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Kabbalah: A Guide for the Perplexed

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'Spirituality' is a word that is used increasingly these days yet it is often ill-defined. What exactly is spirituality? Is it distinct from religion and can we separate it from beliefs and traditions? Does spirituality mainly focus on spiritual experiences and practices or is it something more? This book suggests that, while there may be common features in the use of the word, 'spirituality' is not a single reality. Different 'spiritualities' reflect particular religious or philosophical viewpoints, as well as the cultural contexts in which they arise and develop. *Spirituality: A Guide for the Perplexed* provides students and general readers with a reliable and comprehensive guide to 'spirituality' as an area of study, religiously, historically, philosophically and in the social sciences. It explores the tools that are used to study the subject and to interpret spiritual classics (whether these are written texts or other forms such as art) from different times and cultures. Attention is paid to spirituality in a variety of religious and non-religious forms in their own terms and comparatively. However, for the sake of simplicity greatest attention is given to the study of spirituality within a religious perspective with illustrations drawn from texts, personalities and themes associated with five major world religions, Judaism, Christianity, Islam, Hinduism and Buddhism. The book concludes with an exploration of spirituality in contemporary perspective - in particular how spirituality is currently employed in areas such as health-care, education and business among other examples.

Spirit Woman

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For centuries, ancient cultures embarked on rites of passage to gain entrance to the spiritual realms and attain self-knowledge. Now international lecturer and healer Denise Linn and Meadow Linn draw on their Native American roots, as well as the teachings of other cultures, to create a carefully crafted spiritual program for anyone wishing to venture on a retreat or create a uniquely personal Quest of his or her own. This practical, engaging book will show you how to:

- Discover your life's purpose
- Find mystery at the core of your life
- Release limiting beliefs about yourself
- Call for a vision
- Harness the power of the Sacred Circle
- Confront and free yourself from fears
- Heal emotional wounds
- Develop peace of mind

This book gives you the necessary tools to prepare for a Vision Quest that will take you to the center of your soul.

The Spiritual Quest

A guide for those who want to grow in the spiritual life, with insights into the questions spawned by today's spiritual resurgence.

Frodos Quest

"Spiritual forces impact all humanity and cannot be controlled by Man. Their impact can and will be positive or negative, and they are helped or hindered by

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prayer and its intent. Our senses can be programmed by what we consume from different media sources. Our senses move us toward truth or error, and that movement will produce results. Do you know whose spirit is influencing your choices today?"--P. [4] of cover.

Truth Quest Facilitator's Guide

About the Book : - The book, the first of the GOSSIP Series and essentially a collection of teachings given by His Holiness the Gyalwang Drukpa, is divided into 4 sections (13 chapters) of simple guide to spiritual practice. (click image to enlarge view This book is dedicated for my beloved disciples, students and friends. The spiritual path that we are taking together is an uncommon journey, and it can also be a lonely endeavor that will last many lives. Not many people are fortunate enough to discover this challenging journey that will lead to ultimate happiness and freedom. Meanwhile, my gossips are here to accompany you while we walk this uncommon path together. SECTION 1: THE BASICS Understanding Buddhism as a Philosophy The Three Treasures The Heart of Enlightenment SECTION 2: UNDERSTANDING SPIRITUALITY Removing Obstacles from the Spiritual Path Spiritual Practice in the Modern Age Spirituality without Religion SECTION 3: GURU-DISCIPLE RELATIONSHIP In Search of An Authentic Guru How to Follow An Authentic Guru The Relationship between Guru and Disciple Devotion and Emotion Guru Yoga SECTION 4: DEALING WITH LIFE How to Deal with Stress Fearlessness in Troubled

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Times

Spiritual Quest

Lynn V. Andrews takes the reader with her as she goes on inward journeys with the help of the Sisterhood of the Shields, and relates the stories of others. Join her as she is initiated into the Sisterhood and creates her own shield, which will show her the nature of her spiritual path (Spirit Woman). Follow her to the Yucatan, where the medicine wheel leads her, and she is faced with the terrifying reality of the butterfly tree (Jaguar Woman). Enter the Dreamtime with her, where she emerges in medieval England as Catherine, and encounters the Grandmother, who offers to show Andrews how to make her life one of goodness, power, adventure, and love (The Woman of Wyrrd). Not all these stories describe the author's own spiritual experiences. Meet Sin Coraz?n, an initiate into the Sisterhood, whose husband abandons her. She nearly succumbs to her inner dark power and unleashes her rage on men and the Sisterhood (Dark Sister). Andrews also writes about the elder women of the Sisterhood: their loves, their lives, their losses (Tree of Dreams). Andrews shows us how to channel our own spiritual and intellectual energy and balance the need for love with the desire for power (Love and Power). She takes the reader on numerous spiritual journeys that inevitably uplift.

Rocking the Classics

Diving Deep & Surfacing

The Christian Travelers Guides deal directly with what even the best general travel guides only touch on: Christianity's enormous influence on Europe--and, through its history and culture, Europe's influence on Christianity. This unique series guides you on a pilgrimage to the heart of our Christian heritage. Saints and secularists, martyrs and kings, castles and cathedrals, public squares and rolling hillsides, great works of art, literature, and architecture: The legacy of the Christian faith takes on immediacy and impact as you see firsthand the places where believers through the centuries lived and died, shaping our world with their faith. In rich detail and depth, The Christian Travelers Guide to Italy describes the history, literature, music, art, and architecture of Italy. Nearly 50 Christian Heritage Sites, with fascinating information on different places to visit List of "Top 10 Christian Sites in Italy" Insights for enjoying your visits to Italian churches and cathedrals Sidebars featuring mini-biographies of key historical figures and short essays on great works of art Glossary of religious terms Access The Christian Travelers Guides Website at <http://www.christian-travelers-guides.com>

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They Knew Jesus

Siddhartha is a 1922 novel by Hermann Hesse that deals with the spiritual journey of self-discovery of a man named Siddhartha during the time of the Gautama Buddha. The book, Hesse's ninth novel, was written in German, in a simple, lyrical style. It was published in the U.S. in 1951 and became influential during the 1960s. Hesse dedicated the first part of it to Romain Rolland and the second to Wilhelm Gundert, his cousin. The word Siddhartha is made up of two words in the Sanskrit language, siddha (achieved) + artha (what was searched for), which together means "he who has found meaning (of existence)" or "he who has attained his goals". In fact, the Buddha's own name, before his renunciation, was Siddhartha Gautama, Prince of Kapilvastu. In this book, the Buddha is referred to as "Gotama".

Inner Guide Meditation

"The Spiritual Quest, the first book in the Sacred Adventure series, presents a step-by-step guide to the spiritual path. It gives a thorough understanding of the purpose of life—from your point of origin to your becoming a masterful spiritual being. You'll find dynamic keys to your spiritual growth in each of the chapters on your divine origin, your higher self, living a spiritual life in a material world, expanding the flow of light within, karma (good, bad and balanced), reincarnation,

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and your ultimate destiny. Includes charts, diagrams, color illustrations and audio links throughout."

The Columbia Guide to the Latin American Novel Since 1945

Award-Winning Finalist in the "Religion: Christian Inspirational" category of the 2014 USA Best Book Awards, *Understanding your personal journey opens a door to new spiritual growth. "On a Quest for Christ,"* a 30-day devotional, will help you trace your steps from the first whispers of faith to resting in God's arms. Gentle questions guide the telling of your story while prayers and comforting scripture enrich your reflections. The "Christ Quest Time Map" helps you see the path ahead as you look back on your journey. Experience healing and hope as you deepen your spiritual self-awareness and find Christ at critical points in your life. Lisa Are Wulf is a fresh voice with a pure and transparent heart. "On a Quest for Christ" invites you into her own journey with personal vignettes to guide you in tracing your spiritual path. Let her lead you to places along the way where Christ was at work in your life. As she says, "Your spiritual story is significant. Who you are makes a difference." This is a wonderful devotional for either personal or group study. A new "Four Session Lesson Plan" for groups is available at the On a Quest for Christ website for free download.

Quest for Spiritual Community

Few styles of popular music have generated as much controversy as progressive rock, a musical genre best remembered today for its gargantuan stage shows, its fascination with epic subject matter drawn from science fiction, mythology, and fantasy literature, and above all for its attempts to combine classical music's sense of space and monumental scope with rock's raw power and energy. Its dazzling virtuosity and spectacular live concerts made it hugely popular with fans during the 1970s, who saw bands such as King Crimson, Emerson, Lake and Palmer, Yes, Genesis, Pink Floyd, and Jethro Tull bring a new level of depth and sophistication to rock. On the other hand, critics branded the elaborate concerts of these bands as self-indulgent and materialistic. They viewed progressive rock's classical/rock fusion attempts as elitist, a betrayal of rock's populist origins. In *Rocking the Classics*, the first comprehensive study of progressive rock history, Edward Macan draws together cultural theory, musicology, and music criticism, illuminating how progressive rock served as a vital expression of the counterculture of the late 1960s and 1970s. Beginning with a description of the cultural conditions which gave birth to the progressive rock style, he examines how the hippies' fondness for hallucinogens, their contempt for Establishment-approved pop music, and their fascination with the music, art, and literature of high culture contributed to this exciting new genre. Covering a decade of music, Macan traces progressive rock's development from the mid- to late-sixties, when psychedelic bands such as the

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Moody Blues, Procol Harum, the Nice, and Pink Floyd laid the foundation of the progressive rock style, and proceeds to the emergence of the mature progressive rock style marked by the 1969 release of King Crimson's album *In the Court of the Crimson King*. This "golden age" reached its artistic and commercial zenith between 1970 and 1975 in the music of bands such as Jethro Tull, Yes, Genesis, ELP, Gentle Giant, Van der Graaf Generator, and Curved Air. In turn, Macan explores the conventions that govern progressive rock, including the visual dimensions of album cover art and concerts, lyrics and conceptual themes, and the importance of combining music, visual motif, and verbal expression to convey a coherent artistic vision. He examines the cultural history of progressive rock, considering its roots in a bohemian English subculture and its meteoric rise in popularity among a legion of fans in North America and continental Europe. Finally, he addresses issues of critical reception, arguing that the critics' largely negative reaction to progressive rock says far more about their own ambivalence to the legacy of the counterculture than it does about the music itself. An exciting tour through an era of extravagant, mind-bending, and culturally explosive music, *Rocking the Classics* sheds new light on the largely misunderstood genre of progressive rock.

Spiritual Quest

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Spiritual Quest

Being an artist in the world today can be a challenge for many. In this book the author explores, in a very personal way, the struggles which the artist can face, both within the self and without, in the person's environment. An artist's journey as depicted in this book is a worthy one, for in undertaking such a path he or she will discover a clearer sense of self which is so vital to the soul. Despite the challenges and the obstacles, the loving hand of God is shown as a strong and positive guiding force towards love, well-being and genuine success. A very encouraging read!

Finding Faith

Many people go through very difficult times in life. The author documents the journey through his dark night of the soul. The poetry paints vivid word pictures with brutally honest feelings about what he is experiencing. He does not pretend to be something he is not. He merely writes from the darkness as he struggles to find the light. As the book progresses, the light at the end of the tunnel becomes apparent. He becomes, in fact, what he always thought he was in theory. This book is not a light read, but it is very easy to read.

How to Keep a Spiritual Journal

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Thoughtful Christians are legitimately perplexed by a number of issues relating to the church's belief and practice. They are perplexed partly because they recognize that the issues themselves are thorny, and partly because they are not sure how to test the mutually inconsistent theories and explanations affirmed by diverse voices speaking with equal assurance. Most Christians find relatively little occasion or encouragement to address their perplexities with intellectual candor and integrity. If they dare to acknowledge their theological perplexities at all, they are too often told that these perplexities are unimportant, or that they can be answered very simply, or that they should be left to the experts. *Guide for the Christian Perplexed*, written by members of the faculty of Wycliffe College, Toronto, aims to explore a diversity of issues and questions to do with our knowledge of Jesus the meaning of suffering the function of doctrine the understanding of Scripture the place of other religions the challenge of atheism the pleasures and complications of sexuality the nature of worship the way to evangelize our understanding who our neighbor is locally and globally the diversities of spirituality Here you will find thoughtful reflections and answers to the questions around these issues. A study guide is included for individual and group use.

Spirit Quest: Our War with Choices

What is Christian Spirituality? How does it relate to non-Christian traditions? Where does it arise from and where is it going? These are some of the key questions

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addressed in this innovative new guide from Bloomsbury. The Bloomsbury Guide to Christian Spirituality is written by foremost academics in their fields who distill their knowledge for a wide intelligent audience. They do this with huge skill and attention to the needs of modern readers. Appealing equally to those studying the tradition for religious formation or those wishing to acquaint themselves with this fascinating subject, this guide is destined to become an essential text in the field.

The Spiritual Quest

The Qur'an is the sacramental foundation of prayer in Islam. Its inspirational power is perpetually renewed through being recited and meditated upon by Muslims on a daily basis throughout their lives. This succinct monograph provides a unique contemporary insight into the spiritual, intellectual and moral dynamics set in motion by the short Qur'anic chapters recited in their prayers by Muslims of all traditions, but which are particularly recommended within Shi'i Islam. Dr Shah-Kazemi engages creatively with the chapters of the Qur'an, including the 'Opening' (al-Fatiha) chapter, basing his own philosophical reflections on the teachings of Imam 'Ali. He focuses in particular on the relationship between the moral and the mystical aspects of the texts. The result is a stimulating philosophical meditation probing the depths of meaning comprised within the verses of a Revelation by which the spiritual quest of Muslims has constantly been inspired, nourished and fulfilled.

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The Fires of Desire

Describes the transformational journey to enlightenment and awareness using the tarot, astrology, the Qabalah, the alchemy of transformation, and analytical psychology.

Mysticism and the Spiritual Quest

Revision of author's thesis (Ph. D.)--Princeton Theological Seminary, 2010.

Siddhartha

A crosscultural exploration of the meanings, definitions, practices, and common themes of mysticism via a study of original texts (in translation) from different parts of the world. It brings together the writings of the mystics from Christianity, Judaism, Islam, Buddhism, Hinduism, Taoism, and Confucianism in one volume.

Spiritual Quest

Finding Faith aims to help spiritual seekers progress through their spiritual search by confronting questions -- in non-Christian language -- about God, the nature of

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faith, truth, and religious life.

The Four Yogas

A comprehensive handbook for starting-and keeping-a spiritual journal.

Walking an Uncommon Path

"The energy of Eros is powerful--alluring, fascinating, compelling. Many people--especially those who are single or celibate by choice or by circumstance--struggle with the containment of erotic energies. Many people in all walks of life wonder how sexuality and spirituality can live together in harmony. The instinctual energy of Eros and the compelling archetype of Self fire and guide the desires that lead to psychological growth and ultimate spiritual development." "These issues were central to Jung as he began to formulate his theories over against Freud's. The Fires of Desire explores the consequences of Jung's split with Freud over the nature of libido as sexual energy and describes the vicissitudes of that energy's unfolding. The central question is: What is the nature of erotic energy and how may it be transmuted? Just as Jung looked to mythology and the alchemical mysteries of medieval Europe to find answers from the realm of the deep psyche, today one continues to wonder: How is the lead of life transformed

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into gold? How are ordinary erotic energies transmuted into the passionate yearning that leads the soul to mystical union with the Divine?" "In this book leading Jungians--psychotherapists, analysts, educators, and theologians--revisit the issue that created the Freud/Jung split and attempt to reformulate our understanding of Eros in relation to Spirit. The Fires of Desire follows a developmental path depicting human experience. It marks out the similarities and differences between psychosis and mystical experience. It sketches the structure of feminine and masculine development. It looks at the process of psychospiritual growth and at the transformations of religious experience. In addressing the essential question of the transmutation of erotic energy, it asks: After therapy, what then? In its answer, it delineates four stages in the quest for the Divine and describes the nature of conjunctio or mystical union."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

Life's Companion

Revision of author's thesis (Ph. D.)--Princeton Theological Seminary, 2010.

Spirituality: A Guide for the Perplexed

Reveals the deep and pervasive search for meaning that haunts Generation X. This

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book is must reading for anyone who would understand the spirituality of young people at the turn of a new millennium.--Robert A. Ludwig, author of *Reconstructing Catholicism for a New Generation* In *Virtual Faith*, Beaudoin explores fashion, music videos, and cyberspace concluding that his generation has fashioned a theology radically different from, but no less potent or valid than, that of their elders. Beaudoin's investigation of popular culture uncovers four themes that underpin his generation's theology. First, all institutions are suspect -- especially organized religion. Second, personal experience is everything, and every form of intense personal experience is potentially spiritual. Third, suffering is also spiritual. Finally, this generation sees ambiguity as a central element of faith. This book opens a long overdue conversation about where and how we find meaning, and how we all can encourage each other in this central human searching. Tom Beaudoin earned his Master of Theological Studies from Harvard University School of Divinity in 1996 and is currently working toward a Ph.D. in Religion and Education at Boston College.

Meditations on the Peaks

In this expertly crafted, richly detailed guide, Raymond Leslie Williams explores the cultural, political, and historical events that have shaped the Latin American and Caribbean novel since the end of World War II. In addition to works originally composed in English, Williams covers novels written in Spanish, Portuguese,

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French, Dutch, and Haitian Creole, and traces the profound influence of modernization, revolution, and democratization on the writing of this era. Beginning in 1945, Williams introduces major trends by region, including the Caribbean and U.S. Latino novel, the Mexican and Central American novel, the Andean novel, the Southern Cone novel, and the novel of Brazil. He discusses the rise of the modernist novel in the 1940s, led by Jorge Luis Borges's reaffirmation of the right of invention, and covers the advent of the postmodern generation of the 1990s in Brazil, the Generation of the "Crack" in Mexico, and the McOndo generation in other parts of Latin America. An alphabetical guide offers biographies of authors, coverage of major topics, and brief introductions to individual novels. It also addresses such areas as women's writing, Afro-Latin American writing, and magic realism. The guide's final section includes an annotated bibliography of introductory studies on the Latin American and Caribbean novel, national literary traditions, and the work of individual authors. From early attempts to synthesize postcolonial concerns with modernist aesthetics to the current focus on urban violence and globalization, *The Columbia Guide to the Latin American Novel Since 1945* presents a comprehensive, accessible portrait of a thoroughly diverse and complex branch of world literature.

Yoga and the Quest for the True Self

Explores the spiritual meaning of Tolkien's epic fantasy and examines the

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characters as archetypes in the journey of life.

Spiritual Quests

Provides a brief and comprehensive introduction to the mystery of the Trinity, tracing the evolution of the doctrine from its Old Testament roots to its contemporary expressions. Original.

The Bloomsbury Guide to Christian Spirituality

More than 100,000 copies sold! Millions of Americans know yoga as a superb form of exercise and as a potent source of calm in the midst of our stress-filled lives. Far fewer are aware of the full promise of yoga as "the way of the fully alive human being"--a 4,000-year-old practical path of liberation that fits the needs of modern Western seekers with startling precision. Now one of America's leading scholars of yoga psychology--who is also a Western-trained psychotherapist--offers this marvelously lively and personal account of an ancient tradition that promises "the soul awake in this lifetime." Drawing on the vivid stories of practitioners at the largest yoga center in America, where he has lived and taught for more than ten years, Stephen Cope describes the philosophy, psychology, and practice of yoga--a practical science of development that urges us not to transcend or dissolve the

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self, but rather to encounter it more deeply. In this irreverent modern-day Pilgrim's Progress, Cope introduces us to an unforgettable cast of contemporary seekers--on the road to enlightenment carrying all the baggage of the human condition: confusion, loss, disappointment, addiction, and the eternal conflicts around sex and relationship. As he describes the subtle shifts of energy and consciousness that happen at each stage of the path, we discover that in yoga, "liberation" does not require us to leave life in the world for some transcendent spiritual plane. Life itself is the path. Above all, Cope shows how yoga can heal the suffering of self-estrangement that pervades our society, leading us to a new sense of purpose and to a deeper, more satisfying life in the world.

Quest for Spiritual Community

Evola articulates the close relationship between the physical rigors of mountain climbing and the ascent of the initiate toward self-transcendence. Julius Evola, a leading exponent of esoteric thought, was also an ardent mountain climber who personally scaled the peaks of the Tyrols, Alps, and Dolomites. For Evola the physical conquest of a mountain, with all the courage, self-transcendence and mental lucidity that it entails, becomes an inseparable and complementary part of spiritual awakening. It is no coincidence that many ancient cultures chose mountains as the abodes of their gods and considered the rigorous ascent of peaks as the task of heroes and initiates. In modern times, which tend to suffocate the

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heroic with naked self interest, the mountain still forms part of the profound dimension of spirit where the soul finds within itself more than what it thought itself to be. In Meditations on the Peaks, Evola combines recollections of his own experiences with reflections on other inspirational men and women who shared his view of the transcendent greatness of mountains.

Creativity and Identity

Author Dev Prana considers himself a Muslim on Fridays, a Jew on Saturdays, a Christian on Sundays, and a Buddhist on Mondays. Regardless of the faith he explores on any given day, each and every day he tries to be a walking embodiment of love, peace, and kindness. He is a student of religion, but it was not always this way. Twenty years ago, as he sought peace through study, he ended up tumbling over life's purpose. Spiritual Quest of a Baby Yogi is one seeker's search for truth amidst the many religions of the modern world and his eventual realization that all religions lead to one Father of the Universe. No matter the book Quran or Bible and no matter the figure Buddha or Jesus Christ all spiritual striving focuses on the similar foundations of unconditional love, nonviolence, and inner peace. As human beings, it is important we make an honest attempt to seek God in order to achieve enlightenment. We are different races with different beliefs, but we share this earth as one. Together, we can fill it with peace and love, but we must first make a spiritual connection with the higher power. It is time to become

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devout students of spirituality in order to make this world a better place.

Virtual Faith

Diving Deep and Surfacing reveals how the writings of Kate Chopin, Margaret Atwood, Doris Lessing, Adrienne Rich, and Ntozake Shange can inform women's search for spiritual renewal. A new afterword testifies to the importance of spiritual autobiography for women.

Guide for the Christian Perplexed

An accessible and comprehensive guide to the message and practice of each of the four Yogas as well as philosophy and psychology, preparatory practices, common obstacles and ways to overcome them as you seek to realize the goal of Self-knowledge.

Science and the Spiritual Quest

A guide for those who want to grow in the spiritual life, with insights into the questions spawned by today's spiritual resurgence.

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On a Quest for Christ

Discusses how to transform journal writing into a tool for self-growth, heightened awareness, and personal fulfillment, using techniques that will help discover the bond between spiritual and everyday events. Reissue. 17,500 first printing.

Spiritual Quest of a Baby Yogi

Kabbalah: A Guide for the Perplexed is a concise and accessible introduction to the major elements of the prevalent metaphysical system of Judaism, Kabbalah. The book covers the historical and theoretical essence of Kabbalah, offering a clear definition of the term and the limitations of what Kabbalah is and is not. Pinchas Giller provides an overview of the history of the movement, reflecting the sweep of Jewish history as a whole, and examines its metaphysical system, the advanced mythos of early and later Luria, doctrines of the soul, and the mysteries of Jewish religious practice and law. The book concludes with a summary of the contemporary kabbalistic phenomena, particularly in light of the notoriety of some modern purveyors of Kabbalah. As cogent and objective as possible, this is the ideal companion for those wishing to gain a sound understanding of this often perplexing mystical aspect of Judaism.

The Christian Travelers Guide to Italy

Six writers discuss the novel-like structure of the Catholic mass, the history of religious writing, self-discovery, Biblical language, and the influence of Eastern religions

Trinity Guide to the Trinity

"The Spiritual Quest" is an adventure where God is the guide. Stitts provides 49 lessons that serve as both a compass and a map to find the real treasures of God's original design.

Quest

Addressing fundamental questions about life, death and the universe, Science and the Spiritual Quest examines the ways in which scientists negotiate the complex frontiers between their scientific and religious beliefs. Distinguished cosmologists, physicians, biologists and computer scientists of different faiths explore the connections between the domain of science and the realms of ethics, spirituality and the divine. Through essays and frank interviews, they offer honest, stimulating, and often intensely personal thoughts about life's most impenetrable

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mysteries. This unique volume presents radical new approaches to the religion/science debate and highlights the continued importance of the 'spiritual quest' in a world transformed by the developments of science.

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