ethics at Bangor Theological Seminary in Maine and is the author of *Erotic Justice: A Liberating Ethic of Sexuality* and *Same-Sex Marriage: A Christian Ethical Analysis*. Kelly Brown Douglas is the Elizabeth Conolly Todd Distinguished Professor of Religion at Goucher College, Baltimore, Maryland. She is the author of *Sexuality and the Black Church: A Womanist Perspective*.

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