

# **Traditional Chiropractic A Laypersons Guide To How It Works And Why Its Attacked**

Magill's Medical Guide: Fracture and dislocation -  
ParalysisReference Sources for Small and Medium-  
sized LibrariesA Compromised GenerationSports-  
Related Concussions in YouthChiropractic Made  
SimpleAlternative Medicine for the ElderlyA Contents  
Guide to the Health Reference SeriesA Doctor's Guide  
to Alternative MedicineCumulated Index  
MedicusEncyclopedia of AssociationsAlternative  
Health Care for WomenThe Chiropractic WayApplied  
Kinesiology, Revised EditionEnergy MedicineThe guide  
to medical organizations and agenciesEducational  
Opportunities in Integrative MedicineMagill's Medical  
Guide: Abdomen - Forensic pathologyGuide to  
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Text BookHow to Live on WheatSimulation Learning  
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VampiresHandbook of Chinese Medicine and

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Ayurveda

## **Magill's Medical Guide: Fracture and dislocation - Paralysis**

A comprehensive introduction to the concept of Traditional Chinese Medicine, its basic principles, therapy and medication. More than 5000 well structured entries are arranged in alphabetical order and cover a wide spectrum, from symptoms and diseases to acupuncture points, to herbal and other drugs used in Chinese medicine. Also included are color images of the most important herbs and medicinal plants. This is an indispensable guide not only for medical practitioners interested in TCM but also for pharmacists and interested laypersons.

## **Reference Sources for Small and Medium-sized Libraries**

Here, at long last, is an unbiased look at alternative medicine by a distinguished and experienced clinician with an open mind. Ignoring the name-calling and turf wars among various health care factions, Dr. Isadore Rosenfeld, a professor of clinical medicine and author of several bestselling books (including *Doctor, What Should I Eat?* and *The Best Treatment*), turns his erudition to examining the field of alternative medicine. Based on in-depth research, and written with his trademark wit and candor, Dr. Rosenfeld reviews the track records of dozens of the most widely-used alternative therapies. He discusses such

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diverse approaches as hypnosis, acupuncture, chelation, homeopathy, reflexology, aromatherapy, applied kinesiology, hydrotherapy, oxygen therapy, fasting, Ayurvedic medicine, use of medicinal herbs, craniosacral therapy -- and more. For each approach, Dr. Rosenfeld describes how it is used, the theories on which it is based, how much scientific evidence exists to support claims for it, and, most important for the health consumer, whether it actually works. Dr. Rosenfeld calls it as it is, including a delicious description of how to tell a quack from a legitimate practitioner. This is an eye-opening and entertaining approach to a controversial subject of vital interest to everyone. You will find many surprises in these pages. Read the excerpt for just some of the ways alternative medicine can and cannot work for you. From the Hardcover edition.

### **A Compromised Generation**

A System of Health Accounts 2011: Revised Edition provides an updated and systematic description of the financial flows related to the consumption of health care goods and services.

### **Sports-Related Concussions in Youth**

Volume1, A - For. Volume 2 Fra - Par. Volume 3 Par - Z. Index.

### **Chiropractic Made Simple**

Volume1, A - For. Volume 2 Fra - Par. Volume 3 Par -

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Z. Index.

## **Alternative Medicine for the Elderly**

In the United States, almost one-third of the population lives with a chronic disease such as osteoarthritis, asthma, GERD and heartburn, heart disease, high blood pressure, diabetes, or anxiety/ depression and mood disorders. Most chronic conditions are self-induced and are a product of our lifestyles and the result of an imbalance of chemicals that our own bodies produce. The good news is that Your Inner Pharmacy offers realistic options that can give you five, ten, even twenty more years of quality time that can delay, postpone, and often minimize the onset of chronic disease. By devoting 10 percent of your leisure time to "healthy aging" activities (roughly five hours a week), you can affect the progression of these preventable chronic diseases.

## **A Contents Guide to the Health Reference Series**

## **A Doctor's Guide to Alternative Medicine**

## **Cumulated Index Medicus**

Successfully Incorporate Integrative Medicine in a Wide Variety of Settings Practitioners, facilities, and researchers encounter repeated requests from patients regarding the use of complementary and

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integrative medicine (CIM) and there are few who do not know the benefits of its use. But the legal aspects of prescribing or denying CIM treatment are new and harder to navigate, requiring the guidance of lawyers, policy makers, and other practitioners. Based on interviews with over 20 health care providers and facilities who have successfully combined integrative medicine in their practices, this book outlines the pitfalls, legal road-blocks, and benefits of bringing complementary and integrative medicine into daily health care routines. Discover: What forces are driving the shift toward Integrative care The key legal issues governing individuals vs. institutions How established CIM institutions chose specific therapies, gained funding, and solved staffing issues The regulations for credentialing and how to comply Techniques for minimizing liability risks for institutions and individuals Strategies for effective informed consent Recommendations on dealing with the dietary supplement question

### **Encyclopedia of Associations**

Caldwell offers readers a balanced perspective on the current regulatory environment in which raw-milk lovers find themselves. Keepers of cows, goats, or sheep will benefit from information on designing a well-functioning small dairy, choosing equipment, and understanding myriad processes, including details about the business of making milk; managing the farm to create superior milk; understanding the microbiology of milk; and risk-reduction plans to have in place prior to selling raw milk.

## **Alternative Health Care for Women**

Chiropractic Made Simple is an interesting book that explores the more traditional subluxation - centered approach to chiropractic care. Dr. John Reizer, a chiropractor for over 32 years, and a former associate professor of clinical sciences at Sherman College of Chiropractic, writes about America's largest drugless healthcare profession.

## **The Chiropractic Way**

The most complete resource of its kind on alternative medicine• Herbal remedies, dietary supplements, and alternative therapiesTheir specific usesWhich ones really work (and which ones don't)What to watch out for• Christian versus non-Christian approaches to holistic health• Clinically proven treatments versus unproven or quack treatments• Truths and fallacies about supernatural healing• Ancient medical lore: the historical, cultural, and scientific facts• And much, much moreAlternative Medicine is the first comprehensive guidebook to nontraditional medicine written from a distinctively Christian perspective. Keeping pace with the latest developments and research in alternative medicine, this thoroughly revised edition combines the most current information with an easy-to-use format. University lecturer and researcher Dónal O'Mathúna, PhD, and national medical authority Walt Larimore, MD, provide detailed and balanced answers to your most pressing questions about alternative medicine—and to other questions you wouldn't have thought to ask.Also

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includesTwo alphabetical reference sections:Alternative therapiesHerbal remedies, vitamins, and dietary supplementsA description of each therapy and remedy, an analysis of claims, results of actual studies, cautions, recommendations, and further resourcesHandy cross-references linking health problems with various alternative therapies and herbal remedies reviewed in the book

### **Applied Kinesiology, Revised Edition**

This overview discusses homeopathy, reflexology, herbalism, yoga, and other therapies especially suited to women's health needs.

### **Energy Medicine**

Examines the causes of chronic disease in American children, discussing such conditions as the overuse of prescription medicines, poor diet, misuse of vaccines, environmental toxins, and certain lifestyles as contributing factors.

### **The guide to medical organizations and agencies**

A comprehensive reference tool for maximizing healing of the mind, body, and spirit through a holistic synergy of Chinese medicine and Ayurveda • Details the foundational principles of each tradition and the many concepts they share, such as qi and prana, meridians and nadis, and energy centers and chakras • Provides tools for self-assessment including a

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primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire • Offers breathing exercises, dietary regimens, herbal recommendations, and guides for detoxification, including safe and gentle at-home cleansing Chinese medicine and Ayurveda are two of the oldest healing systems in use today. Each is a complete art, in and of itself, and has profoundly contributed to the health and well-being of millions of people around the world. Drawing on their shared roots and spiritual principles, Bridgette Shea, L.Ac., MAcOM, shows how these two practices integrate seamlessly, with the two traditions' individual strengths harmonizing to form a practical basis for prevention, wellness, detoxification, and treatment. The author explains the foundational principles of both Chinese medicine and Ayurveda in detail, providing the reader with a working understanding of both disciplines. She examines shared concepts such as qi and prana, meridians and nadis, and energy centers and chakras. She explores the strengths of each practice, such as the clinical efficiency of diagnosis and the use of acupuncture for pain relief, improving fertility, and stress reduction in Chinese medicine and the dietary, detoxification, and spiritual guidance of Ayurveda, including the detox branch of Ayurveda known as Panchakarma. Moving beyond theory into practical application, she explores the Elements, known as the Five Phases and the Panchamahabhutas, and how they affect our well-being. She provides tools for self-assessment including a primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire. Offering treatment and prevention strategies that draw from both disciplines, she encourages the

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reader to implement an integrated practice of these two systems in daily life or clinical practice. She details breathing exercises, dietary regimens, herbal recommendations, and guides for detoxification, including safe and gentle home cleanses, all rooted in the holistic synergy between Ayurveda and Chinese medicine. Sharing case studies that highlight the interconnectedness of these approaches, Shea provides a comprehensive guide for self-healing of body, mind, and spirit and a practitioner's resource to cross-reference complex questions with respect to both healing traditions.

## **Educational Opportunities in Integrative Medicine**

### **Magill's Medical Guide: Abdomen - Forensic pathology**

This book is written for use in the class room. It may, however, be studied just as easily by the field practitioner, and is not too technical in most of its parts to be readily grasped by the layman. It has grown, rather than having been written; it is the expansion of the notes which were tested in the class room for six years, and the writer believes that, with the constant arrangement and betterment to suit the requirements of the students of Chiropractic, this has created a real textbook, rendering easily understood a subject that students have always said was difficult.

## **Guide to American and International**

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## Directories

The explosion of information about complementary and alternative medicine (CAM) has demanded the attention of health professionals and responsible consumers, including the elderly. Increasingly, medical schools are providing education about CAM. This book brings together for academicians and interested mainstream practitioners much of the current information on CAM and its role in the health of the elderly. The individual chapters are thoroughly researched and quite readable, even for patients and the lay public concerned with the state of the evidence and art supporting CAM's role in prevention and management of illness and well-being. This book provides educators with much necessary information needed to prepare coursework and learning activities. Although definitive data are lacking regarding efficacy and even safety of CAM methodologies, many chapters in this book summarize the existing evidence in a usable way. The topics analyzed range from well-accepted therapies, such as vitamin E for dementia and zinc tablets for the common cold, to far less conventional therapies such as transcendental meditation. The conclusions are often surprising, but well-presented and defended. Even the most highly controversial areas, such as the use of acupuncture to treat low back pain and osteoarthritis of the knee, are thoroughly and fairly reviewed. Finally, the chapters address some of the political issues that challenge CAM. These issues include who should be allowed to practice a CAM discipline whose efficacy is not based on the scientific method, and some of the state-to-

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state variations in practice standards and licensure.

## **Magill's Medical Guide**

The Simulation Learning System (SLS) integrates simulation technology into your medical-surgical nursing course by providing realistic scenarios and supportive learning resources that correspond to Lewis: Medical-Surgical Nursing, 8th Edition. The SLS offers targeted reading assignments and critical thinking exercises to prepare you for the simulation experience; access to patient data with a shift report and fully-functional electronic medical record (EMR); post-simulation exercises including charting and documentation activities in the EMR, reflective journaling, and concept mapping; and review resources including animations, videos, and textbook references. Simulation with the SLS is a complete learning experience that bridges the gap between lecture and clinicals to prepare you for the real world of nursing. STUDENT ACCESS ONLY - INSTITUTIONAL LICENSE REQUIRED.

## **The Target List**

The purpose of NoFakeNews has always been to provide every visitor with a chance to learn about real news through alternative news sources. This book introduces readers to the nofakenews.net website that is being visited by people from many countries around the world. These people have a sincere desire to learn the truth about what is taking place throughout the world. Our readers are looking for

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more reliable sources to get information from than the mainstream media companies that are obviously owned and operated by corporations that have longstanding agendas to misinform the public.

### **Alternative Medicine**

#### **Chiropractic Text Book**

Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systematic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. Strengthening Forensic Science in the United States: A Path Forward provides a detailed plan for addressing these needs and suggests the creation of a new government entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. Strengthening Forensic Science in the United States gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures,

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better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

### **How to Live on Wheat**

### **Simulation Learning System for Lewis Medical-Surgical Nursing**

This innovative, practical, and easy-to-use guidebook offers information on 34 topics in fitness, wellness, and personal health directs readers to the credible, reliable World Wide Web sites that contain information relevant to each topic (total Web sites: 152). Students learn how to use the Web as a resource and how to be active, critical consumers of online health-related information.

### **The Practice of Integrative Medicine**

In this updated and expanded edition of her alternative-health classic, Eden shows readers how they can understand their body's energy systems to promote healing.

### **A System of Health Accounts 2011 Revised edition**

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This is a cookbook, preparedness resource and survival manual all wrapped into one concise and thorough reference. It covers the acquisition and storage of wheat and other grains and legumes, the preparation of all of the basic foods from the whole grain to the finished product in the simplest and most foolproof manner possible. It includes Essene Bread, Pan Bread, Fry Bread, Sprouting, Sourdough, Food Combination, Baking, Bread Making, Gluten Meat Substitute, Pasta, Improvised Bread Making, Dumplings, Cast Iron Cookery, Salads, Biscuits and Pancakes. This is an essential resource for anyone who cooks with grains, anyone who wishes to prepare for natural disasters or other unexpected events and anyone who just wants to save a lot of money on their food bills.

### **East West Journal**

Learn more about the variety of ways in which libraries extend their resources to users beyond the physical walls of their organization. Librarians discuss the concept of the library as more than just a place--since its holdings can now appear on the screen of users' computers in the same city or in a city hundreds of miles away--but rather as a force that electronically links users directly with both local and remote sources of information. Six informative chapters examine electronic information systems and document delivery from the local collection to the workplace, between system libraries and from non-library sources. Readers can look firsthand at some of the most sophisticated and widespread systems in the

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country, including four academic libraries that promote electronic services to remote users and two special libraries offering innovative services. The authoritative contributing authors also forecast new systems and services.

### **Nofakenews**

Chiropractic has become America's most popular form of alternative health care, offering lasting relief from pain--and many other health benefits--to more than 25 million patients annually. Yet many people still wonder exactly how chiropractic heals, and even experienced patients may be able to get more from their treatments. In this accessible and fascinating book, Dr. Michael Lenarz illuminates the basic principles of spinal health, showing how the body naturally lets go of stored pain and disease once the flow of vital energy has been restored. He also explains: \*Why adjustments keep the communication flowing clearly, quickly, and cleanly \*Why the billion-plus nerve pathways carried by the spine can be the key to a wide range of health problems--from arthritis, headaches, and back and neck pain to chronic fatigue and digestive ailments \*Why many of the health complaints we associate with aging may in fact be the result of old injuries and therefore treatable \*The different techniques of chiropractic, and how to choose the beset chiropractor for you.

PLUS--complete chapters on the diet, exercise, and stress-relief programs that will help you achieve a healthy, vibrant, energized, and pain-free lifestyle--the chiropractic way. From the Trade

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Paperback edition.

## **Jumpstart With Weblinks**

### **Holistic Anatomy**

Complementary and alternative approaches to health and medicine have become increasingly widespread as the limits of conventional treatments become more apparent. Holistic Anatomy presents an authoritative study of anatomy, physiology, and pathology but expands the discussion by connecting the science of the body to a variety of alternative modalities to explore how human beings exist within—and interact with—their environment, and how they experience existence in emotional and spiritual terms. Basic scientific terminology and detailed descriptions are interwoven with informal, sometimes humorous observations, facts, and ideas about life. The mechanisms, structure, and functions of the body are explored, along with how they relate to spiritual and energetic paradigms, emotions, and ecological principles. The first half of the book covers basic anatomy and physiology, describing each major system of the body and how they interrelate. This part includes a thoughtful discussion of aging and the dying process. The second half focuses on models of health and disease, both traditional and holistic. Topics include western pathology, emotional health, five element medicine, and the spiritual cause for disease.

## **Strengthening Forensic Science in the United States**

WAND is a revolutionary new medical tool that cures diseased tissues in human beings without the use of drugs or surgery. Ten years in design and production, the technology has a 95% success rate in curing most forms of cancer in animals and human beings. The brainchild of 48 year old Harvard Medical School graduate, Clyde Daniel, WAND (Wave-Altering-Nanoparticle-Disrupter) is going to move the profession of medicine out of the dark ages and into something that closely resembles science fiction. That is, unless the pharmaceutical industry, which stands to lose billions of dollars in lost drug revenues, can intervene with its hired assassins and destroy the technology and its team of creators before it ever has a chance to see the light of day. The Target List is a medical science fiction thriller, a real page turner that will have readers hooked from the first chapter through the very end of the book.

## **Encyclopedic Reference of Traditional Chinese Medicine**

## **Dr. Rosenfeld's Guide to Alternative Medicine**

The revised edition of the best-selling book on Applied Kinesiology, Applied Kinesiology, Revised Edition introduces a diagnostic method that uses manual muscle testing to assess the body's "Triad of

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Health"--structure, chemistry, and psyche. To perform a muscle test, the practitioner applies light pressure that the client then resists. If the client cannot resist the pressure, the muscle "tests weak," indicating a structural problem or imbalance that needs to be resolved. Further applications include working with a muscle that tests strong "in the clear" as a diagnostic tool to determine the effect of stimuli including touch, nutrients, medicines, allergens, emotions, poor posture, and stressful memories. Opening with a detailed description of the history and applications of Applied Kinesiology, the book covers the theory, procedure, and interpretation of the muscle test including diagnosis and correction techniques for areas of weakness. Thirty-three muscle tests for different areas of the body are accompanied by instructive photographs with superimposed anatomical drawings that demonstrate the method and various treatment points. A useful appendix includes a glossary of anatomical terms and special vocabulary; a step-by-step plan for conducting a session; and a list of contacts and sources for Applied Kinesiology materials. Offering a new preface and additional techniques in the areas of manual medicine, orthomolecular medicine, and psychology, this revised edition shares the author's discoveries as well as anecdotal observations to stimulate further research. Table of Contents: Foreword; Introduction; Chapter 1: From Biomechanics to Applied Kinesiology; Chapter 2: Scientific Principles of Applied Kinesiology; Chapter 3: The Muscle Test; Chapter 4: Pretests; Chapter 5: Diagnosis and Correction Techniques; Chapter 6: Muscle Tests; Chapter 7: Applied Kinesiology and Manual Medicine; Chapter 8: Applied

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Kinesiology and Orthomolecular Medicine; Chapter 9: Applied Kinesiology and the Psyche; Chapter 10: Personal Discoveries and Garnered Methods for Further Consideration; Appendices; Index

### **The Small-Scale Dairy**

Surveys the nine medical licenses as well as fifty nondegree healing modalities--including history, philosophy, basic techniques, and methods--and provides information on career and training opportunities.

### **Your Inner Pharmacy**

Highly sensitive people--or empaths--see life through the eyes of compassion and caring. They were born that way. As a result, they carry a tremendous amount of inner light. But they're also the favored prey of "vampires" who feed off empaths' energy and disrupt their lives on every level--physical, emotional, and financial. In *Dodging Energy Vampires*, Christiane Northrup, M.D., draws on the latest research in this exciting new field, along with stories from her global community and her own life, to explore the phenomenon of energy vampires and show us how we can spot them, dodge their tactics, and take back our own energy. You'll delve into the dynamics of vampire-empath relationships and discover how vampires use others' energy to fuel their own dysfunctional lives. Once you recognize the patterns of behavior that mark these relationships, you'll be empowered to identify the vampires in your life too. In these pages,

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Dr. Northrup opens up a toolbox full of techniques you can use to leave these harmful relationships behind; heal from the darkness they've cast over your mind, body, and spirit; and let your own light shine. In the end, you may find yourself healthier, happier, wealthier, and more vibrant than you ever believed possible.

### **Magill's Medical Guide**

This classified annotated bibliography updates the standard sources needed by most small and medium-sized libraries for answering reference questions and improving collections. The brief, succinct annotations provide complete ordering information, which may make this a valuable tool for busy librarians.

### **Whitaker's Cumulative Book List**

### **Electronic Information Systems in Sci-tech Libraries**

This book outlines the benefits and dangers of alternative medicine, drawing on scientific research to show which treatments work, which don't, and how to use them. It offers a balanced, unbiased perspective backed by science.

### **Dodging Energy Vampires**

Covers diseases, disorders, treatments, procedures, specialties, anatomy, biology, and issues in an A-Z

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format, with sidebars addressing recent developments in medicine and concise information boxes for all diseases and disorders.

### **Handbook of Chinese Medicine and Ayurveda**

In the past decade, few subjects at the intersection of medicine and sports have generated as much public interest as sports-related concussions - especially among youth. Despite growing awareness of sports-related concussions and campaigns to educate athletes, coaches, physicians, and parents of young athletes about concussion recognition and management, confusion and controversy persist in many areas. Currently, diagnosis is based primarily on the symptoms reported by the individual rather than on objective diagnostic markers, and there is little empirical evidence for the optimal degree and duration of physical rest needed to promote recovery or the best timing and approach for returning to full physical activity. Sports-Related Concussions in Youth: Improving the Science, Changing the Culture reviews the science of sports-related concussions in youth from elementary school through young adulthood, as well as in military personnel and their dependents. This report recommends actions that can be taken by a range of audiences - including research funding agencies, legislatures, state and school superintendents and athletic directors, military organizations, and equipment manufacturers, as well as youth who participate in sports and their parents - to improve what is known about concussions and to

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reduce their occurrence. Sports-Related Concussions in Youth finds that while some studies provide useful information, much remains unknown about the extent of concussions in youth; how to diagnose, manage, and prevent concussions; and the short- and long-term consequences of concussions as well as repetitive head impacts that do not result in concussion symptoms. The culture of sports negatively influences athletes' self-reporting of concussion symptoms and their adherence to return-to-play guidance. Athletes, their teammates, and, in some cases, coaches and parents may not fully appreciate the health threats posed by concussions. Similarly, military recruits are immersed in a culture that includes devotion to duty and service before self, and the critical nature of concussions may often go unheeded. According to Sports-Related Concussions in Youth, if the youth sports community can adopt the belief that concussions are serious injuries and emphasize care for players with concussions until they are fully recovered, then the culture in which these athletes perform and compete will become much safer. Improving understanding of the extent, causes, effects, and prevention of sports-related concussions is vitally important for the health and well-being of youth athletes. The findings and recommendations in this report set a direction for research to reach this goal.

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