

File Type PDF Smart But Scattered The  
Revolutionary Executive Skills Approach To  
Helping Kids Reach Their Potential

# Smart But Scattered The Revolutionary Executive Skills Approach To Helping Kids Reach Their Potential

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## Ungava

QUOTES FROM THE JEWS "I say the word " Anti-  
Semite" is vulgar and pedantic: that I think will be

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universally admitted. It is also nonsensical. The antagonism to the Jews has nothing to do with any supposed "Semitic" race which probably does not exist any more than do many other modern hypothetical abstractions, and which, anyhow, does not come into the matter. The Anti-Semite is not a man who hates the modern Arabs or the ancient Carthaginians. He is a man who hates Jews."

## **Dance of the Incumbent**

Vote the Incumbent out

## **The Reluctant Rancher**

Luke Tanner was a hard man with a painful past. It seemed as if every single citizen of Fiddler Creek wanted something from the wealthy rancher. He'd learned early on not many cared to see past his looks and sour attitude and discover the man beneath. So when the generously curved Mary Carter hit him up for a loan to save her fledgling business, he made her a short-term proposition she couldn't refuse. Only the more time the reluctant rancher spends with the lovely Mary, the more he starts to think about a long-term relationship. Mary Carter had fantasized about Luke Tanner since her first glimpse of the veritable mountain of a man with a perpetual scowl. She'd never been brave enough to approach him until circumstances forces her to seek his help. The Reluctant Rancher is the story of two individuals who have never experienced the soul stirring passion of true love-until they find each other. If you like Diana

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Palmer, Linda Howard, Leanne Banks, Angela Verdenius, you'll love Joann Baker and Patricia Mason

## **Zompoc Survivor**

Organizing the Disorganized Child explains: How to solve the messy-backpack problem (page 28). Step-by-step tips to help your child improve study skills (page 96). Which school supplies work best for different types of children (page 26). Methods for note taking (page 99). Techniques for time management (page 72). Strategies to refine morning and nighttime routines that will help the entire family (page 128).

## **Amygdala: A Tale of the Greek Revolution**

The Alplai have lived in peace and prosperity for centuries, spreading beyond their homeworld's single continent into floating cities on its vast oceans, and colonizing the planets and moons of their solar system. Now, a massive alien vessel has come, carrying over a million colonists in cryogenic stasis from a devastated world. Ganak, the recently appointed Commissioner for Space Exploration, advocates that the Terai be allowed to settle in the newly prepared Eastern Sector of the planet Totrana. The proposal is approved, and the avian-descended Alplai work with this strange mammalian species to help them build a new home. But not all the Alplai welcome these creatures. Many are concerned about their warlike past, and when a new disease erupts on

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Totrana, the aliens are quickly blamed. Despite their contributions, the Terai face discrimination and harassment. How far can Ganak use his influence to help, and what leaders will emerge amongst them as they strive to build a new life?

## **Smart But Scattered**

### **But I'm Not a Boy**

Are you sick of nagging your child to write down homework assignments? Is his or her backpack a black hole that eats up papers, books, and gym clothes? Organizational skills problems aren't just frustrating--they get in the way of school success and wreak havoc at home. Fortunately, help is at hand. This unique resource stands out from other books because it is based on a scientifically tested program that works. Learn how you can teach your 7- to 13-year-old specific skills to: \*Organize school materials and toys. \*Track assignments. \*Improve time management and planning. \*Overcome brain "Glitches"--mischievous creatures that trip kids up. \*Create and follow effective routines. Concrete examples, tips for strategically using praise and rewards, and practical tools (you can download and print additional copies as needed) help you implement each step of the program. Maximizing your kid's potential starts now--here's how. Mental health professionals, see also the related intervention manual from Gallagher et al., *Organizational Skills Training for Children with ADHD: An Empirically*

## **He Walks with Dragons**

Shayla had no idea her life would turn out like it did. She had two kids, independent, a college degree, owns a Top Business Consulting firm in Buckhead, Atlanta and a Non-profit organization for the community, but in the midst of it all she was Trapped. Trapped in love, hate, lust and PAIN!! She had a natural body that these women would die for, her personality made her beautiful, her presence was unreal and she had a smile that would lighten up your darkest days. Shayla wasn't your average chick she was street and book smart, but had one problem men was her weakness. She picked the men she had the weakness for. Shayla was living a triple life and the walls were starting to close in on her fast.. Shayla was focused on her businesses, but on the flip side enjoyed herself, She never meant to hurt anyone feelings, so she tried to be as upfront as possible when they would ask, which was never so, she never offered the information. She is about to go for the ride of her life, she's a street girl by nature, maybe she can get herself out it. Her best friend Kisha is by her side to support her until Shayla finds out her secret. Shayla is into deep.

## **Under Western Eyes**

My intentions were never to be a "baby mama." I knew for sure that I'd have a college degree, a house, and a career, and a husband before I brought a life

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into this world. That was the reason I studied so hard in school, didn't hang out with the popular kids, and didn't rebel against my parents. When I turned 17 years old and became the Valedictorian of my class, I knew I was on the right track. I was ready to go to college and embark on my journey towards becoming a corporate lawyer. Never in a million years did I think that by the time I was eighteen years old, I would be pushing out a baby. Never did I think my life could change so drastically. I had no degree, no career, no house, and no husband; but I had a daughter. I still remember the night everything changed between us. Or maybe things had already changed, and it was the first time I noticed it. I know for sure that it was the first time I had ever accepted the fact that I was truly just a "baby mama" and Flip had no real plans of making me his wife. I remember feeling so many emotions that night. I was hurt, angry, confused, disappointed, and betrayed. But I was still very much in love. I loved him too much to hate him so quickly, so I resented him and I hated myself for being so naiive. It didn't take long for that resentment to magnify because once the truth is out, you begin to connect the dots to every lie you've ever been fed and it makes you wonder if any of it was ever real. The moment you lose respect for someone, everything changes. The love is still there, but it's not the same. You become guarded, you become defensive, and sometimes you just want to hurt them the way they hurt you. That's when they start to call you bitter. I never pictured myself becoming a bitter baby mama, but you know what? Maybe they're right. Maybe I am bitter but I feel like I have every damn right to be. This is my story.

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## **Smart but Scattered--and Stalled**

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive skills, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students' needs. From leading experts, the book provides detailed guidelines for incorporating coaching into a response-to-intervention framework, identifying students who can benefit, conducting each session, and monitoring progress. Special topics include how to implement a classwide peer coaching program. More than three dozen reproducible assessment tools, forms, and handouts are featured; the large-size format and lay-flat binding facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman. See also the authors' *Work-Smart Academic Planner: Write It Down, Get It Done*, designed for middle and high school students to use in conjunction with coaching, plus the authoritative *Executive Skills in Children and Adolescents, Second Edition*. Also from Dawson and Guare: *Smart but Scattered* parenting guides and a self-help guide for adults.

## **Smart But Scattered Teens**

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Back in 2014, the year of the original LieDeck Revolution, humanity couldn't cope with reality as laid bare by the infallible lie detector. To avoid total chaos, a coup transforms the UN into a military world government called the World Democratic Authority (WDA), and only WDA agents are allowed to use LieDecks, for policing purposes. In 2033, there emerges a widespread demand for the democratization of the military world government and public access to the LieDeck device. The opposition is led by "Evolution," a social movement that has involved hundreds of millions throughout the world in a new way of living—a new way of being, really. Their new "consciousness" is accomplished by never lying, which is in turn achieved by pretending that their spoken words are being openly checked by the banned LieDeck device. One WDA agent, Lilly Petrosian, is chosen by her superiors to live in and LieDeck-monitor an Evolutionary "clan" named Victor-E, and finds herself caught between these two worlds.

## **The Everything Parent's Guide to Children with Executive Functioning Disorder**

Presents advice for parents of children who lack basic "executive skills," providing strategies to help children become organized, increase concentration, follow instructions, be persistent, and complete homework and chores on time.

## **Organizing the Disorganized Child**

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## **Coaching Students with Executive Skills Deficits**

The groundbreaking, nationally recognized Next Chapter Book Club (NCBC) provides rewarding learning and social opportunities for hundreds of people with intellectual disabilities. This new guide shows you how to use the innovative NCBC model to set up a successful book club where members read aloud together, improve literacy or read for the first

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time, and make lasting friendships as they discuss books every week at their local coffee shop or bookstore. Developed in 2002 by Tom Fish and his colleagues at The Ohio State University Nisonger Center, the NCBC program now boasts more than 100 clubs. The authors share their experience, providing the practical, nuts and bolts steps you need to take to get a book club up and running. Clubs include five to eight members all ages and literacy levels are welcome -- and discussion is facilitated by two trained volunteers. Much like other book clubs, NCBC members choose how they want to structure their club and which books they want to read. This book covers all aspects of sponsoring, organizing and implementing a book club in any community. Facilitators get title suggestions, learn how to manage their group, use strategies to initiate or improve reading skills, and encourage social interaction. NCBC also provides ongoing training and support to facilitators. A handy CR-rom included in the book provides several dozen key forms and templates, such as Member and Facilitator Intake Forms; End-of-Book Survey, and Scale of Literary Skills. The enrichment of the NCBC experience continues to exceed the expectations of everyone involved; no club has every disbanded! In addition to improving their reading skills and making friends, participants become connected to their community because they go regularly to a social meeting place where all kinds of people gather. Dont wait to set-up a book club in your neighborhood The Next Chapter Book Club tells you how. Its easy and fun. Teachers, parents, social service providers and prospective members will want a copy.

# File Type PDF Smart But Scattered The Revolutionary Executive Skills Approach To Helping Kids Reach Their Potential **Too Many Teddies**

In this breakthrough guide to understanding, treating, and healing Attention Deficit Disorder, Dr. Gabor Maté, an adult with ADD and the father of three ADD children, shared the latest information on:

- The external factors that trigger ADD
- How to create an environment that promotes health and healing
- Ritalin and other drugs
- ADD adults ...and much more

Attention Deficit Disorder (ADD) has quickly become a controversial topic in recent years. Whereas other books on the subject describe the condition as inherited, Dr. Maté believes that our social and emotional environments play a key role in both the cause of and cure for this condition. In *Scattered*, he describes the painful realities of ADD and its effect on children as well as on career and social paths in adults. While acknowledging that genetics may indeed play a part in predisposing a person toward ADD, Dr. Maté moves beyond that to focus on the things we can control: changes in environment, family dynamics, and parenting choices. He draws heavily on his own experience with the disorder, as both an ADD sufferer and the parent of three diagnosed children. Providing a thorough overview of ADD and its treatments, *Scattered* is essential and life-changing reading for the millions of ADD sufferers in North America today.

## **The LieDeck Revolution - the Sequel**

The Diary of a Nobody is an English comic novel that records the daily events in the lives of a London clerk,

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Charles Pooter, his wife Carrie, his son Lupin, and numerous friends and acquaintances over a period of 15 months.

## **Executive Skills in Children and Adolescents, Third Edition**

There's nothing more frustrating than watching your bright, talented son or daughter struggle with everyday tasks like finishing homework, putting away toys, or following instructions at school. Your "smart but scattered" 4- to 13-year-old might also have trouble coping with disappointment or managing anger. Drs. Peg Dawson and Richard Guare have great news: there's a lot you can do to help. The latest research in child development shows that many kids who have the brain and heart to succeed lack or lag behind in crucial "executive skills"--the fundamental habits of mind required for getting organized, staying focused, and controlling impulses and emotions. Learn easy-to-follow steps to identify your child's strengths and weaknesses, use activities and techniques proven to boost specific skills, and problem-solve daily routines. Helpful worksheets and forms can be downloaded and printed in a convenient 8 1/2" x 11" size. Small changes can add up to big improvements--this empowering book shows how. See also the authors' Smart but Scattered Teens and their self-help guide for adults. Plus, an academic planner for middle and high school students and related titles for professionals.

## **The Organized Child**

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So You Think You're Smart is an eclectic collection of word games, riddles and logic puzzles to tantalize, tease and boggle the brains of readers of all ages and educational levels. The brain teasers are about ordinary words and things that everybody knows about so only common sense and a bit of resourcefulness are needed to solve them. The book is in its 17th printing and has appeared on Saturday Night Live.

### **2087**

Uses key principles from the business world to help teens get organized, stay focused, and control their impulses.

### **Lamikorda**

Where's Stephanie? is about a grandmother's hope to be reunited with her granddaughter, who was given up for adoption. When her granddaughter Stephanie was born, Anna Weber got to hold her before saying goodbye. Longing to see her granddaughter again, she placed clues in unlikely places, including a letter in Stephanie's Social Services file, hoping that one day, by some miracle, Stephanie would follow the clues and find her. Based on actual events, this inspirational novel follows Anna on a long journey about loss, separation, and the power of redemption. Realizing others are facing similar situations, Livingston provides readers with a list of adoption groups that can help in search for surrendered family members.

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"He Walks with Dragons" takes place when what was, what is, and what shall be were one in the same. Draig, a boy on the verge of his manhood, is summoned to the majestic mountain by the Great Ones. There he finds out he is about to transcend the ages and risk his life to prevent the destruction of mankind. Born into the naïve innocence of ancient man, Draig lives a simple pastoral existence in a quiet, small village. But one day he is flung on a magical journey into a forbidden new world. There, Draconos, a dragon, befriends the boy, training him in the art of warfare. From this day forward, the young boy finds himself in awe at the wonders the world holds for him. Not only has Draig become a man, but he is living like a dragon and learning their mystical powers. "From the time Man first crawled upon this earth...we found him worthy to take his rightful place among the creatures that walk upon the earth. While hiding in the shadows, we have protected him. We have nurtured him all these many ages. But now man grows in great numbers and makes war on everything he sees." And when the time comes, will Draig be willing to lay down his life for the sake of saving the dragons? And when the dragons are gone, where will he go? He is no longer just a man.

## **Turtle Island**

Tim Euston was willing to risk his life for his nation's independence and his opportunity came when a murder led him into a dangerous involvement with

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smugglers and spies. It was 1777, the end of the second year of the American Revolution, and the town of Yonkers was on the Neutral Ground - the no man's land that separated the British on Manhattan Island from the Americans to the north. On a cold January night, Tim Euston was thrown in jail - accused of robbery by the man who had his hands on Tim's fourteen-year-old sister, Sadie. Two days later the only adult who could testify to Tim's innocence was found dead. Testimonies of friends were enough to get Tim out of jail but the father of one of these boys was wrongfully convicted. Who was the real killer? Those with motives had alibis, and many just did not care. Both the man killed and the man punished were poor and powerless. But Tim Euston cared. They were his friends. Tim wanted justice and he would keep looking until the real killer was identified.

### **I'm Trapped**

Presents advice for parents of children who lack basic "executive skills," providing strategies to help children become organized, increase concentration, follow instructions, be persistent, and complete homework and chores on time.

### **Ten Days that Shook the World**

"This book is a slice of intensified history—history as I saw it." So begins John Reed's first-hand account of the Bolshevik Revolution of 1917. Much anticipated when it was published in 1919, Reed's narrative remains as riveting today as when the events he

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describes were still reverberating throughout the world. Reed was hardly a disinterested observer, and his involvement in the Communist labor movement lends urgency and passion to his classic account. He vividly describes events in Petrograd in November 1917, when Vladimir Lenin and the Bolsheviks stormed the Winter Palace and seized the reins of power. Despite Reed's personal leanings, which he made no attempt to hide, the book garnered praise from luminaries across the political spectrum. George F. Kennan, the American diplomat, and father of the policy of Soviet containment, said that "Reed's account of the events of that time rises above every other contemporary record for its literary power, its penetration, its command of detail. It will be remembered when all others are forgotten." Reed was committed to telling the story of the Russian revolution as truthfully as possible. That the book was banned by Russian premier Josef Stalin is a testament to the author's success in carrying out his mission. One hundred years after Russia and the world trembled, *Ten Days that Shook the World* brings alive the momentous events of 1917.

### **Smart but Scattered**

David has a big problem; she is really a girl named Sarah. But nobody knows and everyone assumes she is a boy. When her parents ask why she is so sad, is she brave enough to tell them the truth?

### **Where's Stephanie?**

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Through Mama's severe case of hyperemesis gravidarum Little Bunny learns perseverance and hope.

## **Constructed**

From executive skills experts Peg Dawson and Richard Guare, this large-format academic planner is specially designed for students in grades 6-12. It provides a system for keeping track of assignments and due dates while developing the crucial executive skills needed to succeed in school and beyond. Students are guided to build a daily study plan, manage their time, set short- and long-term goals, study for tests, and record their successes. They also get tools for evaluating their own executive skills in order to target their weaknesses and capitalize on strengths.

## **The Jews**

Many tens of thousands of school practitioners and teachers (K-12) have benefited from the step-by-step guidelines and practical tools in this influential go-to resource, now revised and expanded with six new chapters. The third edition presents effective ways to assess students' strengths and weaknesses, create supportive instructional environments, and promote specific skills, such as organization, time management, sustained attention, and emotional control. Strategies for individualized and classwide intervention are illustrated with vivid examples and sample scripts. In a large-size format with lay-flat

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binding for easy photocopying, the book includes 38 reproducible forms and handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition \*Chapter with guidance and caveats for developing individual education programs (IEPs), 504 Plans, and multi-tiered systems of support (MTSS). \*Chapters on working with students with attention-deficit/hyperactivity disorder (ADHD) and autism spectrum disorder. \*Three guest-authored chapters describing exemplary schoolwide applications. \*More student centered--provides a template for involving children in intervention decision making. \*Fully updated with the latest developments in the field. This book is in The Guilford Practical Intervention in the Schools Series, edited by T. Chris Riley-Tillman.

### **Tim Curious**

DIVPolitical turmoil convulses 19th-century Russia as an assassination, government intrigue, and betrayal force a young student to come to terms with accountability and human integrity. /div

### **Mama Has Hyperemesis Gravidarum (But Only for a While)**

Sixteen-year-old Max and 10-year-old Tessa were fully prepared for another horrible summer vacation. While they always hoped to go somewhere fun like Disney World or Universal Studios, they usually went somewhere weird and cheap that their father, former boy bander Don Masters, found in an ad in a truck

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stop coupon magazine. But this year was different. Where they went couldn't be found on any map or in any truck stop coupon book. They passed through a portal to a place called Turtle Island, an alternate version of America that diverged from our history before the pilgrims landed at Plymouth Rock. It was there where they met world famous action movie star Jordie Paine -- star of such films as I Plan to Kill You Now and the sequel, I Plan to Kill You Now, Too, the ninja film, Chuck Butcher: Sword Wielding Jackal, as well as the light-hearted romp, Harry Hinklehoffer and the Giant Dancing Toad of East Nebraska -- who would be their guide in this strange new world. Jordie, they later learned, brought the Masters family to Turtle Island for a very specific reason. Because they look just like the ruthless first family of Turtle Island, the Masters are pawns in a coup to overthrow the dictator. But things don't go as planned and the Masters wind up in the Survival Games, Turtle Island's national pastime/system of justice where criminals competitors, or crimpetitors, compete for their freedom. In this scifi comedy, the stakes are very simple -- if they win, they rule, if they lose, they must suffer the consequences.

### **So You Think You're Smart**

A ground-breaking book on the needs and issues of girls with attentional problems: why they are often undiagnosed, how they are different from boys, and what their special needs are in school, in their social world and at home. Age-related checklists from pre-school to high school help parents and professionals

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better identify and help girls with AD/HD.

## **The Smart But Scattered Guide to Success**

Whether you're a young adult who is stalled on the journey to independence--or a concerned parent still sharing the family nest--this compassionate book is for you. Providing a fresh perspective on the causes of failure to launch, the expert authors present a 10-step plan that helps grown kids and parents work together to achieve liftoff. Learn why brain-based executive skills such as planning, organization, and time management are so important to success, and what you can do to strengthen them. You get downloadable practical tools for figuring out what areas to target, building skills, identifying a desired career path, and making a customized action plan. Vivid stories of other families navigating the same challenges (including father and son Richard and Colin Guare) reveal what kind of parental support is productive--and when to let go.

### **Agafya**

"Meeting a huge demand, Peg Dawson and Richard Guare (authors of the bestselling Smart but Scattered books focusing on kids and teens) now provide a state of the art resource specifically geared to adults. Drs. Dawson and Guare offer expert guidance for boosting executive skills--the core brain based abilities needed to get more done with less stress. Readers will be drawn in by realistic examples, self quizzes, and

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science based tools for strengthening time management, organization, emotional control, and more. And what you can't change, you can work around! The book is packed with simple yet effective strategies for maintaining focus, conquering clutter, staying on top of work demands, and taming the chaos of family life. Numerous worksheets and forms (which purchasers can download and print in a convenient 8

### **Late, Lost and Unprepared**

Agafya is a short story by Anton Pavlovich Chekhov detailing a late night encounter between an intelligent but lazy village dropout and the peasant wife of a signalman. Anton Pavlovich Chekhov, (29 January 1860 - 15 July 1904) was a Russian physician, dramaturge and author who is considered to be among the greatest writers of short stories in history. His career as a dramatist produced four classics and his best short stories are held in high esteem by writers and critics. Chekhov practised as a medical doctor throughout most of his literary career: "Medicine is my lawful wife", he once said, "and literature is my mistress." Chekhov renounced the theatre after the disastrous reception of *The Seagull* in 1896, but the play was revived to acclaim in 1898 by Constantin Stanislavski's Moscow Art Theatre, which subsequently also produced Chekhov's *Uncle Vanya* and premiered his last two plays, *Three Sisters* and *The Cherry Orchard*. These four works present a challenge to the acting ensemble as well as to audiences, because in place of conventional action

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Chekhov offers a "theatre of mood" and a "submerged life in the text." Chekhov had at first written stories only for financial gain, but as his artistic ambition grew, he made formal innovations which have influenced the evolution of the modern short story. His originality consists in an early use of the stream-of-consciousness technique, later adopted by James Joyce and other modernists, combined with a disavowal of the moral finality of traditional story structure. He made no apologies for the difficulties this posed to readers, insisting that the role of an artist was to ask questions, not to answer them. Always modest, Chekhov could hardly have imagined the extent of his posthumous reputation. The ovations for the play, *The Cherry Orchard*, in the year of his death showed him how high he had risen in the affection of the Russian public-by then he was second in literary celebrity only to Tolstoy, who outlived him by six years-but after his death, Chekhov's fame soon spread further afield. Constance Garnett's translations won him an English-language readership and the admiration of writers such as James Joyce, Virginia Woolf, and Katherine Mansfield. The issues surrounding the close similarities between Mansfield's 1910 story "The Child Who Was Tired" and Chekhov's "Sleepy" are summarised in William H. New's *Reading Mansfield and Metaphors of Reform*. The Russian critic D.S. Mirsky, who lived in England, explained Chekhov's popularity in that country by his "unusually complete rejection of what we may call the heroic values." In Russia itself, Chekhov's drama fell out of fashion after the revolution but was later adapted to the Soviet agenda, with the character Lopakhin, for example, reinvented as a hero of the new order,

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taking an axe to the cherry orchard. One of the first non-Russians to praise Chekhov's plays was George Bernard Shaw, who subtitled his Heartbreak House "A Fantasia in the Russian Manner on English Themes" and noted similarities between the predicament of the British landed class and that of their Russian counterparts as depicted by Chekhov: "the same nice people, the same utter futility."

## **Understanding Girls with AD/HD**

The vital skills children need to achieve their full potential! Being organized. Staying focused. Controlling impulses and emotions. These are some of the basic executive functioning (EF) skills children need to function and succeed as they grow. But what can you do if your child is struggling with one or all of these skills? With this hands-on guide, you'll learn what EF difficulties look like and how you can help your child overcome these challenges. Psychologist Rebecca Branstetter teaches you how to help improve the executive functions, including: Task initiation Response inhibition Focus Time management Working memory Flexibility Self-regulation Completing tasks Organization With checklists to help enforce skills and improve organization, The Everything Parent's Guide to Children with Executive Functioning Disorder is your step-by-step handbook for helping your child concentrate, learn, and thrive!

## **Smart But Scattered**

A new approach to help kids with ADHD and LD

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succeed in and outside the classroom This groundbreaking book addresses the consequences of the unabated stress associated with Learning disabilities and ADHD and the toxic, deleterious impact of this stress on kids' academic learning, social skills, behavior, and efficient brain functioning. Schultz draws upon three decades of work as a neuropsychologist, teacher educator, and school consultant to address this gap. This book can help change the way parents and teachers think about why kids with LD and ADHD find school and homework so toxic. It will also offer an abundant supply of practical, understandable strategies that have been shown to reduce stress at school and at home. Offers a new way to look at why kids with ADHD/LD struggle at school Provides effective strategies to reduce stress in kids with ADHD and LD Includes helpful rating scales, checklists, and printable charts to use at school and home This important resource is written by a faculty member of Harvard Medical School in the Department of Psychiatry and former classroom teacher.

### **Bitter**

Dave Stewart has survived the inferno of Kansas City and come out the other side. To the rest of the world his fate is uncertain, and by now even Agent Keyes knows better than to assume he's dead. As Keyes and his rogue DHS agents continue their search for him, Dave knows that Plan A, as usual, won't work. His only chance is to keep moving until he can find a safe way to make contact with Nate Reid and figure out his

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next move. As Dave's odyssey across a zombie infested America continues, he encounters the best and the worst in his fellow survivors. He will find new allies, learn more about the true nature of the Asura virus, and his role in even bigger designs than he ever imagined. But, in a land filled with enemies both living and dead, is all the skill, wit and courage in the world enough to help him survive? Or will this be Dave Stewart's last journey?

### **The Diary of a Nobody**

Too Many Teddies tells the story of Trixie, a little girl who has accumulated way too many stuffed toys. Even though Trixie loves all her teddies, she has to admit that things have gotten way out of hand, especially when she's crowded out of her own bed. The solution that Trixie and her mother come up with certainly isn't easy for a girl who is attached to her toys, but in the end, Trixie learns the value of giving and makes a whole bunch of new friends. A fun-to-read story that incorporates themes of philanthropy and generosity and also promotes the value of a less-cluttered living space, Too Many Teddies will win your heart.

### **Nowhere to Hide**

In the year 2087, life happens fast. Ben Zieglar, the main character and protagonist, is a product of this situation. Ben is a manager for Benevolence Corporation (B Corp.). B Corp is one of three main corporations in The Country (formerly the USA but

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referred to throughout the novel as The Country). The Country has cut itself off from the world and has fallen behind quite a ways in relation to the other powers of the world. At the corporations and throughout society, there are 3 levels of people. The highest levels are the Founders, who have acquired massive wealth and for the general advancement of mankind, control society. This is a small percent of people in The Country, less than even 0.1% of the people. On his walk home, Ben sees a lovely dark haired tan woman with Greenish-Blue Eyes. Ben doesn't talk to her and instead goes home. He then falls asleep and goes to work the next day. There at work, Ben meets his newest co-worker Jessica and they immediately hit it off. Then, the number 2 at B corp., Jonathan Vilheim II(2), is introduced into the novel. His uncle Jonathan, the first, is the current CEO. But Vilheim 2 is starting to run the entity and was instrumental in bringing Jessica into town. Vilheim 2 is the antagonist although at first it is unclear whether he is good or evil. Ben's best friend and co-worker Wally Elmore is introduced to the novel. Wally is a Founder himself and is a good friend to Ben. Wally is a little eccentric in his dress and only wears old style Vintage tuxedos. Wally has a twin brother Thomas, who is 5 minutes older than Wally. Thomas is the head of F corp. (Faction) and makes his way to town for the annual Elmore party. Wally and Thomas' relationship is strained because Thomas is a rebel and does not participate in the society of Ultra City (B Corp.) or Los Angeles (M corp.). Thomas, however, is quite smart, and due to his power, the technologically advanced societies must deal with him. Thomas meets Ben and believes he can turn Ben to the

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Faction. Next, a series of events is set off that threatens to unravel the delicate balance of society in the Year 2087.

## **The Work-Smart Academic Planner, Revised Edition**

Readers will feel they know someone just like the characters in this timely novel on social status and social media. Steen Sand, CEO of Stensure Networks, is the head honcho at an IT firm that's developed an Internet service to monitor, compute, and publish people's social status. His chief operating officer, Irene Lund, serves as his muse. He needs her to be part of his world, or he can't achieve anything of significance. But does she feel the same? Chief financial officer, Michael Jensen, is a hard-core pessimist who has learned the hard way not to speak up against the status quo, in spite of his natural inclination to do so. Jensen's a numbers guy. He relates to spreadsheets better than he does to people. Will this cost him in the end? Louise Hald, chief marketing officer, joined Stensure's management team after leaving her post as an assistant professor at a business school. She's beginning to wonder if she'll ever move past the "assistant" part in the eyes of her coworkers. What can she do to ensure she gets ahead? And then there's Sophie Bech. She's made the long trip back to Denmark from South Africa for her own private reasons, and everything looks different to her now. She wonders what her return will hold for her. Was it a mistake? Will her fresh set of eyes-and values-help or hinder the team? Reductionism-

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understanding complex things by reducing them to fundamental parts and interactions-comes up against social status, so subtle, intricate, and sought-after, in this intriguing modern-day novel. Will these characters-and their supporting players-make the changes they need to survive in today's world? Or will they succumb to the allure of using easy but underhanded methods to get ahead?

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