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The Things You Can See Only when You Slow Down
How to Think Like Leonardo da Vinci
Crucial Conversations Tools for Talking When Stakes Are High, Second Edition

They Thought They Were Free

Soon to be a major motion picture! Winner of the Newbery Medal and a #1 New

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York Times bestseller This stirring and unforgettable novel from renowned author Katherine Applegate celebrates the transformative power of unexpected friendships. Inspired by the true story of a captive gorilla known as Ivan, this novel is told from the point of view of Ivan himself. Having spent 27 years behind the glass walls of his enclosure in a shopping mall, Ivan has grown accustomed to humans watching him. He hardly ever thinks about his life in the jungle. Instead, Ivan occupies himself with television, his friends Stella and Bob, and painting. But when he meets Ruby, a baby elephant taken from the wild, he is forced to see their home, and his art, through new eyes. The One and Only Ivan was hailed as a best book of the year by Kirkus, School Library Journal, and Amazon, demonstrating it is a true classic in the making. In the tradition of timeless stories like Charlotte's Web and Stuart Little, Katherine Applegate blends humor and poignancy to create Ivan's unforgettable first-person narration in a story of friendship, art, and hope. An author's note depicts the differences between the fictional story and true events. Plus don't miss The One and Only Bob, Katherine Applegate's return to the world of Ivan, Bob, and Ruby, coming in 2020!

The Leader You Want to Be

How working parents can lead more purposeful lives, characterized by harmony, connection, and impact. Parents in today's fast-paced, disorienting world can easily lose track of who they are and what really matters most. But it doesn't have to be

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this way. As a parent, you can harness the powerful science of leadership in order to thrive in all aspects of your life. Drawing on the principles of his book *Total Leadership*--a bestseller and popular leadership development program used in organizations worldwide--and on their experience as researchers, educators, consultants, coaches, and parents, Stew Friedman and coauthor Alyssa Westring offer a robust, proven method that will help you gain a greater sense of purpose and control. It includes tools illustrated with compelling examples from the lives of real working parents that show you how to: Design a future based on your core values Engage with your children in fresh, meaningful ways Cultivate a community of caregiving and support, in all parts of your life Experiment to discover better ways to live and work Powerful, practical, and indispensable, *Parents Who Lead* is the guide you need to forge a better future, foster meaningful and mutually rewarding relationships, and design sustainable solutions for creating a richer life for yourself, your children, and your world. For more information, visit ParentsWhoLead.net.

Yoga Wisdom at Work

Anyone can master the fundamentals of game design - no technological expertise is necessary. *The Art of Game Design: A Book of Lenses* shows that the same basic principles of psychology that work for board games, card games and athletic games also are the keys to making top-quality videogames. Good game design

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happens when you view your game from many different perspectives, or lenses. While touring through the unusual territory that is game design, this book gives the reader one hundred of these lenses - one hundred sets of insightful questions to ask yourself that will help make your game better. These lenses are gathered from fields as diverse as psychology, architecture, music, visual design, film, software engineering, theme park design, mathematics, writing, puzzle design, and anthropology. Anyone who reads this book will be inspired to become a better game designer - and will understand how to do it.

Parents Who Lead

Leadership Agility is the master competency needed for sustained success in today's complex, fast-paced business environment. Richly illustrated with stories based on original research and decades of work with clients, this groundbreaking book identifies five levels that leaders move through in developing their agility. Significantly, only 10% have mastered the level of agility needed for consistent effectiveness in our turbulent era of global competition. Written in an engaging, down-to-earth style, this book not only provides a map that guides readers in identifying their current level of agility. It also provides practical advice and concrete examples that show managers and leadership development professionals how they can bring greater agility to the initiatives they take every day.

All My Sons

First published in 1955, *They Thought They Were Free* is an eloquent and provocative examination of the development of fascism in Germany. Mayer's book is a study of ten Germans and their lives from 1933-45, based on interviews he conducted after the war when he lived in Germany. Mayer had a position as a research professor at the University of Frankfurt and lived in a nearby small Hessian town which he disguised with the name "Kronenberg." "These ten men were not men of distinction," Mayer noted, but they had been members of the Nazi Party; Mayer wanted to discover what had made them Nazis. "What happened here was the gradual habituation of the people, little by little, to being governed by surprise; to receiving decisions deliberated in secret; to believing that the situation was so complicated that the government had to act on information which the people could not understand, or so dangerous that, even if the people could not understand it, it could not be released because of national security. And their sense of identification with Hitler, their trust in him, made it easier to widen this gap and reassured those who would otherwise have worried about it."--from Chapter 13, "But Then It Was Too Late"

Smart Trust

Never Go Back (eBook)

Thinkers50 Management Thinker of 2015 Whitney Johnson wants you to consider this simple, yet powerful, idea: disruptive companies and ideas upend markets by doing something truly different--they see a need, an empty space waiting to be filled, and they dare to create something for which a market may not yet exist. As president and cofounder of Rose Park Advisors' Disruptive Innovation Fund with Clayton Christensen, Johnson used the theory of disruptive innovation to invest in publicly traded stocks and private early-stage companies. In *Disrupt Yourself*, she helps you understand how the frameworks of disruptive innovation can apply to your particular path, whether you are: a self-starter ready to make a disruptive pivot in your business a high-potential individual charting your career trajectory a manager looking to instill innovative thinking amongst your team a leader facing industry changes that make for an uncertain future We are living in an era of accelerating disruption; no one is immune. Johnson makes the compelling case that managing the S-curve waves of learning and mastery is a requisite skill for the future. If you want to be successful in unexpected ways, follow your own disruptive path. Dare to innovate. Do something astonishing. Disrupt yourself.

The Pause Principle

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Nearly all of us experience the suffering of overwork, over-stimulation, overachievement and hyper-expectation. We are asked to do more with less, but where is the energy and capacity going to come from? Rather than doing more, we need to learn to do differently in order to achieve. We need to slow down to go fast, step back to energize, take a breath to connect with presence, and look at the same situations with fresh, innovative thinking. Otherwise we will continue to crash economically, personally, and collectively. In today's dynamic world, Pause will become the new transformative principle, the catalyst for purpose-filled innovation and renewal. More than just a work or philosophy or spirituality, The Pause Principle provides real tools and practices to make pausing a part of every leader's everyday life. Cashman shows how pausing in many forms can provide better, fresher thinking in all areas of business and human relations. The book focuses on how pausing helps improve self-awareness, purpose, listening skills, energy, problem-solving, and innovation. The Pause Principle gives leaders an alternative path to sustainable achievement. It provides tools to re-connect to self, others, and new opportunities.

Awakening the Leader Within

Accelerating Performance

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Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

How To Win Friends And Influence People

Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. *The Big Book of Conflict-Resolution Games* offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books

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series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let *The Big Book of Conflict-Resolution Games* help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in *The Big Book of Conflict-Resolution Games* delivers everything you need to make your workplace more efficient, effective, and engaged.

The 15 Invaluable Laws of Growth

Death and the Maiden

Interactive narrative is the cornerstone for many forms of digital media: web sites, interface design, gaming environments, and even artificial intelligence. In *Pause & Effect*, Mark Stephen Meadows examines the intersection of storytelling, visual art, and interactivity. He takes the key principles from these areas and applies them to

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the design, architecture, and development of successful interactive narrative. This provocative book will appeal to designers with its edgy aesthetic and artistic sensibility. Striking graphic and typographic imagery complement unique design features that encourage interactivity through varying levels of information, different navigational possibilities, and even flip-book animations.

The Nature of Code

Filled with case studies from firms such as GT Automotive, GE Healthcare China, Vale, Dominos, Swiss Re Americas Division, and Polar Bank, among others, this book (written by Dan Denison and his co-authors) combines twenty years of research and survey results to illustrate a critical set of cultural dynamics that firms need to manage in order to remain competitive. Each chapter uses a case as a means to illustrate an important aspect of culture change focusing on seven common culture-change dilemmas including creating a strategic alignment, keeping strategy simple, and more.

Speak

Twelve Steps to recovery.

The One and Only Ivan

Kevin Cashman, one of the world's leading executive coaches, takes readers on a transformative journey to a new way of leading and a new way of living "Once you start reading *Awakening the Leader Within*, you won't set it down. Cashman doesn't let you off the hook until you contemplate how you will live your life differently."

—Tom Debrowski, Executive Vice President, Worldwide Operations, Mattel, Inc.

Awakening the Leader Within guides readers through the Six Seeds of Growth, which Cashman has used to help thousands of business leaders change their personal and work lives for the better. He draws on his renowned executive coaching techniques in order to lead the reader on a path to self-discovery and personal betterment. Based on the premise that you need to grow the person in order to grow the leader, this inspirational and interactive story centers on Benson Quinn, a CEO facing a deluge of personal and professional crises. As Quinn confronts the defining moments of his life, the reader learns valuable lessons about authentic and purposeful leadership, applicable at home as well as in the boardroom. At a time when issues of business ethics crowd the headlines—causing many leaders to question whether profit should be a leader's only goal—the practical applications of this book are more timely than ever. *Awakening the Leader Within* has been endorsed by more than thirty CEOs, thought leaders, and bestselling authors. Kevin Cashman (Minneapolis, MN) is the founder of LeaderSource, the nation's premier executive coaching consultancy. He has been

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featured in publications such as The Wall Street Journal, Fast Company, Harvard Management Update, and Human Resource Executive. He has also been a contributing editor to Executive Excellence magazine.

The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration

Trust continues to be the most pivotal element needed in successful relationships—from personal to political to business. Smart Trust shows how to develop optimal trust relationships, revealing how this approach has been successfully used already for both organizations and on a personal level, and offering targeted advice on how to make trust relationships work in your business and your life.

The TB12 Method

“It’s not the magic that makes it work; it’s the way we work that makes it magic.” The secret for creating “magic” in our careers, our organizations, and our lives is simple: outstanding leadership—the kind that inspires employees, delights customers, and achieves extraordinary business results. No one knows more about this kind of leadership than Lee Cockerell, the man who ran Walt Disney World® Resort operations for over a decade. And in *Creating Magic*, he shares the

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leadership principles that not only guided his own journey from a poor farm boy in Oklahoma to the head of operations for a multibillion dollar enterprise, but that also soon came to form the cultural bedrock of the world's number one vacation destination. But as Lee demonstrates, great leadership isn't about mastering impossibly complex management theories. We can all become outstanding leaders by following the ten practical, common sense strategies outlined in this remarkable book. As straightforward as they are profound, these leadership lessons include: Everyone is important. Make your people your brand. Burn the free fuel: appreciation, recognition, and encouragement. Give people a purpose, not just a job. Combining surprising business wisdom with insightful and entertaining stories from Lee's four decades on the front lines of some of the world's best-run companies, *Creating Magic* shows all of us – from small business owners to managers at every level – how to become better leaders by infusing quality, character, courage, enthusiasm, and integrity into our workplace and into our lives.

All Quiet on the Western Front

Presents the classic play, first produced in 1947, about guilt, responsibility, and the relationship between fathers and sons in the aftermath of a World War II corruption case.

Leading Culture Change in Global Organizations

The #1 New York Times bestseller by Tom Brady, six-time Super Bowl champion and one of the NFL's 100 Greatest Players of All Time. Revised, expanded, and updated, the first book by Tampa Bay Buccaneers and former New England Patriots quarterback Tom Brady—who continues to play at an elite level into his forties—a gorgeously illustrated and deeply practical “athlete’s bible” that reveals Brady’s revolutionary approach to enhanced quality of life and performance through recovery for athletes of all abilities and ages. In this new edition of The TB12 Method, Tom Brady further explains and details the revolutionary training, conditioning, and wellness system that has kept him atop the NFL at an age when most players are deep into retirement. Brady—along with the expert Body Coaches at TB12, the performance lifestyle brand he cofounded in 2013—explain the principles and philosophies of pliability, a paradigm-shifting fitness concept that focuses on a more natural, healthier way of exercising, training, and living. Filled with lessons from Brady’s own training regimen, The TB12 Method provides step-by-step guidance on how develop and maintain one’s own peak performance while dramatically decreasing injury risks. This illustrated, highly visual manual also offers more effective approaches to functional strength & conditioning, proper hydration, supplementation, cognitive fitness, restorative sleep, and nutritious, easy-to-execute recipes to help readers fuel-up and recover. Brady steadfastly believes that the TB12 approach has kept him competitive while extending his

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career, and that it can make any athlete, male or female, in any sport and at any level achieve his or her own peak performance. With instructions, drills, photos, in-depth case studies that Brady himself has used, along with personal anecdotes and experiences from his legendary career, The TB12 Method gives you a better way to train and get results with Tom Brady himself as living proof.

The Power of Pause

We've all been there-angry with ourselves for overeating, for our lack of willpower, for failing at yet another diet that was supposed to be the last one. But the problem is not you, it's that dieting, with its emphasis on rules and regulations, has stopped you from listening to your body. Written by two prominent nutritionists, Intuitive Eating focuses on nurturing your body rather than starving it, encourages natural weight loss, and helps you find the weight you were meant to be. Learn:

- *How to reject diet mentality forever
- *How our three Eating Personalities define our eating difficulties
- *How to feel your feelings without using food
- *How to honor hunger and feel fullness
- *How to follow the ten principles of Intuitive Eating, step-by-step
- *How to achieve a new and safe relationship with food and, ultimately, your body

With much more compassionate, thoughtful advice on satisfying, healthy living, this newly revised edition also includes a chapter on how the Intuitive Eating philosophy can be a safe and effective model on the path to recovery from an eating disorder.

Finding the Space to Lead

In this life-changing book, you'll learn ten pathways of success that will help you redirect your mistakes and make way for success – physically, personally, and spiritually. Everyone makes mistakes, big and small. Sometimes our mistakes take us down the wrong path and send us spiraling into destructive life patterns, and sometimes we learn a lesson and never make the same mistake again. But how? How do we recognize our destructive patterns, make new choices, and then follow through? In *Never Go Back*, bestselling author Dr. Henry Cloud shares ten doorways to success – and once we walk through these new pathways, we never go back again. His proven method – based on grace, not guilt – outlines ten common life patterns that sabotage success and lays out clear, concrete steps you can take to overcome them. You'll see your relationships flourish, your personal life enhanced, and your faith strengthened. Dr. Cloud's powerful message reveals doorways to understanding – once you enter them, you will get from where you were to where you want to be. With a winning combination of eternal principles, spiritual wisdom, and modern scientific data, *Never Go Back* will put your heart in the right place with yourself and with God.

Disrupt Yourself

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The New York Times and Washington Post bestseller that changed the way millions communicate “[Crucial Conversations] draws our attention to those defining moments that literally shape our lives, our relationships, and our world. . . . This book deserves to take its place as one of the key thought leadership contributions of our time.” —from the Foreword by Stephen R. Covey, author of *The 7 Habits of Highly Effective People* “The quality of your life comes out of the quality of your dialogues and conversations. Here’s how to instantly uplift your crucial conversations.” —Mark Victor Hansen, cocreator of the #1 New York Times bestselling series *Chicken Soup for the Soul*® The first edition of *Crucial Conversations* exploded onto the scene and revolutionized the way millions of people communicate when stakes are high. This new edition gives you the tools to: Prepare for high-stakes situations Transform anger and hurt feelings into powerful dialogue Make it safe to talk about almost anything Be persuasive, not abrasive

The Pause Principle

"Suspenseful, riveting . . . Achieves a universality that is movingly personal." --The New York Times The explosively provocative, award-winning drama set in a country that has just emerged from a totalitarian dictatorship Gerardo Escobar has just been chosen to head the commission that will investigate the crimes of the old regime when his car breaks down and he is picked up by the humane doctor Roberto Miranda. But in the voice of this good Samaritan, Gerardo's wife, Paulina

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Salas, thinks she recognizes another man--the one who raped and tortured her as she lay blindfolded in a military detention center years before. Relentlessly paced and filled with lethal surprises, *Death and the Maiden* is an inquest into the darker side of humanity--one in which everyone is implicated and justice itself comes to seem like a fragile, perhaps ambiguous invention.

Pause & Effect

"Accelerating Performance is not just another "warm and fuzzy" change management book--it's a practical, comprehensive, data-driven action plan for picking up the pace and achieving more"--

Intuitive Eating, 2nd Edition

Terry Hershey, popular speaker and frequent retreat leader, understands that life is busy and getting busier. However, he also knows from personal experience that there is an inevitable price to pay if we don't regularly take time simply to pause and let our souls catch up with our bodies. In *The Power of Pause*, Hershey counters the cultural decree that says we must always be busy if life is to be fulfilling. Through 52 short chapters featuring powerful stories, inspiring quotations, and everyday opportunities for simplicity, we learn to relish the

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practice of resting as we take back the life we were always intended to have.

Principles for Success

Haemin Sunim, a renowned Buddhist meditation teacher, illuminates a path to inner peace and balance amid the overwhelming demands of everyday life. He offers guideposts to well-being and happiness, and emphasizes the importance of forging a deeper connection with others and being compassionate and forgiving toward ourselves.

The 48 Laws of Power

Genius is made, not born. And human beings are gifted with an almost unlimited potential for learning and creativity. Now you can uncover your own hidden abilities, sharpen your senses, and liberate your unique intelligence—by following the example of the greatest genius of all time, Leonardo da Vinci. Acclaimed author Michael J. Gelb, who has helped thousands of people expand their minds to accomplish more than they ever thought possible, shows you how. Drawing on Da Vinci's notebooks, inventions, and legendary works of art, Gelb introduces Seven Da Vincian Principles—the essential elements of genius—from curiosità, the insatiably curious approach to life to connessione, the appreciation for the

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interconnectedness of all things. With Da Vinci as your inspiration, you will discover an exhilarating new way of thinking. And step-by-step, through exercises and provocative lessons, you will harness the power—and awesome wonder—of your own genius, mastering such life-changing abilities as: •Problem solving •Creative thinking •Self-expression •Enjoying the world around you •Goal setting and life balance •Harmonizing body and mind Drawing on Da Vinci's notebooks, inventions, and legendary works of art, acclaimed author Michael J. Gelb, introduces seven Da Vincian principles, the essential elements of genius, from curiosita, the insatiably curious approach to life, to connessione, the appreciation for the interconnectedness of all things. With Da Vinci as their inspiration, readers will discover an exhilarating new way of thinking. Step-by-step, through exercises and provocative lessons, anyone can harness the power and awesome wonder of their own genius, mastering such life-changing skills as problem solving, creative thinking, self-expression, goal setting and life balance, and harmonizing body and mind. From the Trade Paperback edition.

The Pause Principle

Yoga's Ancient Wisdom Can Transform Your Work Life Everyone knows that yoga helps reduce stress and increase the body's flexibility and strength. But the physical aspects barely scratch the surface of yoga's transformative powers. The poses are only one part of a larger philosophy offering profound insights for

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confronting the complexities of daily life. Yoga can help you remain centered, compassionate, positive, and sane every hour of the day—especially those between nine and five. This unprecedented guide shows how practicing the full range of yogic concepts—the traditional “Eight Limbs of Yoga”—leads to a productive, creative, and energizing work environment and features examples from professions like law enforcement, teaching, banking, filmmaking, medicine, and many more. But beyond that, this book is an invitation to use all of yoga’s teachings to cultivate the spark of the divine that dwells within each of us. “Filled with personal insights and stories that carry yoga into the world of daily decision making. It is wonderful to see the foundations of practice brought to life in such a confident, sincere, and thoughtful way.” —Pandit Rajmani Tuganait, Chairman and spiritual head of the Himalayan Institute “Maren and Jamie show that yoga is not just about poses—the practice is about creating the stillness of mind that will allow you do the work you were meant to do. Seriously, read this book!” —Russell Simmons, cofounder of Def Jam “The [Showkeirs] bring the deepest teachings of yoga alive by showing exactly how to bring our yoga—and our best selves—into the world.” —Judith Lasater, PhD, author of Relax and Renew: Restful Yoga for Stressful Times

The Art of Game Design

We live and lead in an increasingly volatile, uncertain, complex, and ambiguous

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world. But paradoxically, Kevin Cashman contends that leaders today must not merely act more quickly but pause more deeply. He details a catalytic process to guide you to step back in order to lead forward in three critical growth areas: personal leadership, development of others, and fostering of cultures of innovation. You and your organization will learn to move from management speed and transaction to leadership significance and transformation.

Leadership Agility

Simple and timeless tools for success and happiness For more than eighty years, millions of people from Warren Buffett to Oprah Winfrey have benefited from the remarkable wisdom of Dale Carnegie. Intended as a basic sales primer, *How to Win Friends and Influence People* quickly exploded into an overnight success—selling more than fifteen million copies worldwide and becoming one of the most influential books of all time. With an enduring grasp of human nature, Dale Carnegie's *How to Win Friends and Influence People* shows you how to be more persuasive and effective, a better leader and manager, and happier at home and at work. This special new edition of the beloved classic includes an exclusive foreword by Terry O'Reilly.

Never Split the Difference: Negotiating As If Your Life

Depended On It

How can we capture the unpredictable evolutionary and emergent properties of nature in software? How can understanding the mathematical principles behind our physical world help us to create digital worlds? This book focuses on a range of programming strategies and techniques behind computer simulations of natural systems, from elementary concepts in mathematics and physics to more advanced algorithms that enable sophisticated visual results. Readers will progress from building a basic physics engine to creating intelligent moving objects and complex systems, setting the foundation for further experiments in generative design. Subjects covered include forces, trigonometry, fractals, cellular automata, self-organization, and genetic algorithms. The book's examples are written in Processing, an open-source language and development environment built on top of the Java programming language. On the book's website (<http://www.natureofcode.com>), the examples run in the browser via Processing's JavaScript mode.

Twelve Steps and Twelve Traditions Trade Edition

You can be the leader you want to be--today and every day. Do you find yourself wishing you had more hours in the day? Do you want to do more, yet feel you just

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can't add another thing to your plate without being overwhelmed by stress or compromising your health, relationships, and integrity? No doubt, as a leader, there are some days when you feel the flow. You're able to make a difference and achieve big goals. You feel confident and energized. On days like this, you are your best self--the leader you want to be. But on other days, you go down a different, negative path, with pressures and doubts making you feel like a lesser version of yourself. How can you be the leader you want to be, every day? The answer is more than a time-management system or a silver-bullet solution for changing your routines. Leadership expert and coach Amy Jen Su's powerful new book helps readers discover that the answer lies within. By focusing in specific ways on five key leadership elements--Purpose, Process, People, Presence, and Peace--you can increase your time, capacity, energy, and ultimately your impact, with less stress and more equanimity. Drawing on rich and instructive stories of clients, leaders, artists, and athletes, as well as on research by experts, the author brings together the best of both Western management thinking and Eastern philosophy to provide a holistic yet hands-on approach. *The Leader You Want to Be* is your indispensable guide to tapping into and expanding your leadership capacity so that you can be your best, sustain yourself, and thrive as a leader.

Ask a Manager

The complexity and relentless pace of our world places exceptional demands on

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leaders today. They work incredibly hard and yet feel that they are not meeting their own expectations of excellence. They feel disconnected from their own values and overburdened. By the thousands, they seek out books on leadership skills, time management, and “getting things done,” but the techniques these volumes offer, useful as they are, don't often don't speak to the leader's fundamental sense that something is missing. Janice Marturano, a senior executive with decades of experience in Fortune 500 corporations, explains how Mindful Leadership training integrates the practice of mindfulness-meditation and self-awareness-with the practical tools of management, enabling leaders to bring a wider range of their capacities to the challenges at hand. We already know from scientific research that mindfulness practices enhance mental health and improve clarity and focus. FINDING THE SPACE shows how this training has specific value for leaders. This is not a new “leadership system” to add to the burden of already overworked people. It brings the concepts of mindfulness into the everyday life of anyone in a leadership role, through specific exercises that address practical issues-the calendar, schedule, phone usage, meetings, to-do list, and strategic planning, as well as interpersonal challenges such as listening and working with difficult colleagues. Leaders who have experienced mindfulness training report that it provides a “transformative experience” with significant improvements in innovation, self-awareness, listening, and making better decisions. In FINDING THE SPACE TO LEAD, Marturano masterfully lays out her proven techniques for promoting mindfulness in the busy executive's working life.

The Road Back to You

Ignorance is bliss—except in self-awareness. Ian Morgan Cron and Suzanne Stabile share their Enneagram wisdom and help you grow in knowledge of yourself, compassion for others, and love for God. Witty and filled with stories, this unique approach gives you a peek inside each of the nine Enneagram types, taking you further into who you really are and leading you into spiritual discovery.

Creating Magic

An entertaining, illustrated adaptation of Ray Dalio's Principles, the #1 New York Times bestseller that has sold more than two million copies worldwide. Principles for Success distills Ray Dalio's 600-page bestseller, Principles: Life & Work, down to an easy-to-read and entertaining format that's accessible to readers of all ages. It contains the key elements of the unconventional principles that helped Dalio become one of the world's most successful people—and that have now been read and shared by millions worldwide—including how to set goals, learn from mistakes, and collaborate with others to produce exceptional results. Whether you're already a fan of the ideas in Principles or are discovering them for the first time, this illustrated guide will help you achieve success in having the life that you want to have.

Alcoholics Anonymous

Considered by many the greatest war novel of all time, *All Quiet on the Western Front* is Erich Maria Remarque's masterpiece of the German experience during World War I. I am young, I am twenty years old; yet I know nothing of life but despair, death, fear, and fatuous superficiality cast over an abyss of sorrow. . . . This is the testament of Paul Bäumer, who enlists with his classmates in the German army during World War I. They become soldiers with youthful enthusiasm. But the world of duty, culture, and progress they had been taught breaks in pieces under the first bombardment in the trenches. Through years of vivid horror, Paul holds fast to a single vow: to fight against the principle of hate that meaninglessly pits young men of the same generation but different uniforms against one another . . . if only he can come out of the war alive. "The world has a great writer in Erich Maria Remarque. He is a craftsman of unquestionably first rank, a man who can bend language to his will. Whether he writes of men or of inanimate nature, his touch is sensitive, firm, and sure."—The New York Times Book Review

The Things You Can See Only when You Slow Down

The first ten lies they tell you in high school. "Speak up for yourself--we want to know what you have to say." From the first moment of her freshman year at

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Merryweather High, Melinda knows this is a big fat lie, part of the nonsense of high school. She is friendless, outcast, because she busted an end-of-summer party by calling the cops, so now nobody will talk to her, let alone listen to her. As time passes, she becomes increasingly isolated and practically stops talking altogether. Only her art class offers any solace, and it is through her work on an art project that she is finally able to face what really happened at that terrible party: she was raped by an upperclassman, a guy who still attends Merryweather and is still a threat to her. Her healing process has just begun when she has another violent encounter with him. But this time Melinda fights back, refuses to be silent, and thereby achieves a measure of vindication. In Laurie Halse Anderson's powerful novel, an utterly believable heroine with a bitterly ironic voice delivers a blow to the hypocritical world of high school. She speaks for many a disenfranchised teenager while demonstrating the importance of speaking up for oneself. *Speak* was a 1999 National Book Award Finalist for Young People's Literature.

How to Think Like Leonardo da Vinci

The ideal graduation gift for anyone about to enter the workforce, a witty, practical guide to 200 difficult professional conversations—featuring all-new advice from the creator of the popular website Ask a Manager and New York's work-advice columnist. There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that

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people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when

- coworkers push their work on you—then take credit for it
- you accidentally trash-talk someone in an email then hit “reply all”
- you're being micromanaged—or not being managed at all
- you catch a colleague in a lie
- your boss seems unhappy with your work
- your cubemate's loud speakerphone is making you homicidal
- you got drunk at the holiday party

Advance praise for *Ask a Manager* “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “I am a huge fan of Alison Green's *Ask a Manager* column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “Clear and concise in its advice and expansive in its scope, *Ask a Manager* is the book I wish I'd had in my desk drawer when I was starting out (or even, let's be honest, fifteen years in).”—Sarah Knight, New York Times bestselling author of *The Life-Changing Magic of Not Giving a F*ck*

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